

ACU EASTERN GAZETTE

Volume 59 No. 2



Riders prepare for the start of the Laurie Bird Memorial Trial - Photo by Charlie Mann

REGULATIONS IN THIS ISSUE

Date	Club / Promoter	Type	Status	Venue	Page
17th February	Southend & DMCC	Trial	OPEN	Poles Wood	5
24th February	Norfolk & Suffolk Jnr. MCC	Trial	OPEN	Little Bealings	9
24th February	Diss MCC	Enduro	OPEN	Santon Downham	10
3rd March	Woodbridge & DMCC	Enduro	OPEN	Iken	13
3rd March	Norwich Viking MCC	Trial	OPEN	East Wreatham	13
10th March	Braintree & DMCC	Trial	OPEN	Spansey Wood	17
17th March	Sudbury & DMCC	Enduro	OPEN	Foxborough Quari	y 20

2018 OFFICIALS OF ACU EASTERN

President:

Alan Penny 'Culross', Hadleigh Road, Elmsett, Ipswich, Suffolk, IP7 6ND

Tel: 01473 658768 e-mail: apenny@nwsltd.f9.co.uk

Life Vice Presidents: Dennis Slaughter MBE, Albert Brace

Honorary Life Vice Presidents: Roy Bannister

Vice Presidents:

Roy Bannister Roger Chaplin Alan Foskew

Geoff Brace Sidge Kenny Vera Hearn Margaret Mellish

Chairman:

(R.G) Jack Hearn 25, Quinton Road, Needham Market, Suffolk, IP6 8BP

Tel: 01449 721042 Mob: 07774 801205 e-mail: jack.vera7@btinternet.com

Vice Chairmen:

Alan Foskew 9 Ebeneezer Close, Witham, Essex, CM8 2HX

Tel: 01376 517169 e-mail: alanfoskew29@btinternet.com

Geoff Brace 15 Ozier Court, Safron Walden, Essex, CB11 4BH

Tel.: 01799 520336 e-mail: geoffmx94b@hotmail.com

Treasurer:

Andrew Hay 27, Tizzick Close, Three Score, Norwich.NR5 9HB.

Tel: 01603 734700 e-mail: andrew.hay10@btinternet.com

Centre Secretary:

Lyn Berwick 23, Tymmes Place, Hasketon, Ipswich, Suffolk, IP13 6JD

Tel: 07857 601753 Mob: 07857 601753 e-mail: lvnberwick@hotmail.com

Life Honorary Member of the Eastern Centre ACU: Mrs. M.E. Armes

Permit Secretary:

Phil Armes 10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL

Tel: 01603 487061 e-mail: permits@easternacu.org

ACU Benevolent Fund Officer:

Martin Cross 'Magrathea', East Hanningfield Road, Sandon, Chelmsford, Essex CM2 7TQ

Tel: 01245 478910 e-mail: xfamily@nildram.co.uk

Environmental Officer:

Eddie Wass 10, Knights Road, Braintree, Essex. CM7 3YT.

Tel: 01376 331111 (Work)

National Council Delegate:

Vera Hearn 25, Quinton Road, Needham Market, Suffolk. IP6 8BP

Tel: 01449 721042. e-mail: jack.vera7@btinternet.com

ACU Eastern Competitions Committee

(The President, Chairman, Vice Chairmen, Secretary &

Treasurer are ex-officio members)

Chairman: P. Armes

10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL

Tel: 01603 487061

e-mail: permits@easternacu.org

Other Elected Members:- Charlie Ralph, Eddie Wass,

Alex Wright

Sub Committee Chairmen

Motocross – Charlie Ralph Enduro – Jack Hearn

Trials - Paul Nash & Chris Cook Grass Track - Alan Foskew

ACU Eastern Gazette

Editorial: Phil Armes

Treasurer & Distribution:

Ron Greengrass

58, Dell Road West, Oulton Broad, Lowestoft,

Suffolk. NR33 9NS. Tel:- 01502 563566

e-mail: rjg@rongg58.plus.com

ACU Fastern Web Site

www.easternacu.org

Results, Events Calendar, News, and more



Foreword Phil Armes

Getting coverage of off road motorcycle sport in to the local media is not always the easiest thing to do – although in fairness we often have ourselves to blame as we don't provide the relevant/coherent information to the right person at the right time. However, I was

delighted to see in one of the main supplements of the 'Weekend' edition of the Eastern Daily Press a full colour double page feature on motocross rider Jake Nicholls. It has to be said that the EDP and it's sister publication the East Anglian Daily Times do cover as many different sports as they can, but to see an article published in the non-sport supplement, that concentrated on Jake's love of his home county Suffolk, and how he enjoys his spare time was a very pleasant surprise.

Judging by the content of this issue and the fact that there are a good number of both Trials and Enduro regs it must mean that the season is well under way – must also mean that the first snow of winter is about due as well!!

The Centre awards function takes place on February 9th, but if you fancy going it may well be too late as tickets have all been sold. Those of you who have read my mentions of the function in the last two issues will now know that I wasn't overstating that it's a "right good do"; all I can say is make sure that you get a note in your diary to book early for 2020!!



FTR SUSPENSION. CODHAM LITTLE PARK FARM. CODHAM PARK DRIVE. BEAZLEY END. BRAINTREE. ESSEN. CM7 510

Web: www.ftrsuspension.co.uk

Email: info@ftrsuspension.co.uk

NIRTFORIN	
oplicable)	
ations, Supplementary Regulations and any Final	
s are published annually in the ACU Handbook.	
ACU, the ACU Standing Regulations, such rm that I understand the nature and type of event I am	
regligence on the part of the organisers or officials. result of incurring a Concussion injury. Judes liability between the participants. I understand by voluntary decision to engage in a high risk activity. d the Clerk of the Course.	
for the purpose. I confirm that I am eligible to compete	an
all be insured as required by the Road Traffic Acts, or	nt of
ems include but are not restricted to (safety clothing, ot returned and non-payment or non-replacement of	it and p he ever sncy:
een excluded from any ACU competition.	tact in th rrger
put Entry Fee here	eme.
exposed to a risk of death, becoming permanently gence on the part of the ACU, any event organiser, ties on their behalf were to be a contributory cause cision to take part in a high risk activity. Own risk. I agree that I am required to register ace, Trials or Enduro. Don't forget to	any of any on
you are 18 years of age and over	
you are 18 years of age and over NTAL RESPONSIBILITY:	
ne parent/person with parental responsibility of the a aforementioned meeting. "It" which appears above. I appreciate the dangers in fifer from any physical, medical or mental disability it is my responsibility to ensure that the child and I ulations, Supplementary Regulations and Final Inst photographs or video films may be taken of my ch or promotional purposes and may appear on the AC	nher- which have truc- ild
a competition requiring consent is deemed to bear	mutual
D.O.B	
Postcode:	
(The ACU affiliated club to which you belong)
Name:	
Phone:	
(The ACU affiliated club to which you belong)
Pre 70 Twinshock Uth E Sidecar Fingine Size (cc)	
Eliulle Size (CC)	

ACU EASTERN -	TRIALS OFFICIAL ENTRY FORM	
Event:	Organisers:	
Venue:	Date of Event:	
Permit No: ACU	Course Lic/Cert No. (where Applicable)	
This event is held under the National Sporting Code of the Instructions issued for the meeting. The ACU National S	e Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Sporting Code and Standing Regulations are published annually in the ACU Handbook.	
Supplementary Regulations as have or may be issued for the I declare that I am physically and mentally fit to take part in the entering and its inherent risks and agree to accept the same r I confirm that I am not currently suspended from ACU permitte I accept that insurance arranged on my behalf by the organise that this form may be used in litigation as evidence that any st I consent to details of any injuries I may suffer at this event be I consent to the collection and retention of my personal information or I confirm that the machine(s) as described below which I shall on the machines for which I have entered. I confirm that if any part of the event takes place on a public hequivalent legislation, and that they will comply with the regula I accept responsibility for any items borrowed from the Organi transponders, accessories). I understand that I am liable for the tems borrowed may affect my entry into subsequent events.	Inderstand the National Sporting Code of the ACU, the ACU Standing Regulations, such e event, and agree to be bound by them. see event and I am competent to do so, I confirm that I understand the nature and type of event I am notwithstanding that such risks may involve negligence on the part of the organisers or officials, et competition or on the ACU Stop List as a result of incurring a Concussion injury. ers of events that I may enter specifically excludes liability between the participants. I understand erious injury will be principally the result of my voluntary decision to engage in a high risk activity, eing passed between all medical services and the Clerk of the Course.	in the event of an irgency:
I/we enclose the entry fee of: £	Dan't farmet to must Entire Each bare	no. i eme
Acknowledgement of the risks of motorsport: I underst disabled or suffering some other serious injury and I ackno circuit owner, the promoter, the organising olub, the venue serious injury I may suffer, the dominant cause of any serious I have read the above and acknowledge that my partici	tand that by taking part in this event I am exposed to a risk of death, becoming permanently owledge that even in the event that negligence on the part of the ACU, any event organiser, any e owner, or any individual carrying out duties on their behalf were to be a contributory cause of a ous injury will always be my voluntary decision to take part in a high risk activity. sipation in motorsport is entirely at my own risk. I agree that I am required to register on taking part in any Practice Session/Race, Trials or Enduro.	any
Rider's signature:	Please tick box if you are 18 years of age and over	
	Please tick box if you are 18 years of age and over	
FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION	ON OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:	
named participant, hereinafter referred to as 'my child', ac I declare as follows: - I have read and understood the "Aci ent in motorsport which include the risk of death or perma would make it unsafe for him/her to participate either as a had the opportunity to read and understand the National Stons subsequently issued and this Entry Form and that he	the parent/person with parental responsibility of the aborcept that my child may participate in the aforementioned meeting. knowledgement of the risks of motorsport' which appears above. I appreciate the dangers inhe anent disablement. The child does not suffer from any physical, medical or mental disability which a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I hav Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instruce/she will comply with them. I accept that photographs or video films may be taken of my child ations. Photographs may also be taken for promotional purposes and may appear on the ACU	er- ich ve
Extract from NSC Article 7.14: A parent or legal guardial responsibility with that competitor.	n of a rider or passenger participating in a competition requiring consent is deemed to bear mu	ıtual
Rider's Surname:	First Name:	
Address:		
	Postcode:	
	Email:	
ACU Licence No:	Club: (The ACU affiliated club to which you belong)	
Passenger's Surname:	First Name:	
Address:	Phone:	
ACU Licence No:	Club: (The ACU affiliated club to which you belong)	
Class Entered (Tick required) Expert		
Indicate your preferred route: Yellow	50/50 Red/Blue 50/50 White Beginners	

Southend & DMCC Sunday 17th February 2019

Open Permit TRIAL Poles Wood, Essex CM14 5TL

Essex Trophy Trial inc ACU-EC D Class Championship Rd 1

Sign On: 9.00am Start: 10 30am National Grid Reference: TQ 561995 Permit No. ACU 55650

Eastern Centre Steward: tbc Club Steward(s): M Parker J Ruth

P Nash (Licence 39376) Clerk of the Course:

Child Protection P.o.C.: P Nash

Secretary of the Meeting: Mrs J Nash, 33 Cherry Orchard, Southminster, Essex CM0 7HE Tel: 01621 743443 (day) 01621 773131 (eve) email: nap148@aol.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations Open to Adult & Youth members of the ACU riding solo and sidecar machines.

Start / Finish: Poles Wood, Kelvedon Hatch, Essex CM14 5TL

Course: Woodland & Sand Pit. Routes: Yellow; Red/Blue, 50/50; White; Beginners Classes: All solo. Youth A to E. & Sidecar Awards: None

Entries: Entry for this event is via the ACU online entry system - Go To https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adult solo, £20.00 Sidecar, and £13.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Southend & DMCC.

Entries Open: 4th February 2019 Entries Close: At Start

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

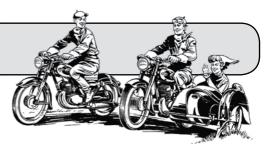
ENVIRONMENTAL MATS - USE THEM or you may lose your ride



Bury Road, Stowmarket, Suffolk IP14 3QB

Recollection Section Sidge Kenny

To my best researches, we have just entered the 99th year of the Eastern Centre - or "Region" as the ACU would have it. According to a very old ACU handbook, given to me by



the late and fondly remembered, Colin Armes, the Centre was formed by a gathering of seven clubs sometime in 1921. Other "Centres" had been previously formed to eventually provide an ACU National framework and the original intention for this scheme was to provide a covering road rescue service – rather like the AA and RAC, does now - strictly for motorcyclists. We must remember that in those days, cars were unaffordable by most wage earners and motorbikes, some solo but many harnessed to sidecars, were as prolific on the roads as the four-wheelers. It was only later, in the same decade, that the RAC – who had powers over the ACU – stepped in and took on the administration of road services to both drivers and riders and this left the ACU solely to keep control of motorcycle sport. I might just add the RAC does still retain rights over the ACU in certain areas, which is why we have to pay them a fee if we wish to run an event which involves road usage, such as a long distance trial.

Currently, there appears to be an overall decline in sporting activity within the ACU remit – though I cannot say if this is a National trend and therefore also repeated within the "break-away" sectors, such as the AMCA. The principal factors seem to be the lack of people willing to come forward to officiate at meetings and form part of the essential behind-the-scenes organisation and preevent work, so vitally necessary to run each and every meeting. It is difficult to say exactly why this should be so. Is it fear of modern litigation if things go wrong at a meeting? It shouldn't be, for there is ample insurance cover in place to underwrite these unfortunate eventualities – or, is it simply that people have other interests nowadays? Yet the numbers wishing to enter and compete in all disciplines of motorcycle sport, hold up more fully than those wishing to assist and organise. Or is it the case that we have reached a generation in age, which has in the past, largely had things provided for them without the need for great effort on their part? None of this is particularly clear but from reports it is a dilema now prevalent over the entire country and in actual fact, our Eastern Centre/Region is seen as one of the better organised and operated areas over the range of off-road sport.

However, apart from all of that, I have a quiet grin to myself when considering where that original function of the ACU from nigh-on a century ago, might have been under today's traffic conditions. The county of Essex – as are many others - is almost grid-locked each morning as commuters head off to London - being the great black hole of irresistible gravity and if I ever get on the A12 at peak time – which is thankfully rare - I am in awe of the small band of motorbike riders and couriers who undoubtedly risk their chances, but invariably ride with great skill to weave in and out of the crawling or stationary lanes to make better progress through the grid-locked jams. Their numbers of course, compared to the metal box brigade – are tiny and most of those intrepid riders would probably not be in ACU clubs anyway. So we are left with the probability that if motoring and motorcycling had started off under 21st century traffic conditions, the ACU and its Centres, might never have been formed.



TEL: 01206 791155









PARTS

CLOTHING

SERVICING

FINANCE







FOR ALL MX & ENDURO NEEDS WWW.GHMOTORCYCLES.COM



Woodbridge Club Notes

Charlie Ralph



Our pre70 and twinshocks trial at Butley at the end of December was supported by a great entry of 104 riders. Held on a cold,but dry day, we had some good comments from riders on a first class event. Big thanks to the observers for their help, a great bunch of dedicated people who make these events possible. Despite still not 100% well, Daniel Carter, on his immaculate Norton, was in great form, winning the overall, and collecting the Laurie Bird trophy for a 7th time. Over the 12 sections, ridden four times during the day, Daniel lost only three marks over the 48 sections, a feat that the late Laurie Bird would have been proud of. Stylish Chris Collins was the best of the unit class, with Graham Brown taking the two stroke win ahead of long time rival, Clive Dopson.

Andrew Arden was best of a big entry of twin shock machines, beating Tom Norman by four marks. Our club member, David Woods, was third, just ahead of Eastern legend, Mark Banham.

Our trials club membership has increased again this year, which is very encouraging for the sport. One of our members, young speedway star, Drew Kemp, took his grandad's bike to jointly top the pre 70 easy route unit class, and commented that he could not get over the fact that for a change, his machine actually had brakes! It was good to see eight year old Alfred Eaves tackling the sections on his little electric bike, giving me the thumbs up when he had a clean on a section. All credit to grandad Joe, who is nurturing him well.

Blaxhall is the venue for our next trial which is as usual, held on Good Friday.

Our first enduro event is at Iken, near the Suffolk coast on March 3rd. This is a round of the Dave Barkshire sponsored two man team event, so it is time for riders to start sorting out their team mates for the five round series. Secretary Deb Harvey would appreciate an early response from riders who wish to compete at this great venue.

There is sad news on the motocross front, as we learn that likable Jake Nicholls has had a setback regarding his leg injury. Jake has been in considerable pain with the injury which he sustained at Blaxhall last September, then learnt that with an infection hampering his progress, he has been advised to not race until at least April. This will obviously spoil his chances in the British National events, but all we can do at the club is to wish him well, and hope that he will be up there at the front as soon as possible.

Better news for young Dylan Woodcock, who is in sunny California for a time, and competing in the first five or six rounds of the AMA Supercross series. This is, without doubt, the toughest supercross championship in the world, and Dylan is making the most of living the dream. Although not making it to the main final at Anaheim1, he was 10th in the LCQ, that alone is a big achievment for his first race in the Big Apple. Other mx news is that Woodbridge club ace, Luke Benstead, has agreed another year riding the 450 Husqvarna, sponsored by Gavin Hockey Motorcycles of Colchester.

Back at Blaxhall, the gang have been busy preparing for the 2019 season, which starts with a practise day on Saturday 16th March. There has been a few changes to the circuit, which should allow a better flow at the far end of the track. Recent dry weather has given the crew a chance to put in the hours. The idea is to see how this lay out works on the practise day meeting before we put on our first actual race meeting in April.

A reminder meanwhile, to club members, that our AGM/ Awards evening is on Friday 22nd of February at Hasketon village hall. All new and current members are very welcome, but please remember that alcoholic drinks will not be available, so please bring your own, with an extra one for me!

Norfolk & Suffolk Junior MCC Sunday 24th February 2019

Open Permit TRIAL Little Bealings, IP13 6LT

February Trial

Sign On: 9.30am Start: 10.30am National Grid Reference: TL 929912 Permit No. ACU 55651

OFFICIALS:-

JURISDICTION:

Eastern Centre Steward: tbc Club Steward(s): tbc

Clerk of the Course: J Newstead (Licence 21726)

Child Protection P.o.C.: P Kibble

Secretary of the Meeting: P Kibble, Redwoods, Manor Rd, Garboldisham, Norfolk, IP22 2SG

Tel: 07789 796456 email: patrick.kibble@barric.co.uk

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN , these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Sunfield Farm, Little Bealings, Woodbridge, Suffolk IP13 6LT

Course: Sand & Hills. Routes: Yellow; Red/Blue, 50/50; White; Beginners
Classes: All adult & youth solo

Awards: 1st - 3rd Youth Classes

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £17.00 for

Adults and £12.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to NSJMCC

Entries Open: 4th February 2019 Entries Close: At the Start

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



Diss Open Permit ENDURO Sunday 24th February 2019 Ride 22, Santon Downham IP24 1LZ GH Motorcycles Husqvarna Eastern Centre Championship Rd 1

Sign On: 7.20am Start: 9.00am National Grid Reference: TM 820880 Permit No. ACU 53597

OFFICIALS:

Eastern Centre Steward: RG Hearn Club Steward(s): W Harvey

Clerk of the Course: A Waters (Licence 95651)

Child Protection P.o.C.: Mrs B Chapman

Secretary of the Meeting: Mrs B Chapman, 2 Riverside Cottages, Worthamling, Diss, Norfolk IP22 1SU

Tel: 07789 325416 email: help@dissmcc.co.uk

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult members of the ACU riding solo machines.

Start / Finish: Ride 22. Thetford Forest. Nr Santon Downham Norfolk IP24 1LZ

Course: 12 miles of Forestry Commisssion land.

Classes: Championship, Expert, Expert Vets, Clubman, Clubman Vets, Clubman SuperVets, Sportsman

Awards: In accordance with Championship Conditions

Entries: Entry for this event is via the ACU online entry system - Go to https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £65.00. Late entries + £10.00. Cheques/POs to be made payable to Diss MCC Ltd. Confirmation of entry online via the ACU entry system, or on www.dissmcc.co.uk

Entries Open: 4th January 2019 Entries Close: 15th February 2019

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



OFFICIAL HONDA OFF ROAD DEALER

> FOR HERTS, BEDS & BUCKS

Tel: 01462 486580

ACU EASTERN - EI	NDURO OFFICIAL ENTRY FORM
Event:	Organisers:
Venue:	Date of Event:
Permit No: ACU	Course Lic/Cert No. (where Applicable)
	uto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final orting Code and Standing Regulations are published annually in the ACU Handbook.
Regulations as have or may be issued for the event, and agree to be I declare that I am physically and mentally fit to take part in the event and its inherent risks and agree to accept the same notwithstanding the I confirm that I am not currently suspended from ACU permitted comp I accept that insurance arranged on my behalf by the organisers of event form may be used in litigation as evidence that any serious injury will I consent to details of any injuries I may suffer at this event being pass I consent to the collection and retention of my personal information by I confirm that if any part of the event takes place on a public highway, legislation, and that they will comply with the regulations in respect the I accept responsibility for any items borrowed from the Organiser durin transponders, accessories). I understand that I am liable for the cost borrowed may affect my entry into subsequent events. I confirm that if no been refused an ACU Licence, nor had an AC I understand and accept that if the Supplementary Regulations s Liability cover in respect of any claim made by third parties is lin Premium Insurance will be assumed unless otherwise stated.	If the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary bound by them. and I am competent to do so. I confirm that I understand the nature and type of event I am entering hat such risks may involve negligence on the part of the organisers or officials. Petition or on the ACU Stop List as a result of incurring a Concussion injury. rents that I may enter specifically excludes liability between the participants. I understand that this be principally the result of my voluntary decision to engage in a high risk activity. Sed between all medical services and the Clerk of the Course. If the ACU. In the ACU should be suitable and proper for the purpose. I confirm that I am eligible to compete on the the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent ereof. Ing the course of the event. These items include but are not restricted to (safety clothing, or replacement of any items lost or not returned and non-payment or non-replacement of items. CU Licence suspended, nor have I been excluded from any ACU competition. tate the insurance cover for this event is "Basic" there is no Personal Accident cover and nitted to £10 million and £5 million for Medical Mal-practice.
I/we enclose the entry fee of: £	Don't forget to put Entry Fee here
Acknowledgement of the risks of motorsport: I understand that disabled or suffering some other serious injury and I acknowledge circuit owner, the promoter, the organising club, the venue owner, serious injury I may suffer; the dominant cause of any serious injury.	at by taking part in this event I am exposed to a risk of death, becoming permanently that even in the event that negligence on the part of the ACU, any event organiser, any or any individual carrying out duties on their behalf were to be a contributory cause of any ry will always be my voluntary decision to take part in a high risk activity. In motorsport is entirely at my own risk. I agree that I am required to register on
Rider's signature:	Please tick box if you are 18 years of age and over
FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF	
named participant, hereinafter referred to as 'my child', accept the I declare as follows: - I have read and understood the "Acknowlet ent in motorsport which include the risk of death or permanent dis would make it unsafe for him/her to participate either as a Compe had the opportunity to read and understand the National Sporting tions subsequently issued and this Entry Form and that he/she w	
Extract from NSC Article 7.14: A parent or legal guardian of a responsibility with that competitor.	ider or passenger participating in a competition requiring consent is deemed to bear mutual
Rider's Surname: F	irst Name: D.O.B
	Postcode:
Phone Numbers	7 000000
Landline (inc. area code):	Mobile:
Email address:	
ACU Licence No: Tick Class Entered	. Club: (The ACU affiliated club to which you belong)
Championship Expert Expert Vets	Clubman Clubman Veteran Clubman Supervet (+50)
Machine:	
Make:	Capacity (cc)
	SEPARATE ENTRY FORM REQUIRED
,	G FIRST

Sudbury Club Notes

Roger Chaplin

Congratulations to Joe Phillips on winning the Novice Class at the Braintree Club's Turkey Trot Trial also well done to other Club members that rode. Seeing some of the comments they have made about their bikes getting muddy, it is winter

what do they expect I have been up to my neck in snow also I had to ride my bike to the Trial, then rode it over three to four group of sections then ride back home before dark – those were the days. I see Stephen Green having some fun on the Speedway track, I think he is going backwards in his life what will it be besides Grass, Enduro, Cycle Speedway, BMX and Moped Speedway.

Well done to all of those or should I say the few who set up the Extreme Enduro, the Sunday before the event they worked in the rain and fortunately the rain held off for the following seven days which made the day just right although it was a challenge to get the vehicle to the paddock. Sadly, there were only 40 entries and I take my hat off to all of them as they stuck to their task over the various obstacles and one, I must mention is Luke Womack who at times or most times was struggling, sliding off here, throwing his bike there determined to finish which he did and I presented him with his finishers medal. We had good support of riders from out of the Centre again with the Pro Class winner once again Charlie Frost from Bath. He was chased all the way by Ben Wibberley who was only 89 seconds behind after the two-hour session both on 19 laps. Next came the Sudbury quintet Stevie Roper, Craig Roper, Jack Berry, I forgot to turn my petrol on at the start Jamie Roper and Myles Saunders. Jonathon Pearson beat last year's winner Jason Pearce in the Expert Class with Barney Thurgood 3rd, Mark Kirby 4th and that Quad ace Sheldon Seal 5th. Jack Austin won the Clubman Class with Joe Phillips (yes him again) 2nd, Jo Henthorn 3rd and Gary Vines 4th. It was a win for Ryan Crisp in the Trial Class with Super Veterans Jez Moss and Jason Green 2nd and 3rd with Ben Warner 4th. It was nice to hear the kind words from those from afar, it was a proper Extreme nothing taken out when the going gets worse and will spread the word.

'Now is the time to say Goodbye' (courtesy of Pete and Dud) as this is my last time writing the Sudbury Club's Notes for the Gazette which I have done for eight years this Century and for three years last Century. My first piece appeared in the March edition 1963 and started as this 'Our Annual General Meeting was held etc. etc.' I will leave you with the last paragraph of my last contribution in the February 1966 edition with insert referring to February 2019. 'Here ends four years' Service (eight 2019) in the job and I will leave you with this thought "This could be the last time ..." although I will no doubt have many Stones thrown at me, I will still keep rolling on.'



Woodbridge & DMCC Sunday 3rd March 2019

Open Permit ENDURO Iken, IP12 2EX

Dave Barkshire Motorcycles 2 Man Rd 1

Sign On: 8.00am Start: 9.30am
National Grid Reference: TM255293 Permit No. ACU 55377

OFFICIALS:-

Eastern Centre Steward: J Hearn Club Steward(s): J Read W Harvey

Clerk of the Course: I Barfield (Licence 123652)

Child Protection P.o.C.: D Harvey

Secretary of the Meeting: D Harvey, 26 Demesne Gardens, Martlesham Heath, Ipswich IP5 3UA

Tel: 01473 902907 email: woodbridge46@hotmail.co.uk

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations.Open to Adult members of the

ACU riding solo machines.

Start / Finish: Hill Farm, Iken, Suffolk IP12 2EX

Course: Approx 4 miles of Farmland Tracks and woodland.

Classes: Championship, Expert, Clubman, Sportsman

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £48.00.

Include one 9x4 SAE. Cheques/POs to be made payable to Woodbrisge & DMCC Ltd

Entries Open: 4th February 2019 Entries Close: 27th February 2019

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

The insurance cover for this event will be BASIC (limit of liability £10M) and Medical Malpractice insurance (limit of liability £5m) is included. There is NO Personal Accident Insurance for Competitors. Competitors are therefore strongly recommended to purchase such Cover - which is available through the Locktons website (www.locktonmotorsport.com) or the ACU website (www.acu.org.uk)

Norwich Viking MCC Sunday March 3rd 2019 Open Permit TRIAL East Wretham, IP24 1SQ

Entries Close: At the Start

March Trial

Sign On: 9.30am Start: 10.30am National Grid Reference: TL 838871 Permit No. ACU 55652

OFFICIALS:-

Eastern Centre Steward: tbc Club Steward(s): J Douglas & G Huxtable

Clerk of the Course: A Hay (Licence 22472)

Child Protection P.o.C.: B Douglas

Entries Open: 15th February 2019

Secretary of the Meeting: B Douglas, The Old Cottages, The Moor, Reepham, Norfolk, Nr10 4NL

Tel: 07775 600382 (day) 01603 871811(eve) email: barbara.douglas@

hotmail.co.uk

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo and sidecar machines.

Start / Finish: East Wretham, Norfolk IP24 1SQ

Course: Tree Roots & Sand.

Routes: Red/Blue; White; Beginners

Classes: Inter, Novice, Twinshock, Pre-70, Youth A to E

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for

Adults, £20.00 Sidecars, and £13.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to NVMCC Ltd

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

SDX Motors

Professional Vehicle Sales and Sourcing

New and Used Vehicles

www.sdxmotors.co.uk

Vehicle dealership based in Ipswich, Suffolk. We concentrate on providing an easy and efficient service for private customers and businesses looking to replace/upgrade/buy or sell vehicles whether you are looking for new or used vehicles. Please get in touch to see if we can help.

Jack Sheppard 07540 969 709

Email: jack@jacksheppard.co.uk

- Cars
- Commercial vehicles
- Motorcycles

- Part Exchange Welcome
 - Fleets Welcome
 - Nationwide delivery
 - Finance Available





Venue: Date of Event: Permit No: ACU	ACU EASTERN -	TRIALS OFFICIAL ENTRY FORM	
Permit No: ACU	Event:	Organisers:	
This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations. Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook. Every declaration to the undersigned angle to early the standing Regulations are published annually in the ACU Handbook. Every declaration to the undersigned angle to early the standing Regulations as the undersigned angle to the the standing Regulations. Such Supplementary Regulations as have or may be issued for the event, and agree to be board by them. I declare that are important in production of the event, and agree to be board by them. ACU Standing Regulations as the second and increasing the standing of the second and an explesion to do so I confirm that I understand the major and type of event I am shall be a threat of the event in the second and increasing on the second and restored for the ACU Standing	Venue:	Date of Event:	
Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook. Entry declaration to the undersigned space by either the event described above and no monoreduction thereof. 1 dockies that in any back the proposal part meeting by the letter the event during an annual part of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such a content of the ACU. The ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations, and the sentence of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are such as a content of the ACU. The ACU Standing Regulations are content and the ACU Locations and the ACU standing and the ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations are content and the ACU Standing Regulations, such as a content of the ACU. The ACU Standing Regulations are content and the ACU Standing Regulations are accepted to the ACU. The ACU Standing Regulations are accepted to the ACU. The ACU Standing Regul	Permit No: ACU	Course Lic/Cert No. (where Applicable)	
dictance that Inware had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such codes in the James of the Code of the ACU, the ACU Standing Regulations, such codes in the James of the Code of the ACU, the ACU Standing Regulations of the Code of the ACU, the ACU Standing Regulations of the Code of the ACU, the ACU Standing Regulations of the Code of the ACU, the ACU Standing Regulations of the Code of the ACU, the ACU Standing Regulation of the Code of the ACU, the ACU Standing Regulation of the ACU Standing Regulation Standing			
Acknowledgement of the rieks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injuly and lacknowledge that even in the event that negligence on the part of the Acknowledge that even in the event that negligence on the part of the Acknowledge that we particulation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Endure. Rider's signature:	 I declare that I have had the opportunity to read, and that I unc Supplementary Regulations as have or may be issued for the I declare that I am physically and mentally fit to take part in the entering and its inherent risks and agree to accept the same ne I confirm that I am not currently suspended from ACU permitte. I accept that insurance arranged on my behalf by the organise that this form may be used in litigation as evidence that any se I consent to details of any injuries I may suffer at this event bet I consent to the collection and retention of my personal informs. I confirm that the machine(s) as described below which I shall on the machines for which I have entered. I confirm that if any part of the event takes place on a public hi equivalent legislation, and that they will comply with the regula I accept responsibility for any items borrowed from the Organis transponders, accessories). I understand that I am liable for th items borrowed may affect my entry into subsequent events. 	erstand the National Sporting Code of the ACU, the ACU Standing Regulations, such event, and agree to be bound by them. event and I am competent to do so. I confirm that I understand the nature and type of event I am obwithstanding that such risks may involve negligence on the part of the organisers or officials. In organisers or officials of competition or on the ACU Stop List as a result of incurring a Concussion injury, and it is of events that I may enter specifically excludes liability between the participants. I understand rious injury will be principally the result of my voluntary decision to engage in a high risk activity, and passed between all medical services and the Clerk of the Course. It is a medical services and the Clerk of the Course. It is a medical service and the Clerk of the Road Traffic Acts, or it is a medical service below shall be insured as required by the Road Traffic Acts, or it ions in respect thereof. The course of the event. These items include but are not restricted to (safety clothing, e cost or replacement of any items lost or not returned and non-payment or non-replacement of an ACU Licence suspended, nor have I been excluded from any ACU competition.	ntact and phone in the event of an ergency:
disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circult owner, the promoter, the organising duth, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer, the dominant cause of any serious injury I may suffer any suffer suffer and suffer	I/we enclose the entry fee of: £	Don't forget to put Entry Fee here	Co e m
Passenger's signature:	disabled or suffering some other serious injury and I acknow circuit owner, the promoter, the organising club, the venue serious injury I may suffer, the dominant cause of any serio I have read the above and acknowledge that my partici	wledge that even in the event that negligence on the part of the ACU, any event organiser, owner, or any individual carrying out duties on their behalf were to be a contributory cause us injury will always be my voluntary decision to take part in a high risk activity. pation in motorsport is entirely at my own risk. I agree that I am required to register	any of any on
Passenger's signature: Please tick box if you are 18 years of age and over FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY: (COMPLETE IN BLOCK CAPITALS PLEASE) I	Rider's signature:	Please tick box if you are 18 years of age and over	
FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY: (COMPLETE IN BLOCK CAPITALS PLEASE)		Please tick hav if you are 18 years of ago and over	
named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting. I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport' which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor of for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that it bendy responsibility to ensure that the child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications. Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor. Rider's Surname: First Name: D.O.B. Address:	<u> </u>	<i>, , , , —</i>	
Rider's Surname: First Name: D.O.B	named participant, hereinafter referred to as 'my child', acc I declare as follows: - I have read and understood the "Ack ent in motorsport which include the risk of death or permar would make it unsafe for him/her to participate either as a had the opportunity to read and understand the National S tions subsequently issued and this Entry Form and that he by officials dealing with safety issues or accident investigat website or in ACU publications.	sept that my child may participate in the aforementioned meeting. nowledgement of the risks of motorsport' which appears above. I appreciate the dangers is tent disablement. The child does not suffer from any physical, medical or mental disability. Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I porting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Ins (she will comply with them. I accept that photographs or video films may be taken of my chions. Photographs may also be taken for promotional purposes and may appear on the AC	inher- which have struc- nild CU
Address:		of a fact of paccenger paradipating in a competition requiring consent is accurate to sear	mataur
Phone No.: Email:	Rider's Surname:	First Name:	
Phone No.: Email: ACU Licence No: Club: (The ACU affiliated club to which you belong) Passenger's Surname: First Name: Phone: ACU Licence No: Club: (The ACU affiliated club to which you belong) Class Entered (Tick required) Expert Expert B Inter Inter B Novice Pre 70 Twinshock Youth A Youth B Youth C Youth D Youth E Sidecar Sponsor/Machine Make: Engine Size (cc) Indicate your preferred route: Yellow 50/50 Red/Blue 50/50 White Beginners			
ACU Licence No: Club: (The ACU affiliated club to which you belong) Passenger's Surname: First Name: Address: Phone: ACU Licence No: Club: (The ACU affiliated club to which you belong) Class Entered (Tick required) Expert Expert March Novice Pre 70 Twinshock Youth A Youth B Youth C Youth D Youth E Sidecar Sponsor/Machine Make: Engine Size (cc) Indicate your preferred route: Yellow 50/50 Red/Blue 50/50 White Beginners		IIIIALU	
Passenger's Surname: First Name: Phone: Phone: Club: (The ACU affiliated club to which you belong) Class Entered (Tick required) Expert Expert B Inter Inter B Novice Pre 70 Twinshock Youth A Youth B Youth C Youth D Youth E Sidecar Sponsor/Machine Make: Engine Size (cc) Indicate your preferred route: Yellow 50/50 Red/Blue 50/50 White Beginners			
Address:			
ACU Licence No:	Passenger's Surname:	First Name:	
Class Entered (Tick required) Expert	Address:	Phone:	
Expert	ACU Licence No:	Club: (The ACU affiliated club to which you belong	3)
	Youth A Youth B Youth C	Youth D Youth E Sidecar Sidecar	
	Indicate your preferred route: Yellow	50/50 Red/Blue 50/50 White Beginner	





Chartered Accountants & Business Advisers for the Eastern Centre

Call Matthew Neale on 01379 640555 or email mneale@hwca.com

Business Advisory Service • Tax Planing & Compliance • Corporate Finance VAT • Payroll Bureau • Audit & Assurance Bookkeeping Bureau • Company Secretarial

Diss • Thetford • Norwich • Ipswich
Great Yarmouth • Lowestoft

www.hwca.com/eastanglia



NLY £10 PER DAY!

CAMPING £5 PER

SUFFOLK NR32 4LE TEL: 07809 42250

Braintree & DMCC Sunday March 10th 2019

Open Permit TRIAL Spansey Wood, Essex CO9 1PB

Course: Woodland.

ACU-EC B Class ChampionshipRd 1

Sign On: 9.00am Start: 10.30am
National Grid Reference: TL 798304 Permit No. ACU 55653

OFFICIALS:-

Eastern Centre Steward: A Penny Club Steward(s): P Read & J Yearly

Clerk of the Course: S Butcher (Licence 18396)

Child Protection P.o.C.: P Read

Secretary of the Meeting: A Parker, Park Field, Beazley End, Essex, CM7 5JJ

Tel: 01371 850508 email: adrian@belletrailers.co.uk

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Spansey Wood, Gosfield, Essex CO9 1PB

Classes: All adult & youth solo, B Class Championship, Clubman, Electric Bikes Awards: None

Entries: Entry for this event is via the ACU online entry system - Go to https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 Adults, £10.00 Youth. Late entries + £5.00. Cheques/POs to be made payable to Braintree & DMCC Ltd.

Entries Open: 4th February 2019 Championship Class Entries Close: 8th March 2019

Non Championship Class Entries Close On the Day

Entries Accepted on the day (non champ class only). All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



Matt Pope Motorcycles, Hawthorne Way, Fakenham, Norfolk, NR21 8SX www.mattpopemotorcycles.co.uk

Reserved MX Number Scheme

NEW NUMBERS AVAILABLE FROM MID-DAY MONDAY 4th FEBRUARY

Reserved numbers not renewed by 31st January will be made available on a first come, first served basis. If you have not renewed your number by this date there is every possibility that you could lose it to another rider. There were in the region of 700 numbers sold for 2018 so it is important that you act quickly if you are after a particular number.

You can renew your number online at www.easternacu.org or if you prefer by using the postal form on the next page. The cost of reserving your number remains at £5 per season. If reserving the number online an extra 39p is added to cover the fees we are charged by PayPal. This ensures that the chosen charities (East Anglian Air Ambulance, Essex Air Ambulance & ACU Benevolent Fund) do not lose out, and is still cheaper than sending the application form by post.

Numbers 1 – 50 are kept for experts only. Number 1 will be offered to the Centre Champion; in the event that the champion declines, number 1 will not be issued.

Please Note: Because the number scheme on the website is updated manually it is possible that more than one rider could attempt to reserve the same number within a short period of time. Should this happen, the number will be allocated to the first rider to reserve it, while the other rider(s) will be given the option to choose an alternative number from those available. The site will be under constant observation on 4th February to reduce the possibility of this happening, and to ensure that riders get their preferred number.

2019 MOTOCROSS RESERVED NUMBERS

Use this form to reserve your riding number for all 2019 Eastern Centre Motocross meetings with electronic timing.

Items in bold text must be completed

First Name Surname
Your Club
Your E-mail
Contact Phone Number (landline, mobile or both)
Landline (inc area code)
Mobile
If you own a MyLaps/AMB transponder (not AMCA exclusive version), please enter the ID number here
Expert / Junior (delete as applicable)
Please send your completed form, together with a cheque for £5, made payable to "Eastern

EXPERT NATIONAL / BRITISH CHAMPIONSHIP RIDERS ONLY

Centre ACU MX Acc.", and a stamped self-addressed envelope, to:

New for 2019, from 1st February any expert graded rider who is registered for an ACU National Motocross Championship may, where able to do so, purchase their registered number - even if it has already been purchased by a junior graded rider. If you wish to take up this option, please contact the reserved number co-ordinator direct: 07766 904655 – **DO NOT attempt to do it online.** The timing system will correctly calculate championship points and positions where riders compete in separate classes (expert / junior).

Number Scheme Coordinator. 27 Tizzick Close. Norwich NR5 9HB Tel: 01603 734700

ACU EASTERN -	TRIALS OFFICIAL ENTRY FORM	
Event:	Organisers:	
Venue:	Date of Event:	
Permit No: ACU	Course Lic/Cert No. (where Applicable)	
	e Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Sporting Code and Standing Regulations are published annually in the ACU Handbook.	
Supplementary Regulations as have or may be issued for the I declare that I am physically and mentally fit to take part in the entering and its inherent risks and agree to accept the same n I confirm that I am not currently suspended from ACU permits or I accept that insurance arranged on my behalf by the organise that this form may be used in litigation as evidence that any set I consent to details of any injuries I may suffer at this event bei Consent to the collection and retention of my personal informer I confirm that the machine(s) as described below which I shall on the machines for which I have entered. I confirm that if any part of the event takes place on a public hi equivalent legislation, and that they will comply with the regula I accept responsibility for any Items borrowed from the Organis transponders, accessories). I understand that I am liable for th items borrowed may affect my entry into subsequent events.	derstand the National Sporting Code of the ACU, the ACU Standing Regulations, such event, and agree to be bound by them. e event and I am competent to do so. I confirm that I understand the nature and type of event I am otwithstanding that such risks may involve negligence on the part of the organisers or officials. I competition or on the ACU Stop List as a result of incurring a Concussion injury, ris of events that I may enter specifically excludes liability between the participants. I understand rirous injury will be principally the result of my voluntary decision to engage in a high risk activity, ring passed between all medical services and the Clerk of the Course. attion by the ACU. participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete ighway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or tions in respect thereof. Seer during the course of the event. These items include but are not restricted to (safety clothing, se cost or replacement of any items lost or not returned and non-payment or non-replacement of d an ACU Licence suspended, nor have I been excluded from any ACU competition.	in the event of an ergency:
I/we enclose the entry fee of: £		e io
disabled or suffering some other serious injury and I acknow circuit owner, the promoter, the organising club, the venue serious injury I may suffer, the dominant cause of any serio I have read the above and acknowledge that my particip	and that by taking part in this event I am exposed to a risk of death, becoming permanently wiledge that even in the event that negligence on the part of the ACU, any event organiser, any owner, or any individual carrying out duties on their behalf were to be a contributory cause of an ous injury will always be my voluntary decision to take part in a high risk activity. pation in motorsport is entirely at my own risk. I agree that I am required to register on taking part in any Practice Session/Race, Trials or Enduro.	
Rider's signature:	Please tick box if you are 18 years of age and over	
If applicable:		
5 5	ON OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:	
named participant, hereinafter referred to as 'my child', acc I declare as follows: - I have read and understood the "Ack ent in motorsport which include the risk of death or permar would make it unsafe for him/her to participate either as a had the opportunity to read and understand the National S tions subsequently issued and this Entry Form and that he.	the parent/person with parental responsibility of the above cept that my child may participate in the aforementioned meeting. knowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent disablement. The child does not suffer from any physical, medical or mental disability which Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have porting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions with them. I accept that photographs or video films may be taken of my child tions. Photographs may also be taken for promotional purposes and may appear on the ACU	- n
Extract from NSC Article 7.14: A parent or legal guardian responsibility with that competitor.	n of a rider or passenger participating in a competition requiring consent is deemed to bear mutu	ual
Rider's Surname:	First Name: D.O.B	
	Postcode:	
Phone No.:	Email:	
ACU Licence No:	Club: (The ACU affiliated club to which you belong)	
Passenger's Surname:	First Name:	
Address:	Phone:	
ACU Licence No:	Club: (The ACU affiliated club to which you belong)	
Class Entered (Tick required)		
Expert Expert B Inter	Inter B Novice Pre 70 Twinshock	
Youth A Youth B Youth C	Youth D Youth E Sidecar	
Sponsor/Machine Make:	Engine Size (cc)	
Indicate your preferred route: Yellow	50/50 Red/Blue 50/50 White Beginners	
		10

Sudbury MCC Sunday March 17th 2019 Open Permit ENDURO Foxborough Quarry, Essex CO9 3AN

4 Hour Team Enduro

Sign On: 8.00am Start: 9.00am National Grid Reference: TL 794325 Permit No. ACU 55654

OFFICIALS:-

Eastern Centre Steward: C Cook Club Steward(s): R Chaplin

Clerk of the Course: G Hockey (Licence 18929)

Child Protection P.o.C.: Mrs S Mays

Secretary of the Meeting: G. Mays, 55 Alan Way Colchester Essex CO3 4LB Tel: 01206 531768 email: gmays@ntlworld.com

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult members of the ACU riding solo machines.

Start / Finish: Foxborough Quarry, Sible Hedingham, Essex CO9 3AN

Course: Natural terrain covering open fields, ditches, and woodland. Lap length approx 3 miles..

Classes: Championship, Expert, Clubman, Ironman

Entries: Entry for this event is via the ACU online entry system - Go To https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £48.00. Include one 9x4 SAE. Cheques/POs to be made payable to Sudbury MCC Ltd.

Entries Open: 4th February 2019 Entries Close: 12th March 2019

No Entries on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



	ACU EASTERN -	ENDURO O	FFICIAL ENTRY FOR	M
Event:		=		
			:	
Permit No: ACU		Course Lic/Ce	ert No. (where Applicable)	
Instructions issued fo	or the meeting. The ACU National S	Sporting Code and Sta	ne Standing Regulations, Supplementary anding Regulations are published annuall	
I declare that I have had the Regulations as have or may I declare that I am physically and its inherent risks and ag I confirm that I am not currer I accept that insurance arran form may be used in litigatio I consent to details of any in I consent to the collection an	be issued for the event, and agree to y and mentally fit to take part in the eventere to accept the same notwithstandirulty suspended from ACU permitted conged on my behalf by the organisers on as evidence that any serious injury vijuries I may suffer at this event being and retention of my personal information.	tand the National Sporti be bound by them. ent and I am competent og that such risks may ir impetition or on the ACL fevents that I may enter will be principally the respassed between all med to by the ACU.	nsideration thereof: ng Code of the ACU, the ACU Standing Regu to do so. I confirm that I understand the natur volve negligence on the part of the organiser J Stop List as a result of incurring a Concussi r specifically excludes liability between the pa ult of my voluntary decision to engage in a hi ical services and the Clerk of the Course. ble and proper for the purpose. I confirm that	re and type of event I am entering s or officials. on injury, riticipants. I understand that this gh risk activity.
 machines for which I have en I confirm that if any part of the legislation, and that they will 	ntered. ne event takes place on a public highw comply with the regulations in respec	yay, the machine(s) description	cribed below shall be insured as required by the event. These items include but are not restrict.	he Road Traffic Acts, or equivalent
transponders, accessories). borrowed may affect my entr	I understand that I am liable for the cory into subsequent events.	ost or replacement of an	y items lost or not returned and non-payment	or non-replacement of items
 I confirm that I have not been I understand and accept the Liability cover in respect of 	n refused an ACU Licence, nor had an nat if the Supplementary Regulation	s state the insurance of limited to £10 million	ed, nor have I been excluded from any ACU of cover for this event is "Basic" there is no I and £5 million for Medical Mal-practice.	
			orget to put Entry Fee here	
Acknowledgement of the r disabled or suffering some of circuit owner, the promoter, the serious injury I may suffer, the I have read the above and	risks of motorsport: I understand other serious injury and I acknowler the organising club, the venue own he dominant cause of any serious i acknowledge that my participati	that by taking part in dge that even in the e her, or any individual o injury will always be m ion in motorsport is	this event I am exposed to a risk of death vent that negligence on the part of the AC arrying out duties on their behalf were to by voluntary decision to take part in a high entirely at my own risk. I agree that I a	i, becoming permanently CU, any event organiser, any be a contributory cause of any or risk activity.
Rider's signature		Please	e tick box if you are 18 years of a	
			N WITH PARENTAL RESPONSIBILITY:	
named participant, hereinaf I declare as follows: - I have ent in motorsport which incl would make it unsafe for hir had the opportunity to read tions subsequently issued a	iter referred to as 'my child', accept e read and understood the "Acknow lude the risk of death or permanent m/her to participate either as a Cor and understand the National Sport and this Entry Form and that he/she sty issues or accident investigation	t that my child may pa vledgement of the risk t disablement. The chi npetitor or for Practice ting Code of the ACU, e will comply with ther	the parent/person with parer rticipate in the aforementioned meeting. so fmotorsport" which appears above. I ild does not suffer from any physical, mec. accept that it is my responsibility to en Standing Regulations, Supplementary R n. I accept that photographs or video films also be taken for promotional purposes ar	appreciate the dangers inher- dical or mental disability which issure that the child and I have egulations and Final Instruc- s may be taken of my child
Extract from NSC Article a responsibility with that comp		a rider or passenger p	participating in a competition requiring co	nsent is deemed to bear mutual
Rider's Surname	£	First Name:	D.O.E	3
Phone Numbers			Postcode:	
	a code):		Mobile:	
•	•			
Tick Class Entered			(The ACU affiliated club	to which you belong)
Championship	Expert Expert Vets	Clubman	Clubman Veteran Clubm	an Supervet (+50)
Machine:				
Make:			Capacity	(cc)
Sponsor (if applica	able)			
If TWO MAN, Part	ner's Name		SEPARATE ENTRY F	ORM REQUIRED
PLEASE INDICAT	TE WHO WILL BE RIDI	NG FIRST		

Paul Nash Motorcycle Spares, Repairs, Servicing Accessories & Clothing etc. Full Workshop Facilities elava Isai 317as Tras-IIII 01621 743443 07973 358408

What's on

February 2019

3rd	Castle Colchester	Trial	National	Pebmarsh	
10th	Lowestoft	Trial	Restricted	Aldeby	ACU Eastern Trials A Class Rd 1
10th	EFA	Trial	Restricted	Raydon Pit	_
17th	Southend	Trial	Open	Poles Wood	ACU Eastern Trials D Class Rd 1
24th	Diss	Enduro	Open	Thetford Forest	GH MCs ACU Eastern Enduro Champs Rd 1
24th	NSJMCC	Trial	Open	Santon Downham	
24th	NSJMCC	Motocross	Open	Gt Hockham	ACU Eastern Youth Motocross Champs Rd 1

March

3rd	Norwich Viking	Trial	Open	East Wretham	
3rd	Woodbridge	Enduro	Open	lken	Dave Barkshire MCs ACU Eastern Two Man Rd 1
10th	Braintree	Trial	Open	Spanseys Wood	ACU Eastern Trials B Class Rd 1
16th	Woodbridge	Motocross	Practice	Blaxhall	
17th	Sudbury	Enduro	Open	Foxborough	
17th	Ipswich	Trial	Open	Bramford	ACU Eastern Trials A Class Rd 2
17th	EFA	Trial	Restricted	Chattisham	
24th	NSJMCC	Motocross	Open	Gt Hockham	
24th	Wymondham	Trial	Open	Middleton	ACU Eastern Trials B Class Rd 2
31st	Halstead	Motocross	NGR	Wakes Colne	

April

6th	GW Racing	Grass Track	Open	Gosbeck	
7th	EFA	Trial	Open	Great Bromley	ACU Eastern Trials C Class Rd 1
7th	Southend	Trial	Open	Poles Wood	ACU Eastern Trials D Class Rd 2
7th	Woodbridge	Motocross	Open	Blaxhall	Bickers Lifting/Stebbings ACUE MX Champs Rd 1
14th	Norwich Viking	Motocross	International	Lyng	Maxxis British
14th	Sudbury	Enduro	Open	Foxborough	Dave Barkshire MCs ACU Eastern Two Man Rd 2
14th	NSJMCC	Trial	Open	Westleton	Norfolk & Suffolk Group Champs Rd 3
19th	Woodbridge & DM	CC Trial	Open	Blaxhall	ACU Eastern Trials C Class Rd 2
21st	Castle Colchester	Trial	Open	Alphamstone	ACU Eastern Trials A Class Rd 3
28th	Essex & Suffolk Bo	order Trial	Open	Raydon Pit	ACU Eastern Trials B Class Rd 3
28th	Bury St Edmunds	Enduro	Open	Hawkedon	GH MCs ACU Eastern Enduro Champs Rd 2

Events in bold denote regs in this issue

Full events calendar available on www.easternacu.org

01603 404616 sales@cattonprint.com





144 RAYNE ROAD, BRAINTREE, ESSEX, CM7 2QS