



ACU EASTERN GAZETTE

Volume 56 No. 12

Secret Santa's Identity Revealed!



After being sent this Christmas card we checked the reserved number scheme for the rider who used number 125, and can now reveal that the true identity of Father Christmas is in fact.....

..... Paul "Wally" Hubbard

REGULATIONS IN THIS ISSUE

Date	Club / Promoter	Type	Status	Venue	Page
18th December	Braintree & DMCC	Trial	OPEN	Beazley End	5
18th December	N&S Junior MCC	Trial	OPEN	Santon Downham	6
26th December	Ipswich Triangle MCC	Trial	OPEN	Raydon Pit	11
27th December	Woodbridge & DMCC	Trial	OPEN	Butley	12
31st December	Braintree & DMCC	Trial	OPEN	Twinstead Wood	15
1st January	Norwich Viking MCC	Trial	OPEN	Cadders Hill, Lyng	16
2nd January	Sudbury	Enduro	OPEN	Foxborough Quarry	21

2016 OFFICIALS OF ACU EASTERN

President:

Alan Penny 'Culross', Hadleigh Road, Elmsett, Ipswich, Suffolk, IP7 6ND
Tel: 01473 658768 e-mail: apenny@nwsLtd.f9.co.uk

Life Vice Presidents: Derek Clampin Dennis Slaughter MBE

Vice Presidents:

Roy Bannister	Albert Brace	Roger Chaplin	Alan Foskew
Geoff Brace	Sidge Kenny	Vera Hearn	Margaret Mellish

Chairman:

(R.G) Jack Hearn 25, Quinton Road, Needham Market, Suffolk, IP6 8BP
Tel: 01449 721042 Mob: 07774 801205 e-mail: jack.vera7@btinternet.com

Vice Chairmen:

Alan Foskew	9 Ebenezer Close, Witham, Essex, CM8 2HX Tel: 01376 517169 e-mail: alanfoskew29@btinternet.com
Geoff Brace	15 Ozier Court, Safron Walden, Essex, CB11 4BH Tel.: 01799 520336 e-mail: geoffmx94b@hotmail.com

Treasurer:

Andrew Hay 27, Tizzick Close, Three Score, Norwich.NR5 9HB.
Tel: 01603 734700 e-mail: andrew.hay10@btinternet.com

Centre Secretary:

Lyn Berwick 23, Tymmes Place, Hasketon, Ipswich, Suffolk , IP13 6JD
Tel: 07857 601753 Mob: 07857 601753 e-mail: lynberwick@hotmail.com

Life Honorary Member of the Eastern Centre ACU: Mrs. M.E. Armes

Permit Secretary:

Phil Armes 10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
Tel: 01603 487061 e-mail: permits@easternacu.org

ACU Benevolent Fund Officer:

Martin Cross

Environmental Officer:

Eddie Wass 10, Knights Road, Braintree, Essex. CM7 3YT.
Tel: 01376 331111 (Work)

National Council Delegate:

Vera Hearn 25, Quinton Road, Needham Market, Suffolk. IP6 8BP
Tel: 01449 721042. e-mail: jack.vera7@btinternet.com

ACU Eastern Competitions Committee

(The President, Chairman, Vice Chairmen, Secretary & Treasurer are ex-officio members)

Chairman: P. Armes

10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
Tel: 01603 487061
e-mail: permits@easternacu.org

Other Elected Members:- Charlie Ralph, Eddie Wass

Sub Committee Chairmen

Motocross – Charlie Ralph *Enduro* – Jack Hearn
Trials – Paul Nash & Chris Cook *Grass Track* – Alan Foskew

ACU Eastern Gazette

Editorial: Phil Armes

Treasurer & Distribution:

Ron Greengrass
58, Dell Road West, Oulton Broad, Lowestoft,
Suffolk. NR33 9NS. Tel:- 01502 563566
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ACU Eastern Web Site

www.easternacu.org

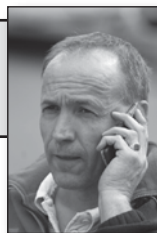
Results, Events Calendar, News, and more



Judging by the number of permits I process in a year the Trials sector of the Centre is pretty vibrant, but like so many other areas of our sport, the average age of competitors seems to be moving upwards, which suggest that the influx of 'new blood' is declining. So it is fantastic news that the Braintree Club has not only got it's hands on three new electric bikes, but they are setting up a Junior Academy to encourage and coach young riders from the age of 4 years old. Full details of which can be found in this issue of the gazette.

Foreword

Phil Armes



In a similar vein, but at the other end of the scale, we, like so many other centres, are struggling to encourage 'retired' competitors to stay actively involved with the sport as organisers or officials. One area of concern is the Centre Competitions Committee, which oversees the running of all the events across all the disciplines. It is always to good to have new faces with fresh ideas, so if you feel like you would like to give something back, and be involved in shaping the future of events within the centre please think about putting your name forward for a place on the Competitions Committee.

One event that has certainly gone from strength to strength in recent years is the Annual Awards Evening. It's always good to see the riders, and their families, picking up the silverware that they have worked so hard for during the previous season. The 2016 awards evening will be held at The Cedars Hotel in Stowmarket on February 11th, full details of which are in this issue. Even if you are not receiving an award it is a great night out and the opportunity to catch up with friends and colleagues for a good natter over a pint or two!

It just leaves me to say thank you for all the contributions from everyone to the gazette throughout the last year, and wish you all a great Christmas and a successful new year.

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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I hereby declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I further declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I consent to the collection and retention of my personal information by the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
- I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

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Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B


Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Braintree & DMCC
Sunday 18th December 2016

OPEN Permit TRIAL
Beazley End CM7 5JJ

Turkey Trott Trial

Sign On: 9.00am
National Grid Reference: TL 769244

Start: 10.30am
Permit No. ACU 48988

OFFICIALS:-

Eastern Centre Steward:	tbcc	Club Steward(s):	tbcc
Clerk of the Course:	J Yearly (Licence 19961)		
Child Protection P.O.C.:	S Penfold		
Secretary of the Meeting:	S Penfold, 13 Gardeners Road, Halstead, Essex CO9 2JU		
	Tel: 01787 476825 email: stuart.penfold@gmail.com		

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Codham Little Park Farm, Beazley End, Braintree, CM7 5JJ

Classes: Expert A & B, Inter A & B, Novice, Youth A, B, & E, Pre-70, Twinshock

Awards: Seasonal Fayre

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults, and £10.00 for Youth. Late Entries + £5.00. Include one 9x4 SAE. Cheques/POs to be made payable to Braintree DMCC.

Entries Open: 23rd November 2016

Entries Close: 17th December 2016

Entries accepted on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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Norfolk & Suffolk Junior MCC
Sunday 18th December 2016

OPEN Permit TRIAL
Santon Downham, IP27 0TX

Christmas Trial

Sign On: 9.30am

National Grid Reference: TL 831860

Start: 10.30am

Permit No. ACU 48989

OFFICIALS:-

Eastern Centre Steward: tbc

Club Steward(s): tbc

Clerk of the Course: P Collins (Licence 108402)

Child Protection P.O.C.: D Pulham

Secretary of the Meeting: D Pulham, [REDACTED]

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Little Lodge Farm, Santon Downham, Norfolk IP27 0TX

Course: Banks & Ditches.

Classes: All Adult & Youth classes; Sidecars **Awards:** None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £16.00 for Adult, £13.00 for Youth, and £18.00 for Sidecars. Cheques/POs to be made payable to Norfolk & Suffolk Junior MCC

Entries Open: 4th December 2016

Entries Close: At Start

Entries accepted on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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If applicable:

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Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**



Woodbridge Club Notes

Charlie Ralph

The October trial at Westleton saw around sixty two riders contesting twelve tough sections, with steep climbs on sandy terrain, which saw several riders coming to grief on the tight turns. Apart from the twinshocks, it was round four of the C class championships for pre 70 bikes. and Chris Collins was in great form, losing only eleven marks over the forty eight sections in the unit construction class. James Williams won the pre unit group, and only dropped twenty five marks. Graham Brown took his James to win the two stroke class, dropping twenty marks. The twinshock class saw a family battle with Tom Norman managing to beat his dad, Richard. by four marks, after an eventful day. Daniel Carter won the John Easty shield for the fifth time, as best Woodbridge member, and Mark Teager was the top club rider in the intermediate class.

The next Woodbridge trial is at Butley on the 27th of December, and will feature the final round of the group C class as well as twinshocks. As usual, club riders will be trying to win the Laurie Bird memorial trophy.

As far as motocross news is concerned, most of the lads have finished their year. The club congratulates young James Cobby for becoming the latest club rider to be promoted to expert status for 2017, we wish all three of our newly promoted lads every success for the future.

The NGR series came to an end at Long Buckby, and Grumpy Lee Keyton had another good day with a 3rd and two 4th places to finish 4th in the championship. Lee has been one of the top NGR riders for many years and still has lost none of his enthusiasm for the sport. Andy (Herman) Cattermole scored a 4th and two 5th places in the final round to finish 6th in the series, and Jamie Darnell put in some good rides to finish 9th at the end of the season. Our South Midland expert, Mike McClurg, finished his year as the champion in his Centre after putting in some great results during the season.

The Woodbridge club have recently received notification that the club has been awarded with the organiser of the year award for the British Maxxis Championship for 2016 from the ACU. We are delighted with that, but of course, this is due to the hard work that our small band of people have done throughout the year.

Following the annual dates meeting, we have finalised our dates for events during 2017.

Enduro.

30th April	Iken, Suffolk two man team round
6th August	Blaxhall, sprint enduro, a round of the Eastern Championships
10th September	Butley, Eastern Championships

Motocross. Blaxhall.

Saturday 18th March	Practice day
April 2nd	Open meeting with NGR Championships
May 28th	Round three Eastern Championships
July 16th	British Championships round six
September 24th	Round six Eastern Championships

Trials

14th April (Good Friday)	Blaxhall
29th October	venue TBA
31st December	Butley

All trials events are C class pre 70 Eastern championships, plus twinshocks, and the club are planning a couple of Saturday evening trials during the Summer.

So, with another year done, I would like to wish all readers a happy, peaceful Christmas.



JUNIOR ACADEMY

The Braintree and District Motorcycle club are thrilled to launch the brand new "Junior Academy".

The Academy has 3 bikes at its disposal to cater from riders from the age of 4 to 12. These bikes are brand new using the latest technology and are fully electric (No petrol or hot parts!)

If you are looking to give your children an active and fun few hours out then look no further!

Does your little one aspire to be the next Valentino Rossi or Dougie Lampkin?

For just £10 per child you will receive:

- Entry fee of Academy Mini Trial (run in conjunction with BDMCC events)
- Free use of Academy Electric bikes and safety equipment (crash helmets, gloves and boots if you haven't got your own)
- Bike briefing with one of our Clubs top riders
- Finishers Certificate
- & Lots of Fun!

Academy Dates for 2016:

Date	Time	Venue
Sunday 18/12/2016	10.30 (Meet & Sign on before 10.00)	Beazley End
Saturday 31/12/2016	10.30 (Meet & Sign on before 10.00)	Twinstead

Numbers are limited so we ask that you ring Wes ahead of these dates on 07949 031343 to book your place or for more details.



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Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Triangle (Ipswich) MCC
Monday 26th December 2016

OPEN Permit TRIAL
Raydon Pit, IP7 5QP

Fun Trial

Sign On: 9.00am
National Grid Reference: TM 042389

Start: 10.00am
Permit No. ACU 48990

OFFICIALS:-

Eastern Centre Steward: tbc
Clerk of the Course: E Hood (Licence 9449)
Child Protection P.O.C.: G Blackburn
Secretary of the Meeting: G Blackburn, [REDACTED]

Club Steward(s): R Sayer J Blackburn

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Raydon Pit, Wades Lane, Raydon Suffolk IP7 5QP

Course: 4 laps of 10 sections. **Routes:** Multi Route

Classes: Twinshock, Pre-65, Beginners, Youth A & B **Awards:** None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £12.00 for Youth. Late Entries + £5. Cheques/POs to be made payable to Triangle (Ipswich) MCC Ltd

Entries Open: 4th December 2016

Entries Close: 21st December 2016

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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Woodbridge & DMCC
Tuesday 27th December 2016

OPEN Permit TRIAL
Butley, IP12 3NZ

ACUE Class C Rd 6

Sign On: 9.00am

National Grid Reference: TM 365505

Start: 10.00am

Permit No. ACU 48991

OFFICIALS:-

Eastern Centre Steward: A Foskew

Club Steward(s): W Harvey J Read

Clerk of the Course: I Barfield (Licence 123652)

Child Protection P.O.C.: T Andrews

Secretary of the Meeting: T Andrews, 9 St Johns Meadow, Metfield, Harleston, Norfolk IP20 0LY
Tel: 07803 270853 (Day) 01379 586819 (eve) email: tjandrews12@sky.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Butley, Woodbridge, Suffolk IP12 3NZ

Course: Woodland & Sand sections. **Routes:** Multi route

Classes: Pre-70, Pre-Unit, Unit, Two Stroke, Twinshock **Awards:** 1st in Class

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £16.00 for Adults and £14.00 for Youth. Cheques/POs to be made payable to Woodbridge & DMCC

Entries Open: 4th December 2016

Entries Close: 20th December 2016

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/
Trials Registration when signing on, N.S.C.7.11

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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I hereby declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I further declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I consent to the collection and retention of my personal information by the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
- I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐
If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Mark's Progress

Sidge Kenny

"Fastest Indian" was a picture depicting Bert's self-made engineering skills and later attempts on motorcycle speed records with his elderly Indian vee-twin. More over; he was played by Sir Anthony Hopkins – no less. Anyone thinking this article should be concentrating on Mark and his odyssey will be re-assured that my opening is a long-winded way of reporting that Mark and Jenny visited the Burt Munro Museum in Invercargill.

This last month seems to have provided the most variety in Mark's unique excursion. It appears the South Island provides a great amount in the way of scenery and wildlife. Over a comparatively short distance they have seen aquatic examples such as seals and whales – a boat trip was necessary for the latter – as well as the kiwi, the flightless bird which is the patriotic symbol of New Zealand. Though Mark actually cites his most memorable scene as the myriad waterfalls at Milford Sound. Also within this active period, was the chance to attend a motorcycle trial running over southern hemisphere sections and featuring our own Jack Sheppard – who won the event and this must have brought back to Mark some reminder of the Eastern Centre. Allied to all this, they were able to visit some family members who reside there – and so added up to a most remarkable segment of the journey. Mark now prepares for his South American expedition, where he is due to re-unite with "Bertha" – his trusty BMW.



Notes from ACU Eastern Trials Forum November 3rd 2016

The 2016 Trials Forum on November 3rd was attended by 28 riders or organisers representing 14 clubs, the full minutes will be posted on the ACU Eastern website, here are some points of note.

For 2017 all centre trials championships will remain the same as 2016 in terms of grouping of classes and routes being ridden, there remains a concern that sometimes winning scores are still too high. There is still an opportunity for any clubs to run additional D Class (Sidecar) championship trials.

In 2016 there has been some confusion as to which classes ride which routes, so notes will be issued for all 2017 centre championship trials to stewards and with permits.

It was decided that it would be a good idea if there was a trials specific ACU Eastern Facebook page, anyone with the skills and interested in organising this to contact the trials committee secretary.

Clubs organising Saturday afternoon trials under an Open Permit, will not have to have regulations published in the gazette.

Clubs have reported that on some entry fee cheques the club name is not correctly shown as payee, this causes more work for the secretary of the meeting.

There was discussion about riders using inappropriate language and wearing clothing with inappropriate wording, in particular this is bad in front of youth riders, who we are trying to attract, riders please be more careful.

For 2017 the trials committee remains mainly as for 2016, although there are still spaces for anyone else to become involved.

Trials Committee agreed for 2017 as Paul Nash and Chris Cook (Joint Chairman), Clive Dopson (Secretary), Alan Foskew (Stewards Coordinator), David Cordle (Recorder), Kevin Hood, Paul Fenn, Eddie Hood, Matthew Neale, Nick Ogden.

Trials Seminars for Clerk of Course and Steward Licences planned for December 17th and a date in early 2017, details will be on the website, the Trials Committee would request that any candidates request both Clerk of Course and Steward Licence.

Braintree & DMCC
Saturday 31st December 2016

OPEN Permit TRIAL
Twinstead Wood, CO10 7NA

Twinstead Wood Trial

Sign On: 9.00am

National Grid Reference: TM 858358

Start: 10.30am

Permit No. ACU 48992

OFFICIALS:-

Eastern Centre Steward: tbc

Club Steward(s): tbc

Clerk of the Course: S Butcher (Licence 18396)

Child Protection P.o.C.: A Parker

Secretary of the Meeting: A Parker, [REDACTED]

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Twinstead Wood, Lorkins Lane, Twinstead, Essex CO10 7NA

Course: Woodland.

Classes: All Adult & Youth A,B & E **Awards:** None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £10 for Youth. Cheques/POs to be made payable to Braintree DMCC

Entries on the day Only

Entries accepted on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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Dave Manning

Long time grass track followers will recall the dynamic style of 1000cc sidecar driver, Dave Manning who after a long illness, passed away on November 20th. A popular and well respected competitor, as well as a gentleman off the track, Dave's hey day was from the 1960's to the 1980's, which included a commendably long period of being chosen by team manager, Doug Sissons, to represent the Eastern Centre in the National Inter-Centre sidecar team championships in from 1969 to 1979 - with just one year "out" - this in 1978, when he won this Centre's own 1000cc sidecar championship. On giving up the sport, he put his energies into his plumbing business. His funeral is set for the 13th of December, at the Colchester crematorium at 11a.m.

Dave leaves a widow Christine, to who all condolences are extended.

Norwich Viking MCC
Sunday 1st January 2017

OPEN Permit TRIAL
Caddes Hill, NR9 5QZ

Jack Kersey Trial

Sign On: 9.30am
National Grid Reference: TG 066174

Start: 11.00am
Permit No. ACU 47919

OFFICIALS:-

Eastern Centre Steward: tbc
Clerk of the Course: B Douglas (Licence 70441)
Child Protection P.o.C.: B Douglas

Club Steward(s): J Douglas G Huxtable

Secretary of the Meeting: B Douglas, The Old Cottage, The Moor, Reepeham, Norfolk NR10 4NL
Tel: 07775 600382 (day) 01603 871811 (eve) email: barbara.douglas@hotmail.co.uk

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Caddes Hill, Lyng, Norfolk NR9 5QZ

Course: Banks & Roots 5 laps of 8 sections.

Classes: All Adult & Youth Classes **Awards:** None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £16.00 for Adults and £12.00 for Youth. Cheques/POs to be made payable to NVMCC Ltd

Entries Open: 4th December 2016

Entries Close: On the Day

Entries accepted on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

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- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B


Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Trail Riding

Trail Riding, or green laneing, is a non-competitive form of motorcycling that provides a sizeable sector of motorcyclists who use the byways the chance to enjoy the countryside, generally in small numbers or singly. However, it often throws up questions, and occasionally confrontation with local authorities or other groups of users who use the myriad of trails and byways that criss-cross our region.

As a Centre, we are keen to encourage Trail Riding activities, but we are also mindful of our responsibilities towards other users and landowners. To ensure we all get the maximum enjoyment, and maintain good relations with all interested parties please read the notes below and heed the advice so that we can continue to get the most from the opportunities we have on our doorstep.

A properly used modern motorcycle is an efficient, quiet, and innocuous method of enjoying the unmade and often inadequately used, historical routes. The bikes single track gives it great manoeuvrability and an ability to steer the best line to avoid damage to the countryside. All the motorcycles which use byways must be road legal in respect of tax, insurance and, where appropriate, an MOT. Crash helmets have to be worn.

Enthusiasts should take care to plot their chosen route before going out and pay particular attention to other users of the lanes, especially horse riders. Experienced riders can often advise on routes and journeys of up to 100 miles without ever needing to use a main road! Regular riders may well cover over 3500 miles in a year, but at the same time observe a code of voluntary restraint so as not to cause unnecessary erosion in sensitive areas.

A close liaison is maintained with County Councils, and feedback is provided with notes of experiences along the route, which may include areas where the surface has deteriorated due to the weather, blockages caused by fallen trees or encroachment by landowners.

With the support of the ACU and LARA, a network of Regional Officers has been established to provide co-ordination between riders, landowners, and the local authorities tasked with supervision of the byway network. The object is to acquaint everybody with a code of sensible conduct and considerate use so that a legitimate motorcycling pastime may be pursued in a non-confrontational way.

Cliff Percival

Old timers will be sorry to hear of the passing of Cliff Percival in early November, after a long illness. As a young man, he joined the Castle (Colchester) motorcycle club along with Derek Clampin, in March, 1947. Like Derek, he remained loyal to the club for decades.

Riding Matchless and later, BSA machines, Cliff soon figured in the trials of the day.

In this period, "inter-club" performances were regarded as highly in championship events as individual results and along with Derek and Gerry Wheeler, Cliff was a member of the Castle team which secured a remarkable run of victories, winning the Centre Club championship in: 1953 - 1954 - 1955 and 1956. Father of Richard, who himself became a highly successful performer in trials, Cliff died at the age of 91

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It is happy and sad news this month, firstly good news, Merry Christmas and a Happy New Year to everyone, it is congratulations to Hollie and Jamie Roper on the birth of their daughter Laice-Jai and there is another Roper on the way next year.

Sad news we have lost two prominent people, Colin Steed of Tye Farm son of the late Donald Steed our first President. He had celebrated his Golden Wedding Anniversary this year which reminded me I was a guest at the wedding. The other sudden death was Doug King who was a great stalwart of our Club in the 1960/70s. He served on the committee, rode Scrambles, Trials and was one of the leading lights in starting Moped Speedway. He acted as Starter at some of our Scrambles made a Starting Gate also some rammers to knock in the stakes in the hard ground. Our condolences go out to both families.

A Change of date for our Extreme Enduro it is now Monday 2nd January 2017 yes it is on a Monday which is a Public Holiday and the Regs are in the December Gazette. The change has come about because of clashes, the first British Extreme round has now been arranged for the 15th Jan and the Club that were running an Extreme on the 15th changed it to the 8th which clashes with our original date. Any way please enter as quickly as possible and you should be able to enter online via the ACU and if you are not riding your help would be greatly appreciated. Invites for our Annual Dinner and Awards Night will be going out in December; the date is Saturday 4th February 2017.

A large number of Centre riders made the trip to the Weston Beach Race and this how our members got on. Stevie Roper 64th, Ryan McDonnell 88th, James Barker 111th, Graham Mays 189th, Ed Kerridge 340th and Pete McDonnell 406th. Both Craig Roper and Carl Lawrence were unlucky as they only completed one lap.

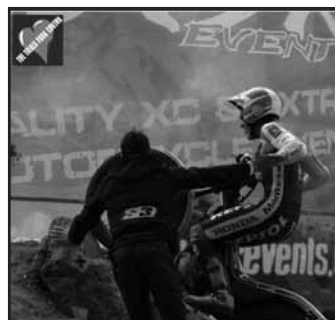
It is a great honour for me to be re-elected as one of the Centre's Vice Presidents a position I have held for over 40 years.

Saturday 8th September 1962 was the day the first televised Scramble/Demonstration took place at Tye Farm and this was filmed by Anglia Television with Bob Wellings and John McGregor (who in 1964 interviewed The Beatles) present to do the interviews etc. A few days ago a kind person sent me the programme of the event via the internet and to my surprise I am listed as Starter. I do have press cuttings of before and after the event, a cartoon drawn by Twist who I am wondering if it was actually Carl Giles who I believe attended the meeting. I also have copies of photos of the Brightwell family of Great Cornard who went to the meeting; their two daughters were in their Sunday best and wore matching cardigans. I am hoping to put all this onto a DVD sadly there is no film footage.

Lastly I would like to thank everyone who helped and supported or should I say put up with me during 2016 and I hope to be able to do the same again in 2017 despite the extra ailments I seem to be getting although one good thing they are free of charge. I hope the blood clot will go away and perhaps the two chambers in my heart will start working again.

Sudbury Club Notes

Roger Chaplin



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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof.

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- I further declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
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- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐
 Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**



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ACU EASTERN - ENDURO OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I hereby declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
 - I further declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
 - I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
 - I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
 - I consent to the collection and retention of my personal information by the ACU.
 - I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
 - I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
 - I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
 - I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.
 - I understand and accept that if the Supplementary Regulations state the insurance cover for this event is "Basic" there is no Personal Accident cover and Liability cover in respect of any claim made by third parties is limited to £10 million and £5 million for Medical Mal-practice.**
- Premium Insurance will be assumed unless otherwise stated.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

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Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

Postcode:

Phone Numbers

Landline (inc. area code): **Mobile:**

Email address:

ACU Licence No: **Club:**

Tick Class Entered (The ACU affiliated club to which you belong)

Championship ☐ Expert ☐ Expert Vets ☐ Clubman ☐ Clubman Veteran ☐ Clubman Supernet (+50) ☐

Machine:

Make: **Capacity (cc):**

Sponsor (if applicable)

If TWO MAN, Partner's Name **SEPARATE ENTRY FORM REQUIRED**

PLEASE INDICATE WHO WILL BE RIDING FIRST

Sudbury
Sunday 2nd January 2017

OPEN Permit EXTREME ENDURO
Foxborough Quarry, CO9 3AN

Foxborough Extreme Enduro

Sign On: 9.00am
National Grid Reference: TL 794325

Start: 11.00am
Permit No. ACU 48994

OFFICIALS:-

Eastern Centre Steward:

Club Steward(s): R Chaplin

Clerk of the Course: G Hockey (Licence 18929)

Child Protection P.O.C.: S Mays

Secretary of the Meeting: G Mays, 55 Alan Way, Colchester, Essex CO3 4LB

Tel: 01206 531768 email: g.mays@ntlworld.com

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Foxborough Quarry, Sible Hedingham, Nr. Halstead CO9 3AN

Course: Natural terrain and extreme sections.

Classes: Pro, Expert, Clubman, Trials

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £46.00. Include one 9x4 SAE. Cheques/POs to be made payable to Sudbury MCC Ltd.

Entries Open: 4th December 2016

Entries Close: 30th December 2016

No entries accepted on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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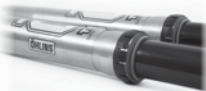
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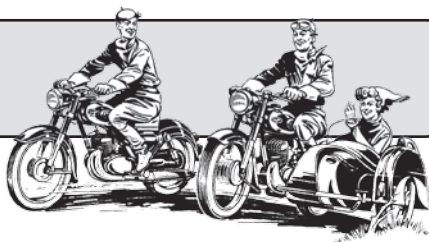
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Recollection Section

Sidge Kenny



It took a lot of effort, organisation – and not least, a great deal of guts – but Phil, our esteemed editor and Comps chairman, finally and victoriously put in his historic lap of the T.T. course last September. In case anyone does not know his circumstances, Phil is paralysed from the lower chest down after a disastrous crash whilst practising for the Ulster Grand Prix, twenty years ago and he also blew away his demons there by doing a similar, “fingers up” lap, a few months previously. Along with Dougie Lampkin’s “wheelie” lap slightly earlier, and James May’s very long winded circuit on an electric vehicle made of meccano, this feat represents one of the various permutations, or perhaps “off-beat” circulations of the historic T.T. course, has come to mean. In my book however, Phil’s was the most courageous, because he actually fell over – at Ramsey hairpin – the first time he attempted it a few years ago. This surely must have put greater stress on him, since to have failed on any project, when it comes to a successive attempt must inevitably pile on extra pressure of the: “can I? – can’t I?” variety. Dougie Lampkin took around an hour and a half to complete his wheelie lap – fighting against gusty wind as well as the all the gradients and corners. I do not know Phil’s time but I am certain it was a great deal quicker! He also reported that it was hard work. I rate his achievement as highly as anything done in the recent paraplegic Olympic games, quite rightly nowadays given wide coverage by the media, but as far as I am aware, not a snitch of acknowledgement in paper or broadcast was granted to Phil’s achievement, though he did make a guest appearance on the: BBC “Look East” programme after his Ulster lap.

The heady world of motor and motorcycle sports is not an easy one for those with physical handicaps to enter – still less excel in. Yet there have been those who have shrugged off their bodily shortcomings to get

stuck in and make a name for themselves. The first one who comes to my memory is in fact a car driver: Archie Scott-Brown, who in the 1950’s was a leading racer, noted for his results in Lister – Jaguars. He was born with severe physical defects and had restricted growth nonetheless he was a very fierce and successful competitor, sadly to be killed in a crash in Belgium in 1958. From our sport I think it was Neville Higgins, a top level sprinter of the 1960’s, who had lost the use of one of his hands. As competent an engineer as well as rider, he competed in the larger classes of straight line racing on super-charged Vincents, along with other star names as George Brown and Alf Hagon. There are riders in more current times who overcame their particular physical handicap, Kerr Douglas, a sidecar road- racer - the first such to gain an ACU licence - comes to mind. I must however give a special mention to Spencer Watts, a motocross rider from Devon, who like Phil, has returned to the sport after a crash which also paralysed his lower body and yet has returned to ride again. Spencer has coped so well with the additional handicap for a motocross rider of having to ride the circuits: “feet up”, that he has gained support from the mighty Bridgestone tyre company. It is very inspirational stuff and might I add that my own club, Harwich, is also connected to a body set up to specialise in riding for the disabled. It is therefore to Phil, Spencer, and everyone of these lads and lassies who still climb on to a bike, despite their physical difficulties, that I raise my (crash) hat.



Photo left: Phil enters Creg-ny-Baa on his historic lap.

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ACU Eastern Awards Evening

The Awards presentation for the 2016 season will take place on

Saturday 11th February 2017

at

The Cedars Hotel Stowmarket IP14 2AJ

Please arrive at 7.30 for 8pm start.

Cost of tickets are £12.00 per person.

Accommodation is available at a discounted rate by telephoning 01449 612 668. Please ensure you say you are attending the Centre Function. Discounts will not be available online.

Please complete the application form below and indicate your meal choices.

Prizewinners will be invited by post.

	Number required
Beef Lasagne and Chips
Chicken Curry and Rice
Jacket Potato Cheese and Beans
Apple Crumble and Custard/Cream
Fresh Fruit Salad

Name.....

Address.....

.....

.....

Telephone Number.....

Email.....

Please send to Lyn Berwick, 23 Tymmes Place, Hasketon, Woodbridge, Suffolk IP13 6JD. Tel 01394 389330 or email order to: lynberwick@hotmail.com

What's on



DECEMBER

4th	Lowestoft Invaders MCC	Trial	Restricted	Trials Park, Corton	ACU Eastern Trials Champs (B) Rd 7
11th	Norwich Viking MCC	Trial	Club	Lyng	Nfk & Sfk Group Championship Rd 7
18th	Braintree & DMCC	Trial	OPEN	Beazley End	
18th	NSJMCC	Trial	OPEN	Gt Hockham	
26th	Triangle (Ipswich)	Trial	OPEN	Raydon	
27th	NSJMCC	Motocross	OPEN	Gt Hockham	
27th	Woodbridge & DMCC	Trial	OPEN	Butley	ACU Eastern Trials Champs (C) R6
31st	Braintree & DMCC	Trial	OPEN	Twinstead	

JANUARY

1st	Norwich Viking MCC	Trial	Club	Lyng
2nd	Sudbury MCC	Ext Enduro	OPEN	Foxborough
8th	EFA	Trial	Restricted	Little Bealings
15th	Wymondham & DMCC	Trial	Open	Gt Ellingham
22nd	NSJMCC	Trial	OPEN	Gt Hockham
22nd	NSJMCC	Motocross	OPEN	Gt Hockham
28th	Ipswich	Trial	Restricted	Raydon

Events shown in bold - Reg in this issue

Full events calendar available on www.easternacu.org

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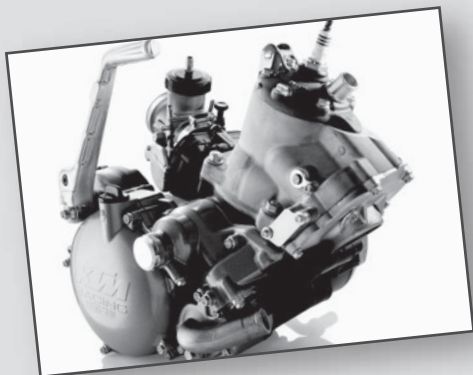
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