

2018 November



ACU EASTERN GAZETTE

Volume 58 No. 11

**Congratulations to Shaun Southgate,
ACU Eastern Solo MX
Expert Champion**



REGULATIONS IN THIS ISSUE

Date	Club / Promoter	Type	Status	Venue	Page
2nd December	Lowestoft Invaders	Trial	OPEN	Trials Park, Corton	5
9th December	Norwich Viking MCC	Trial	OPEN	Cadders Hill, Lyng	9
30th December	Sudbury & DMCC	Enduro	OPEN	Foxborough	11

www.easternacu.org

2018 OFFICIALS OF ACU EASTERN

President:

Alan Penny 'Culross', Hadleigh Road, Elmsett, Ipswich, Suffolk, IP7 6ND
Tel: 01473 658768 e-mail: apenny@nwsltd.f9.co.uk

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Geoff Brace	Sidge Kenny	Vera Hearn	Margaret Mellish

Chairman:

(R.G) Jack Hearn 25, Quinton Road, Needham Market, Suffolk, IP6 8BP
Tel: 01449 721042 Mob: 07774 801205 e-mail: jack.vera7@btinternet.com

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Alan Foskew	9 Ebenezer Close, Witham, Essex, CM8 2HX Tel: 01376 517169 e-mail: alanfoskew29@btinternet.com
Geoff Brace	15 Ozier Court, Safron Walden, Essex, CB11 4BH Tel.: 01799 520336 e-mail: geoffmx94b@hotmail.com

Treasurer:

Andrew Hay 27, Tizzick Close, Three Score, Norwich.NR5 9HB.
Tel: 01603 734700 e-mail: andrew.hay10@btinternet.com

Centre Secretary:

Lyn Berwick 23, Tymmes Place, Hasketon, Ipswich, Suffolk, IP13 6JD
Tel: 07857 601753 Mob: 07857 601753 e-mail: lynberwick@hotmail.com

Life Honorary Member of the Eastern Centre ACU: Mrs. M.E. Armes

Permit Secretary:

Phil Armes 10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
Tel: 01603 487061 e-mail: permits@easternacu.org

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Environmental Officer:

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Tel: 01376 331111 (Work)

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Vera Hearn 25, Quinton Road, Needham Market, Suffolk. IP6 8BP
Tel: 01449 721042. e-mail: jack.vera7@btinternet.com

ACU Eastern Competitions Committee

(The President, Chairman, Vice Chairmen, Secretary & Treasurer are ex-officio members)

Chairman: P. Armes
10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
Tel: 01603 487061
e-mail: permits@easternacu.org

Other Elected Members:- Charlie Ralph, Eddie Wass
Sub Committee Chairmen

Motocross – Charlie Ralph *Enduro* – Jack Hearn
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ACU Eastern Gazette

Editorial: Phil Armes

Treasurer & Distribution:

Ron Greengrass
58, Dell Road West, Oulton Broad, Lowestoft,
Suffolk. NR33 9NS.
Tel:- 01502 563566
e-mail: rjg@rongg58.plus.com

ACU Eastern Web Site

www.easternacu.org

Results, Events Calendar, News, and more



Foreword

Phil Armes



Oh me and my big mouth!! I suppose it had to happen, but it seems that I did indeed put the editorial equivalent of the commentators curse on the potential success of Eastern Centre riders and teams. I can only apologise to Jake Nicholls, who lost out on winning the British MX1 crown after breaking his leg in a freak accident just two weeks prior to the final round of the Maxxis British Motocross Championship; and to King's Lynn Stars who narrowly missed out on a league and cup double by losing both the play off and league cup finals. That said, both Jake and the Stars have had brilliant seasons and I promise to keep my powder dry next year and make no comment until after 'the fat lady sings'!

However, Ryan Vickers year has ended with tremendous news in that he has been signed by Lee Hardy to ride in the RAF Regular & Reserves Kawasaki team in the British Superbike Championship next season. It will be a big challenge as he moves up to the 'premier league' of road racing, not least in that he replaces Jake Dixon who finished runner up to Leon Haslam this year, and has moved up to the Moto2 world championship class for 2019.

And it's not just on the track that the Centre is making waves at the top level. There is no doubt that our sport would not function at all were it not for the countless hours of the many people who officiate at the numerous meetings from club level through to world class events. So to see one of our centre officials, Steve Brace, elected onto the FIM Technical Commission is definitely worth noting.

It's that time of year when the individual discipline forums take place, and there are also a number of officials' seminars coming up in the next few months, so if you want to have your say on how your sport is run, or your officials licence(s) is due for renewal then make sure you make note of the relevant dates and venues which are printed in this issue.

I previously mentioned that the date application forms for next seasons calendar have been sent out, and my thanks to those of you that have returned them – just a few to come in, albeit that the closing date was October 26th!! The annual dates meeting will be on November 21st at Gt Blakenham Parish Rooms, 7.30pm, but I would really like to be in a position to have a provisional calendar by the AGM/Board meeting at Stanway on November 11th, so if you haven't returned your form please do so.



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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such as Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I consent to the collection and retention of my personal information by the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
- I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.
I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.
 I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Contact and phone no. in the event of an emergency:

Lowestoft Invaders MCC
Sunday 2nd December 2018

Restricted Permit TRIAL
Trials Park, Corton NR32 5LE

The Ted Armes Trophy Trial Inc Final Rd of the B Class Championship

Sign On: 8.30am

National Grid Reference: TM 535981

Start: 10.30am

Permit No. ACU 54899

OFFICIALS:-

Eastern Centre Steward: P Yarham

Club Steward(s): R Tozer & S Turner

Clerk of the Course: C Grice (Licence 38892)

Child Protection P.O.C.: R Greengrass

Secretary of the Meeting: R Greengrass, 58 Dell Rd, Oulton Broad, Lowestoft, NR33 9NS

Tel: 01502 563566 email: rjg@rongg58.plus.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult and Youth members of the Eastern Centre of the ACU with an appropriate licence riding solo machines.

Start / Finish: Trials Park, Woburn Farm, Stirrups Lane, Corton NR32 5LE

Course: Woodland & Rocks.

Routes: Multi Routes

Classes: Expert, Inter A & B, Novice, Twinshock A & B, Pre-70 & Youth A & B

Awards: Ted Armes Trophy for best performance of day (Adult or Youth)

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £13.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Lowestoft Invaders MCC Ltd.

Entries Open: 4th November 2018

Entries Close: 27th November 2018

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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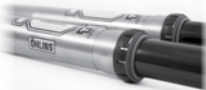
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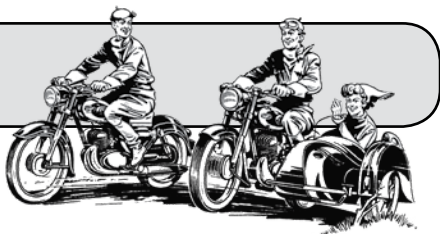
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Recollection Section

Sidge Kenny



In the 1950's my parents took me on a holiday in the West country, which included a brief stay at Weston-super-Mare. I recall we were impressed by the beach - though I think we felt the one at Ilfracombe in neighbouring Devon, was better. Nowadays, Weston-super-Mare hosts one of the top events in the motorcycling calendar with its famous beach races and the town is a draw for thousands of bike fans. The event must be the biggest of its type but my memory tells me, the Isle of Man, at both Douglas and Peel, and at Jersey and Guernsey in the Channel Isles, had been running beach races many years earlier. I cannot claim to know any riders engaged in this branch of the sport - but I do recall our own Jack Hubbard, perhaps somewhat late in his career, swopped the scrambler's bumps and then the grass, to finally excel on the sand circuits when he resided in the Channel Islands.

The sport extends back many years and was really an extension of grass track racing with the circuit laid out on the appropriate sand base made flat by the tide. The Weston Beach race however, in common with the other more testing events, has massive artificial dunes built up to increase the interest for spectators and most certainly to raise the challenge for the riders! Riding on sand is an art and you have to be super-fit to take on the sheer body-sapping effort of keeping upright on the rutted and shifting surface. Another factor to take in, is the wear and tear on the bike. Sand acts like grinding paste to exposed chains and sprockets and additionally it gets in everywhere else. Add the corrosive elements of salt water and you are most certainly in for a complete strip-down and clean-up after the meeting. To do well in a beach race therefore, you have to be sharp and tough with bags of stamina and your bike must be perfectly prepared. Nonetheless for many riders and spectators, the big beach races are meetings to be relished. Indeed, I was surprised at just how many coastal venues, all over the country this, perhaps lesser regarded sport takes place.

Which brings me back to the seaside towns and the fact that they actually foster these events on their precious beaches – albeit when the normal holidaymakers have gone home. . There is no doubt their local economy is bolstered by the attendance of riders and spectators to a major beach race. I find it rather ironic that these folk of the “establishment” - who would probably like to hound us out of our countryside sporting venues for trials, grass track and motocross meetings - actively encourage the crowd-attracting beach races. Their views presumably being amended by the jingle of coin, or more correctly in this day and age, the rustle of the credit cards..





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 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

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• I/we enclose the entry fee of: £.....

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Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

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Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Contact and phone no. in the event of an emergency:

Norwich Viking MCC
Sunday 9th December 2018

Open Permit TRIAL
Caddes Hill, Norfolk NR9 5AL
Rd 6 Nfk & Sfk Group Championship

Sign On: 9.30am
National Grid Reference: TG 066174

Start: 10.30am
Permit No. ACU 54900

OFFICIALS:-

Eastern Centre Steward: tbc
Clerk of the Course: B Douglas (Licence 70441)
Child Protection P.O.C.: B Douglas
Secretary of the Meeting: B Douglas, The Old Cottages, The Moor, Reepham, Norfolk NR10 4NL
Tel: 07775 600382 (Day) 01603 871811 (eve)
email: barbara.douglas@hotmail.co.uk

Club Steward(s): J Douglas & P Yarham

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult and Youth members of the ACU with an appropriate licence riding solo machines.

Start / Finish: Caddes Hill, Lyng, Norfolk NR9 5AL

Course: 5 laps of 8 sections.

Classes: Inter, Novice, Twinshock, Pre-70, Youth A,B,C,D,E **Awards:** None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £16.00 for Adult, and £12.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Norwich Viking MCC Ltd.

Entries Open: 4th December 2018

Entries Close: On the day

Entries accepted on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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Bickers Lifting ACU Eastern Solo Motocross Championships

Charlie Ralph - Motocross Committee Chairman

The sixth round of the Bickers Lifting sponsored Eastern centre motocross championships, held at a well prepped Blaxhall circuit, saw all of the various champions crowned with the bubbly sprayed in abundance at the after race presentations. All six rounds were well supported by the riders, and it is increasingly apparent that our centre championships are the envy of many others.

At a superbly worked circuit at Wattisfield for round five, Jake Nicholls increased his lead in the series with three more race wins, although Shaun Southgate and Luke Benstead scored well to keep in contention. In the junior championships, it was Bill Moynes who took the overall win from new champion, Ryan Watts.

The Blaxhall round had more than its share of drama. Jake had set the fastest time in practise, but twisted his leg badly, resulting in a broken fibula and tibia. This meant that Shaun, despite riding against a few National grade riders, obtained enough points to clinch the 2018 title. He probably would not have wanted to win in this manner, but many congratulations to him for his consistency over the season. Jake was second, eleven points down on Shaun, with 2017 champion, Luke Benstead just six points behind Jake, in third place.

The impressive Ryan Watts deservedly took the junior title by a huge margin of 138 points clear of Connor Baldry in second place, with over 40's champion, Matt French in third place.

The top ten riders in the premier expert class were:

Shaun Southgate 311 points, Jake Nicholls 300, Luke Benstead 294, Lewis Tombs 254, Luke Parker 250, Declan Whittle 230, Ben Clark 203, Ben Cole 164, Brad Woodroffe 158, Tom Grimshaw 153.

In the junior championship:

Ryan Watts 416, Connor Baldry 278, Matt French 240, Ben Alexander 215, Joe Salmons 207, Jordan Pasquale 202, Bill Moynes 191, Ashly Campbell 161, Alex Hornsby 145, Aaron Hopkins 118.

The MX2 expert champion Ben Clark

The MX2 junior champion Connor Baldry

The HRM Boilers sponsored holeshot winners:

Experts Jake Nicholls 8, Shaun Southgate 2, Luke Parker 2, Liam Knight 2

Juniors Ben Alexander 5, Ryan Watts 3

Best over 40 rider in 2018 was Matt French.

Championship club was Woodbridge.

All the full results can be found on the easternacu.org website.

Riders upgraded to expert status:

Sam Nunn, Ryan Allison, Ryan Watts, Jordan Pasquale, Connor Baldry, Ben Alexander and Bill Moynes.

Many thanks to Paul Bickers for again sponsoring the series, and to Simon Eastwell of HRM Boilers for the generous holeshot cash awards.

Special thanks to the five clubs involved in putting on the meetings, Diss, Halstead, Littleport, Norwich Vikings and Woodbridge, to all the race officials, the timing team, and our splendid band of marshals.

Sudbury
Sunday 30th December 2018

OPEN Permit EXTREME ENDURO
Foxborough Quarry, CO9 3AN

Foxborough Extreme Enduro

Sign On: 9.00am
National Grid Reference: TL 794325

Start: 11.00am
Permit No. ACU 54901

OFFICIALS:-

Eastern Centre Steward:	tbc	Club Steward(s):	R Chaplin
Clerk of the Course:	G Hockey (Licence 18929)		
Child Protection P.O.C.:	S Mays		
Secretary of the Meeting:	G Mays, 55 Alan Way, Colchester, Essex CO3 4LB		
	Tel: 01206 531768 email: g.mays@ntlworld.com		

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Foxborough Quarry, Sible Hedingham, Nr. Halstead CO9 3AN

Course: Natural terrain and extreme sections. Separate Course for Youth Classes.

Classes: Adult: Pro, Expert, Clubman, Trials. Youth: Age 12 to 14 yrs - 70cc to 85cc, 14 to 16yrs - 80cc to 150cc

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £46.00 for Adult, and £30.00 Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Sudbury MCC Ltd.

Entries Open: 4th December 2018

Entries Close: 28th December 2018

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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ACU Eastern Enduro Championship Review - October 2018 *Roger Chaplin*

In a few days time the 7th and final round of the G H Motorcycles/Husqvarna/ACU Eastern Enduro Championship with five of the six Classes to be decided.

The venue is Thetford Forest the Diss Motor Cycle Club's Muntjac Enduro which have come about because the organisers could not run a National round because of clashing with the ISDE.

I have a full set of official positions in each Class and after the 6th round at Butley, another cracking event organised by the Woodbridge Club there is still a lot to ride for despite some riders disappointments of losing victories due to punctured rear tyres, gaining penalty points on the last fast lap or having poor Special Tests times.

The supreme Title of ACU Eastern Enduro Champion (Championship Class) is virtually between current holder Jason Morland and Luke Parker with only two points separating them and really both need the win to clinch the Title although if both slip up and Will Hughes wins then the Title is his.

Jack Berry has led the Expert Class from round one and has 92 points however James Barker has chipped away and his fourth round win of the Contest at Butley puts him on 93 points one ahead of Berry. The Title is between these two and if Barker becomes the Class Champion he joins Lewis Bond and Alex Rampton as the only riders to win Clubman and Expert Titles in successive years. Another piece of history could be made by George Eustace who only needs three points then he would become the only rider to finished third in the Clubman & Expert Class in successive years.

In the Expert Veteran Class the battle is again between Michael Ridge 109 points and Gavin Hockey 104 points and you never know Hockey could have a penalty free last lap ride to take the Title. Paul Spurgeon, Phil Roper and Damian Long are contenders for third place.

It is congratulations to Rob Aldridge the winner of the Clubman Class this year having won 5 of the 6 rounds this year only being beaten by a 15 year old at Hadham and Rob has told me he is very happy to ride in the Expert Class in 2019 as these up and coming youngsters are being a worry to him, Rob is only 26. The battle for second and third is between Dan Hunt and George Wolfe while Jake Roper the 15 year old I mentioned is not eligible to ride.

The most tightly contested Class every year is the Clubman Veteran with these five riders in a position to win the Title, Steve Youngs 71 points, Dean Curry 67 points, Michael Wyatt 64 points, Andy Peck 59 point and Jason Carsboults 58 points. The last round usually throws up a surprise so we will see.

Andy Mason is nearly there in the Clubman Super Veteran Class with 102 points and only Graham Mays on 84 points can overhaul him and Mays could lose out on a second or third place in the Contest from Gary Drage, Jez Moss, Nigel Ross and Gene Womack.

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ACU EASTERN - ENDURO OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
 - I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
 - I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
 - I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
 - I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
 - I consent to the collection and retention of my personal information by the ACU.
 - I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
 - I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
 - I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
 - I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.
 - **I understand and accept that if the Supplementary Regulations state the insurance cover for this event is "Basic" there is no Personal Accident cover and Liability cover in respect of any claim made by third parties is limited to £10 million and £5 million for Medical Mal-practice.**
- Premium Insurance will be assumed unless otherwise stated.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B
Address:
.....
..... **Postcode:**

Phone Numbers

Landline (inc. area code): **Mobile:**

Email address:

ACU Licence No: **Club:**

Tick Class Entered (The ACU affiliated club to which you belong)

Championship ☐ Expert ☐ Expert Vets ☐ Clubman ☐ Clubman Veteran ☐ Clubman Supernet (+50) ☐

Machine:

Make: **Capacity (cc)**

Sponsor (if applicable)

If TWO MAN, Partner's Name **SEPARATE ENTRY FORM REQUIRED**

PLEASE INDICATE WHO WILL BE RIDING FIRST

Forums & Seminars

TRIALS

Forum: November 8th – Parish Rooms, Gt Blakenham IP6 0LP 8pm

Seminars:

Regional Clerk of the Course

December 8th - Christchurch Hall, Needham Mkt, IP6 8AP

January 5th - Parish Rooms, Gt Blakenham, IP6 0LP

*For more info or to book your place contact Chris Cook on 07824 166985
or email cjcook1904@yahoo.co.uk*

MOTOCROSS

Seminars:

MX National Clerk of the Course

MX Regional Clerk of the Course

November 25th - ACU HQ, Rugby

January 19th - Hasketon Victory Hall, Hasketon,
Nr. Woodbridge, IP13 6JD 9.30am

Off Road Regional Technical Officials

January 19th - Hasketon Victory Hall, Hasketon,
Nr. Woodbridge, IP13 6JD 1.30pm

For more info or to book your place contact Kirsty Telford at the ACU – kirsty@acu.org.uk

ENDURO

Forum: November 26th – Cedars Hotel, Stowmarket, IP14 2AJ 8pm



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**ENDURO FORUM
MONDAY 26TH NOVEMBER 2018**

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Sudbury Club Notes

Roger Chaplin

Grass Track news, Stephen Green keeps on winning had a good day at Gosbeck and then in an out of Centre meeting had a 3rd place overall in the 500cc race and won the Handicap race. Craig Roper had a try out at Gosbeck and from the reports I have read he did very well, perhaps a future Champion. Talking of try outs a group of members went to Leicester Speedway venue and it seems that Ryan McDonnell was quite smitten with it. I have seen the final positions of the Bickers Lifting ACU Eastern Solo Motocross Championship, in the Expert MX2 Class Harry Clark 4th, Ryan McDonnell 9th while in the Juniors James Barker 14th, Nathan Greenaway 34th, Craig Roper 39th and Gareth Lane 46th. Congratulations to those members also to the other members who have competed and I have not mentioned. Invitations going out soon for our Annual Dinner and Awards Night at Stoke by Nayland Hotel and Golf Club on Saturday 26th January 2019, there is a work party at Foxborough Quarry on Sunday 4th November to prepare for the Extreme Enduro which is on Sunday 30th December. I along with my two brothers attended the Golden Years event on 5th October at Bury St Edmunds and here we had some of the Eastern Centre's Greats plus another from out of Centre Scramble/Motocross riders of the 1960s and 70s some of who were British Champions and some who rode for the Eastern Centre Teams. It was a great night full of memories of course my era.

We had an excellent day with the weather for our annual Dave Roper Memorial event and the course was on two different fields at Tye Farm Great Cornard. In fact the first field had been used before namely 30th July 1961 for a Grass Track and the second field we use to gather on available Sundays firstly in 1959 and a great track was laid out. The idea of this event is to have fun fun fun and enjoyment which I think everybody did and a four figure sum went into Dave's Fund. The competition was split into three sections Youth, Mix Vintage and New and Modern Bikes each having three rides. The final of the Youth event was a runaway victory for Jake Roper with Joe Phillips 2nd, Archie Gunton 3rd, Georgie Potter 4th and Will Belton 5th. Best scrap of the day was between sister and brother Jemma & Billy Sargeant who live in the village of Great Cornard. Jemma got ahead of Billy and would not let younger brother overtake her, it was one of her best rides, and they finished 8th and 9th. It was a runaway win for Kane Fisher in the New Class with local villager Danny Street 2nd and Jamie Leach 3rd. Steve Finch was unstoppable in the Vintage Class pushing Gavin Hockey into 2nd and Mark Chapman 3rd. For the final event of the Modern Bikes both Craig Roper and Toby Morley waited for the field to disappear out of sight before they started. What a battle these two had carving their way through the opposition and at the end Craig won Toby 2nd and Jack Berry 3rd.

The third round of the Dave Barkshire Two Man Enduro organised by the Stowmarket Club at Kenton was another good event. In the Expert Class James Barker/Nathan Greenaway won, father and son Phil & Jake Roper 2nd and Jeff Sharp with partner Tim Ford 9th. Jeff Turner with partner Tom Morris was 4th in the Clubman Class, father and son Martin and Archie Gunton 5th while Dean Curry with partner Duncan Griffin 7th.

Fancy doing media work for the Sudbury Club? The position is vacant for 2019.

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What's on



November

18th	Diss	Enduro	National	Thetford Forest	Yes - British
25th	EFA	Trial	Open	Thorrington	Thumpers - ACU Eastern Trials (C) Round 5

December

2nd	Lowestoft	Trial	Open	Corton	ACU Eastern Trials Champs (B) Round 8
9th	Norwich Vikings	Trial	Open	Lyng	
16th	Braintree	Trial	Open	Beazley End	
16th	NSJMCC	Trial	Open	Santon Downham	
26th	Triangle	Trial	Open	Raydon	
29th	Braintree	Trial	Open	Twinstead	
30th	Woodbridge	Trial	Open	Butley	ACU Eastern Trials Champs (C) Round 6
30th	Sudbury	Extreme Enduro	Open	Foxborough	

Events in bold denote regs in this issue

Full events calendar available on www.easternacu.org

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