

2019 March



ACU EASTERN GAZETTE

Volume 59 No. 3



Congratulations to the new Mr. & Mrs. Ralph as Lyn finally makes an honest man of him

REGULATIONS IN THIS ISSUE

Date	Club / Promoter	Type	Status	Venue	Page
17th March	Ipswich MCC	Trial	OPEN	Bramford	5
17th March	Sudbury & DMCC	Enduro	OPEN	Sible Hedingham	9
24th March	Wymondham & DMCC	Trial	OPEN	Blackborough End	10
31st March	Halstead & DMCC	MotoX	OPEN	Wakes Colne	15
6th April	GW Racing	GT	OPEN	Gosbeck	24
7th April	Southend & DMCC	Trial	OPEN	Poles Wood	22
7th April	Eastern Fourstroke Assoc.	Trial	OPEN	Gt. Bromley	16
7th April	Woodbridge & DMCC	MotoX	Open	Blaxhall	5
14th April	Norfolk & Suffolk Junior MCC	Trial	OPEN	Westleton	15

www.easternacu.org

2018 OFFICIALS OF ACU EASTERN

President:

Alan Penny 'Culross', Hadleigh Road, Elmsett, Ipswich, Suffolk, IP7 6ND
Tel: 01473 658768 e-mail: apenny@nwsld.f9.co.uk

Life Vice Presidents: Dennis Slaughter MBE, Albert Brace

Honorary Life Vice Presidents: Roy Bannister

Vice Presidents:

Roy Bannister	Roger Chaplin	Alan Foskew	
Geoff Brace	Sidge Kenny	Vera Hearn	Margaret Mellish

Chairman:

(R.G) Jack Hearn 25, Quinton Road, Needham Market, Suffolk, IP6 8BP
Tel: 01449 721042 Mob: 07774 801205 e-mail: jack.vera7@btinternet.com

Vice Chairmen:

Alan Foskew	9 Ebenezer Close, Witham, Essex, CM8 2HX Tel: 01376 517169 e-mail: alanfoskew29@btinternet.com
Geoff Brace	15 Ozier Court, Safron Walden, Essex, CB11 4BH Tel.: 01799 520336 e-mail: geoffmx94b@hotmail.com

Treasurer:

Andrew Hay 27, Tizzick Close, Three Score, Norwich.NR5 9HB.
Tel: 01603 734700 e-mail: andrew.hay10@btinternet.com

Centre Secretary:

Lyn Ralph 23, Tymmes Place, Hasketon, Ipswich, Suffolk, IP13 6JD
Tel: 07857 601753 Mob: 07857 601753 e-mail: lynralph@outlook.com

Life Honorary Member of the Eastern Centre ACU: Mrs. M.E. Armes

Permit Secretary:

Phil Armes 10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
Tel: 01603 487061 e-mail: permits@easternacu.org

ACU Benevolent Fund Officer:

Martin Cross 'Magrathea', East Hanningfield Road, Sandon, Chelmsford, Essex CM2 7TQ
Tel: 01245 478910 e-mail: xfamily@nildram.co.uk

Environmental Officer:

Eddie Wass 10, Knights Road, Braintree, Essex. CM7 3YT.
Tel: 01376 331111 (Work)

National Council Delegate:

Vera Hearn 25, Quinton Road, Needham Market, Suffolk. IP6 8BP
Tel: 01449 721042. e-mail: jack.vera7@btinternet.com

ACU Eastern Competitions Committee

(The President, Chairman, Vice Chairmen, Secretary & Treasurer are ex-officio members)

Chairman: P. Armes
10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
Tel: 01603 487061
e-mail: permits@easternacu.org

Other Elected Members:- Charlie Ralph, Eddie Wass, Alex Wright

Sub Committee Chairmen

Motocross – Charlie Ralph *Enduro* – Jack Hearn
Trials – Paul Nash & Chris Cook *Grass Track* – Alan Foskew

ACU Eastern Gazette

Editorial: Phil Armes

Treasurer & Distribution:

Ron Greengrass
58, Dell Road West, Oulton Broad, Lowestoft,
Suffolk. NR33 9NS.
Tel:- 01502 563566
e-mail: rjg@rongg58.plus.com

ACU Eastern Web Site

www.easternacu.org

Results, Events Calendar, News, and more



I have previously mentioned (a few times!!!) that the Centre awards evening was to take place on February 9th at the Cedars Hotel in Stowmarket. As predicted, it was a great evening with nearly all of the Centre champions in attendance to receive their awards – with an age range of 6 to something in excess of 60! There certainly wasn't much room to spare with extra tables required to accommodate the number of people, which probably heralds a change of venue for next year – I will let you know where and when... I would also like to pass on my congratulations to all the winners, and of course to the small team behind the scenes who once again put together a lovely evening.

Foreword

Phil Armes



We are fortunate to have plenty of active Trials organisers, and venues within the Centre. There is never any need for riders to look too far for somewhere to compete on any given weekend. However, over the last few years there has been a dramatic decline in the number of sidecar crews turning up for events where there are sections prepared for them – so it was really pleasing to see the Southend club's hard work pay off when 13 three wheelers took on the challenges posed at Poles Wood in February. It was the first of a four round championship and I hope that the word spreads over the coming months and the entry continues to grow.

This issue of the gazette includes the first set of regs for the Centre motocross championship, which can only mean that the sun is about to put his hat on and spring is just around the corner... and the speed events can get back into full swing. Once again there is a full seven round MX series, and two rounds of the Maxxis British Motocross Championship in our neck of the woods so it is sure to be another busy season both on and off the track.

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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I consent to the collection and retention of my personal information by the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
- I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
- I confirm that I have not been refused an ACU Licence, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Contact and phone
no. in the event of an
emergency:

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B
 Address:
 Phone No.: Email:
 ACU Licence No: Club: (The ACU affiliated club to which you belong)

Postcode:

ACU Licence No: Club: (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**
 Address: Phone:

ACU Licence No: Club: (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐
 Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Ipswich MCC
Sunday 17th March 2019

Open Permit TRIAL
Bramford, Suffolk IP8 4BY

Mardle Trophy Trial inc ACUE Championship A Class Rd 2

Sign On: 9.00am
National Grid Reference: TM 128476

Start: 10.30am
Permit No. ACU 56002

OFFICIALS:-

Eastern Centre Steward: J Hearn
Clerk of the Course: D Cordle (Licence 5689)
Child Protection P.o.C.: D Cordle
Secretary of the Meeting: P Cordle, 4 Bullen Close, Bramford, Ipswich, Suffolk IP8 4JE
Club Steward(s): R Timms R Yapp
Tel: 01473 462274 email: the.cordles@talktalk.net

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Papermill Lane, Bramford, Suffolk IP8 4BY **Course:** 10 to 12 sections per lap. **Routes:** Multi
Classes: All solo classes. A Class Champ. Youth A & B **Awards:** To winner

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £10.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Ipswich MCC

Entries Open: 4th March 2019

Entries Close: 15th March 2019

No Entries on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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Woodbridge & DMCC
Sunday 7th April 2019

Open Permit MOTOCROSS
Blaxhall, IP17 1LG

Bickers Lifting/Stebbing's Car Superstore ACU Eastern MX Champs Rd 1

Sign On: 8.00am
National Grid Reference: TM 356580

Practice: 9.15am

Start: After Practice
Permit No. ACU 55301

OFFICIALS:-

Eastern Centre Steward: J Nickerson
Clerk of the Course: J Blyth (Licence 39574)
Secretary of the Meeting: D Blyth, [REDACTED]
& Child Protection P.o.C *Tel: 07963 118917 email: blyths21@hotmail.com*
Club Steward(s): C Ralph

JURISDICTION:

Held under the NSC and the Standing Motocross Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult and Youth members of the ACU with an appropriate licence riding solo machines.

Start / Finish: Blaxhall Circuit, Blaxhall, Suffolk, IP17 1LG

Course: Approx 1500 metres, naturally sandy with man made jumps.

Classes: As per championship conditions **Awards:** As per championship conditions

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £50.00. Include one 9x4 SAE. Cheques/POs to be made payable to Woodbridge & DMCC Ltd

Entries Open: 4th March 2019

Entries Close: 29th March 2019

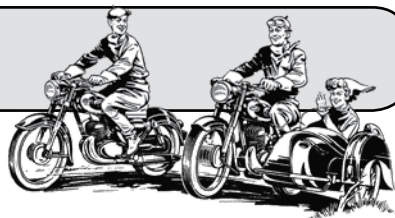
No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

The insurance cover for this event will be **BASIC** (limit of liability £10M) and Medical Malpractice insurance (limit of liability £5m) is included. There is **NO** Personal Accident Insurance for Competitors. Competitors are therefore strongly recommended to purchase such Cover - which is available through the Locktons website (www.locktonmotorsport.com) or the ACU website (www.acu.org.uk)

Recollection Section

Sidge Kenny



ACU Rules state that oil absorbing mats should be placed beneath competition machines when they are standing in the paddock – invariably on grass. This is part of the environmental code clearly designed to minimise the pollutant effects on the areas we use. Even in this day and age, oil leakage or spillage is almost inevitable and we do well to prevent any ill effects on the land.

However, a couple of years ago, I read an interesting article on “Bio” oils – those extracted from plant bases and are therefore much less harmful – if at all – when spilt. This referred particularly to forestry and the use of chainsaws – where not only is the engine lubricated but the cutting chain also. The chain oil, usually automatically pumped into the chain guide bar, is simply flung off the spinning chain as work progresses and in an increasing amount of countries, legislation is brought in to ensure all chain oils are “bio”, as well as the engine lubricants. It occurred to me that in my bygone racing days, our sport saw a widespread use of “Castrol R”, also plant based - hence the name - in all types of racing and I wondered if there might be a case for bringing it back again on environmental grounds. Castrol R was developed principally in the First World War for aircraft, and proved an excellent lubricant, able to withstand tremendous heat and stress in engines - which explains its later use in racing. It had a downside however, leaving sticky, laquer deposits in the engine, which were wearisome to clean off. Over the years, the mineral oils improved to such an extent that Castrol R, with its glorious smell, is rarely employed, unless someone wishes to bring back in full, the good old days of the Sport.

Nonetheless I was intrigued, about the properties of bio oils in contrast to the mineral variety. “R” is still available nowadays but it is very expensive. Therefore entirely on a whim, I put in a sump full of chip (cooking) oil in the engine of one of my triple mowers, being a chunky side valve, twin-cylinder unit and ran it for a whole mowing season. Absolutely no problems and seemed to run as sweetly as ever. Compression checks during the winter servicing showed no apparent wear. However, the sticky deposits were there to be seen and a great deal of cleaning off had to be done. I also tried cooking oil in my two-stroke trials bike – which again had seemingly no ill effects - but on the run, smelt like a mobile fish and chip shop.

Further reading on the subject informed me I had probably used the wrong vegetable oil. Cooking oil is likely to be extracted from rape seed or sunflower, whereas the scientists proclaim the best oils for engines are obtained from palm oil or soybean. Experiments have even been tried with a mixture – including mixing either with mineral oil, which in my day was considered a definite: “no-no”.



*Recommended by Sidge Kenny
& Harry Ramsden*

It does seem nonetheless that the advance of either vegetable or synthetic oils will continue – both on grounds of availability and strict environmental requirements – Swiss, German and Swedish forests are now all: “bio” only areas, whilst here in the UK – Brexit or no Brexit - I can see we will need to put the mats under our bikes for a while longer.



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ACU EASTERN - ENDURO OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I consent to the collection and retention of my personal information by the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
- I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.
- **I understand and accept that if the Supplementary Regulations state the insurance cover for this event is "Basic" there is no Personal Accident cover and Liability cover in respect of any claim made by third parties is limited to £10 million and £5 million for Medical Mal-practice.**
Premium Insurance will be assumed unless otherwise stated.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.
I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** **D.O.B**

Address:

Postcode:

Phone Numbers

Landline (inc. area code): **Mobile:**

Email address:

ACU Licence No: **Club:**

Tick Class Entered *(The ACU affiliated club to which you belong)*

Championship ☐ Expert ☐ Expert Vets ☐ Clubman ☐ Clubman Veteran ☐ Clubman Supernet (+50) ☐

Machine:

Make: **Capacity (cc)**

Sponsor (if applicable)

If TWO MAN, Partner's Name **SEPARATE ENTRY FORM REQUIRED**

PLEASE INDICATE WHO WILL BE RIDING FIRST

Sudbury MCC
Sunday 17th March 2019

Open Permit ENDURO
Foxborough Quarry, Sible Hedingham CO9 3AN
GH Motorcycles & GB Finch Youth Series

Sign On: 9.00am
National Grid Reference: TL790325

Start: 2.00pm
Permit No. ACU 56001

OFFICIALS:-

Eastern Centre Steward: C Cook

Club Steward(s): R Chaplin

Clerk of the Course: G Hockey (Licence 18929)

Child Protection P.O.C.: Mrs S Mays

Secretary of the Meeting: G Mays, 55 Alan Way, Colchester, CO3 4LB
Tel: 01206 531768 email: g.mays@ntlworld.com

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Youth members of the ACU with an appropriate licence riding solo machines.

Start / Finish: Foxborough Quarry, Sible Hedingham, Essex CO9 3AN **Course:** Open Fields & Woodland.

Classes: Youth 12 to 16 years of age **Awards:** At end of series

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £30.00. Include one 9x4 SAE. Cheques to be made payable to Sudbury & DMCC Ltd

Entries Open: 4th March 2019

Entries Close: 15th March 2019

No entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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Wymondham & DMCC
Sunday 24th March 2019

Open Permit TRIAL
Blackborough End, Norfolk PE32 1NG
Roger Sivyer Trial inc B Class Champ Rd 2

Sign On: 9.30am

National Grid Reference: TF 682159

Start: 10.30am

Permit No. ACU 56003

OFFICIALS:-

Eastern Centre Steward: J Newstead

Club Steward(s): R Ayres

Clerk of the Course: P Yarham (Licence 10873)

Child Protection P.o.C.: P Yarham

Secretary of the Meeting: P Yarham, 44 Sandy Lane, Fakenham, Norfolk NR21 9EZ

Tel: 01328 862413 email: yarham44@hotmail.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Middleton Aggregates, Blackborough End, King's Lynn Norfolk PE32 1NG

Course: Sand & Stone Pit. **Routes:** red/blue 50/50, white

Classes: Expert B, Intermediate, Intermediate B, Novice, Twinshock A, B, C Youth A,B,C **Awards:** None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £15.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Wymondham & DMCC Ltd

Entries Open: 4th March 2019

Entries Close: 21st March 2019

No Entries on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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Stuart Penfold

Motorcycling has fairly strong associations with aviation – perhaps rather more so with the smaller versions of aircraft. It might be the: “wind in your hair” element, or simply the challenge and thrills both pastimes can provide. And on occasion, each can suffer the sad outcome where the daring of the rider or pilot is paid for in the fullest possible way. Such an occurrence fell upon Braintree clubman, Stuart Penfold, on 3rd of February, when his rebuilt lightweight aeroplane crashed and caught fire at Belchamp Walter, (near to Sudbury) fatally injuring Stuart.

Our sport will remember him as a major figure in the Braintree club, both as a rider in twin-shock trials on a Bultaco and in addition, as a club official, who took on various duties from Chairman through to Child Protection Officer, and Secretary of the Meeting. In recent years he was a prime mover in the setting up of the hugely successful Trial academy which has introduced a number of youngsters to the sport, and his friendly approach has been highlighted by the number of appreciative comments from the children’s parents on his facebook page. He will also be remembered for his involvement with the organisation of the Braintree: “Long Distance” off-road trials - unique in this present day – and how rightfully irked he was over the necessity to pay a fee to the RAC in order for road use to be sanctioned by them.

Stuart was a gifted engineer, being a keen restorer of old motor vehicles and he had completely rebuilt his Luton Minor monoplane – a machine which could be truthfully termed as “vintage”, being of 1938 origins. The work also entailed the fitting of a replacement engine.

At only 55, his loss will be sadly tragic for his family in particular, to whom we pass on our condolences - and also to his many friends and club mates.



ACU EASTERN - SOLO MOTOCROSS OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
 - I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
 - I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion Injury.
 - I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
 - I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
 - I consent to the collection and retention of my personal information by the ACU.
 - I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
 - I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
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 - I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.
 - **I understand and accept that if the Supplementary Regulations state the insurance cover for this event is "Basic" there is no Personal Accident cover and Liability cover in respect of any claim made by third parties is limited to £10 million and £5 million for Medical Mal-practice.**
- Premium Insurance will be assumed unless otherwise stated.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** **D.O.B**

Address: **Postcode:**

Landline (inc. area code): **Mobile:**

Email: **Expert** ☐ **Junior** ☐ **NGR** ☐ ☐

ACU Licence No: **Club:**
(The ACU affiliated club to which you belong)

Sponsor /
Machine Make: **cc** **Two Stroke** ☐ **Four Stroke** ☐

Preferred Riding No. (if available) tick have purchased this no. in the Centre's Reserved Number Scheme

Note: For electronically timed meetings all riders **MUST** purchase a reserved number for the season from www.easternacu.org

This section for meetings using
electronic timing only (see event regs)

Please tick box if you will be hiring a transponder for this event ☐

If you have your own transponder, enter its number

ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

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Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

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Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B
 Address:
 Phone No.: Email:
 ACU Licence No: Club: (The ACU affiliated club to which you belong)

Postcode:

ACU Licence No: Club: (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**
 Address: Phone:

ACU Licence No: Club: (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Contact and phone no. in the event of an emergency:

Charlie's Chat

Charlie Ralph



Alternative pages titles are
"Ralph's Ramblings"
and
"The Thoughts of Chairman Chas"

The annual Eastern Centre awards evening at Stowmarket saw a huge turn out of award winners and guests. All but one of the mx champions, from the small auto class to the adult expert champion were present, with ACU Motocross committee's John Blyth, handing out the trophies. Alan Foskew took over to give the grass track champions their awards, with Eastern chairman, Jack Hearn, doing the honours for the enduro lads. President Alan Penny gave out the many trials awards, with Lyn Berwick, (now Lyn Ralph), presenting the Dick Williams trophy deservedly to two long serving marshals, Jennifer and Dudley Ling. The trophy is for lifetime service to motorcycle sport. The Bill Spurrell cup for outstanding work throughout the year went to Kieran Doherty.

Big thanks to Lyn and Vera Hearn for once again organising the event, and Vera's photo's can be seen on the easternacu.org website.

Apart from trials meetings, which have been ongoing throughout the drab Winter months, and the first enduro event of the year at Thetford forest, which was round one of the GH sponsored Eastern championships, hosted by the busy Diss club, the month of March really kickstarts the enduro and motocross season. Round one of the Dave Barkshire sponsored two man team enduro series kicks off on the Suffolk coast at Iken, and track layout supremo, Wilf Harvey, has been busy making sure that the riders will have a good day at the Woodbridge club's event. The Woodbridge club are also running a practise motocross day on Saturday 16th, and riders will get a chance to sample the track alterations at Blaxhall.

The Sudbury club are busy sorting out their enduro meeting at Foxborough on the 17th, and on the 24th, the busy Norfolk and Suffolk crew are hosting a motocross event at Hockham. Finally, on the 31st of March, the Halstead club are holding their first motocross meeting of the year at Wakes Colne, which will include round one of the popular NGR over 30's. I hear that a few former experts have joined the series for 2019, which should see some closely fought racing.

On the motocross front, most of the region's leading riders have sorted out sponsors, and the Eastern Centre has some fine dealers who are supporting the local aces, including Gavin Hockey motorcycles from Colchester, who has a fine array of Husqvarna, Yamaha and Suzuki machines, Jim Aim, the KTM dealers from Braintree, Lings represent Suffolk and Norfolk with Huskies and Honda bikes, and Steve Atkins of Herts MX, who is again sponsoring the Eastern champion, Shaun Southgate. Many others are also helping the sport, including Stebbings car superstore at Kings Lynn, Southside, Bavins, Bowers, Dave Barkshire, and several other companies who make contributions to our sport.

I also learn that current Eastern enduro champion, and former motocross champion, Luke Parker, will concentrate most of his efforts at enduro's for 2019, and I wish this likeable lad from Norfolk all good wishes.

And so , yet another season will soon be underway, and I must admit that I still get the same buzz from the sport as I did almost 70 years ago, when I first saw the likes of Brian Stonebridge, Jack Hubbard, and Geoff Revett in action. Motocross, or Scrambling, has changed a lot since those days, but once it is in the blood, that is where it stays.

Finally, on a personal note, Lyn and I would like to thank everyone for all the cards and dozens of good wishes from so many people on our recent marriage. Thank you all so much.

Halstead & DMCC
Sunday 31st March 2019

Open Permit MOTOCROSS
Wakes Colne, CO6 2BH

Graham Garrod Memorial Motocross inc NGR Championship

Sign On: 8.00am

Practice: 10.00am

Start: After Practice - approx 11.30am

National Grid Reference: TL 890314

Permit No. ACU 55422

OFFICIALS:-

Eastern Centre Steward: A Foskew

Club Steward(s): R Game Weavers

Clerk of the Course: A Wright (Licence 187442)

Child Protection P.o.C.: M Relland

Secretary of the Meeting: K Doherty, 30 DeGreys Close, Gt Cornard, Sudbury, Suffolk CO10 0NB

Tel: 07400 527250 email: flagman.doherty@sky.com

JURISDICTION:

Held under the NSC and the Standing Motocross Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult members of the ACU riding solo machines.

Course: Undulating grassland with jumps.

Classes: Allcomers & NGR **Awards:** Graham Garrod Memorial Trophy & Prize Fund

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £45.00. Include one 9x4 SAE. Cheques to be made payable to Halstead & DMCC.

Entries Open: 4th March 2019

Entries Close: 24th March 2019

No Entries on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

The insurance cover for this event will be **BASIC** (limit of liability £10M) and Medical Malpractice insurance (limit of liability £5m) is included. There is **NO** Personal Accident Insurance for Competitors. Competitors are therefore strongly recommended to purchase such Cover - which is available through the Locktons website (www.locktonmotorsport.com) or the ACU website (www.acu.org.uk)

Norfolk & Suffolk Junior MCC
Sunday 14th April 2019

Open Permit TRIAL
Westleton, IP17 3BX

April Trial inc Norfolk & Suffolk Group Champ Rd 3

Sign On: 9.30am

Start: 10.30am

National Grid Reference: TM 444687

Permit No. ACU 56008

OFFICIALS:-

Eastern Centre Steward: tbc

Club Steward(s): tbc

Clerk of the Course: J Newstead (Licence 21726)

Child Protection P.o.C.: P Kibble

Secretary of the Meeting: P Kibble, Redwoods, Manor Rd, Garboldisham, Norfolk IP22 2SG

Tel: 07789 796456 email: patrick.kibble@barric.co.uk

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Bakers Lane, Westleton, Suffolk, IP17 3NE

Course: Woodland & Gravel Banks. **Routes:** Yellow; Red/Blue, 50/50; White; Beginners

Classes: All adult and youth solo classes **Awards:** 1st to 3rd Youth Classes (NSJMCC Members)

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £17.00 for Adults and £12.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to NSJMCC

Entries Open: 4th March 2019

Entries Close: At Start

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

Open Permit TRIAL
Gt Bromley, Essex CO7 7TP

Roger Birch Memorial Trial inc C ClassChamp Rd 1

Sign On: 9.00am

National Grid Reference: TM 083262

Start: 10.30am

Permit No. ACU 56007

OFFICIALS:-

Eastern Centre Steward: G Wakely

Club Steward(s): tbc

Clerk of the Course: C Mace (Licence 38767)

Child Protection P.o.C.: K Plummer

Secretary of the Meeting: K Plummer, Bradgate House, Crown Lane, Ixworth, Bury St Edmunds IP31 2EH
Tel: 07774 277144 email: kevin.plummer50@icloud.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN , these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Hall Farm, Hall Rd, Gt Bromley, Essex CO7 7TP

Course: 4 laps of approx 10 sections.

Classes: Pre-70, Pre-unit, Unit, Two Stroke, Twinshock, Youth

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £15.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Eastern Four Stroke Association

Entries Open: 4th March 2019**Entries Close: 30th March 2019**

Entries Accepted on the day (non champ class only). All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on. N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



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www.hwca.com/eastanglia

ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

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• I/we enclose the entry fee of: £.....

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Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

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Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Contact and phone no. in the event of an emergency:

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Jack Sheppard 07540 969 709

Email: jack@jacksheppard.co.uk

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- Nationwide delivery
 - Finance Available



SDX Motors, Westbourne Road, Ipswich

ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
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FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

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I declare as follows: I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Contact and phone no. in the event of an emergency:

Notes from the ACU Eastern Trials Forum

November 7th 2018

The 2018 Trials Forum on November 7th was attended by 37 riders or organisers representing 14 clubs, the full minutes will be posted on the ACU Eastern website, here are some points of note.

For 2019 all centre trials championships will remain the same as 2018, with the following comments

- a. Twinshock B to continue on the Red/Blue and White 50/50 route, in addition it was decided by vote championship points will be calculated for Twinshock C on the white route, there was no commitment made to have a Twinshock C trophy or award.
- b. Pre 70 B to continue as 2018, for the K2 Trials award, and if there is a route below that used by Pre 70 B then on the lower route championship points to be calculated for Pre 70 C, there was no commitment made to have a Pre 70 C trophy or award. Machine eligibility on Pre 70 B and Pre 70 C will continue to be monitored and competitors with ineligible machines will not score championship points. It is important that the ACUE Pre 70 machine eligibility rules continue to apply to Pre 70 B and Pre 70 C.
- c. As already agreed by the Trials Committee, in a single year a rider can move up and down in Twinshock and Pre 70 classes and can score points in each class if appropriate.
- d. After much discussion and a vote it was agreed not to remove the option for clubs to have a practice lap for Experts in Class A championship rounds.

Riders are reminded that entry forms need to be filled in completely and accurately including supplying ICE information.

It had recently been agreed that ACUE Stewards, when signed on as an official, can choose to ride the trial for no award or championship points.

The recommendation for 2019 is that for ACUE Championship rounds is that the entry closing date is reduced from five to two days before the event

The facebook page, "ACU Eastern Motorcycle Trials" has been established by Paul Nash and is now operating.

To encourage beginners in trials, in particular youth riders on electric bikes, it is planned to organise some training for volunteers to become ACU Approved Club level trainers, anyone interested should contact Paul Nash.

It was decided that ACUE trials championship will remain as stop allowed, Pre 70 is no-stop. For non ACUE championship rounds it was confirmed clubs can use stop allowed or no-stop. It was agreed that it would be helpful if permit applications and regulations stated what rules would apply.

The 2019 ACU Handbook was issued after the forum, and it was noted that the protest period has been reduced from 14 days to 5 days, so the following is included in the Centre handbook with regard to ACUE championship rounds, "The protest period of 5 days will be assumed to start when the results are published on the ACU Eastern website"

For 2019 the trials committee remains as for 2018 as Paul Nash and Chris Cook (Joint Chairman), Clive Dopson (Secretary), Alan Foskew (Stewards Coordinator), David Cordle (Recorder), Kevin Hood, Paul Fenn, Eddie Hood, Matthew Neale, Nick Ogden, James Newstead.

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ACU EASTERN - SOLO MOTOCROSS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
 - I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
 - I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
 - I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
 - I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
 - I consent to the collection and retention of my personal information by the ACU.
 - I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
 - I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
 - I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
 - I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.
 - I understand and accept that if the Supplementary Regulations state the insurance cover for this event is "Basic" there is no Personal Accident cover and Liability cover in respect of any claim made by third parties is limited to £10 million and £5 million for Medical Mal-practice.
- Premium Insurance will be assumed unless otherwise stated.

Don't forget to put Entry Fee here

• I/we enclose the entry fee of: £.....

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT PERSON WITH PARENTAL RESPONSIBILITY:

(COMPLETE IN BLOCK CAPITALS PLEASE) I the parent/person with parental responsibility of the above named participant, hereinafter referred to as 'my child', accept that my child may participate in the aforementioned meeting.

I declare as follows: - I have read and understood the "Acknowledgement of the risks of motorsport" which appears above. I appreciate the dangers inherent in motorsport which include the risk of death or permanent disablement. The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them. I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** **D.O.B.**

Address: **Postcode:**

Landline (inc. area code): **Mobile:**

Email: **Expert** ☐ **Junior** ☐ **NGR** ☐ ☐

ACU Licence No: **Club:**

(The ACU affiliated club to which you belong)

Sponsor / Machine Make: **cc** **Two Stroke** ☐ **Four Stroke** ☐

Preferred Riding No. (if available) tick have purchased this no. in the Centre's Reserved Number Scheme

Note: For electronically timed meetings all riders MUST purchase a reserved number for the season from www.easternacu.org

This section for meetings using electronic timing only (see event regs)

Please tick box if you will be hiring a transponder for this event ☐

If you have your own transponder, enter its number

Southend & DMCC
Sunday 7th April 2019

Open Permit TRIAL
Poles Wood, Essex CM14 5TL

Open Trial inc D Class Championship Rd 2

Sign On: 9.00am
National Grid Reference: TQ 561995

Start: 10.30am
Permit No. ACU 56004

OFFICIALS:-

Eastern Centre Steward: tbc
Clerk of the Course: P Nash (Licence 39376)
Child Protection P.O.C.: P Nash
Secretary of the Meeting: Mrs J Nash, 33 Cherry Orchard, Southminster, Essex CM0 7HE

Club Steward(s): S Smith P Owen

Tel: 07947 215648 (day) 01621 773131 (eve) email: nap148@aol.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo and sidecar machines.

Start / Finish: Poles Wood, Kelvedon Hatch, Essex CM14 5TL

Course: Wood & Sand Pit. **Routes:** Yellow; Red/Blue; White; Beginners

Classes: All adult solo, Youth A to E, & Sidecar Class Championship **Awards:** None

Entries: Entry for this event is via the ACU online entry system - Go To <https://members.acu.org.uk> LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 adult solo, £20.00 sidecar, £13.00 youth. Include one 9x4 SAE. Cheques to be made payable to Southend & DMCC Ltd

Entries Open: 7th March 2019

Entries Close: At Start

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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ACU EASTERN - TRIALS OFFICIAL ENTRY FORM

Event: Organisers:
 Venue: Date of Event:
 Permit No: **ACU** Course Lic/Cert No. (where Applicable)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such as Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or officials.
- I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I consent to the collection and retention of my personal information by the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.
- I accept responsibility for any items borrowed from the Organiser during the course of the event. These items include but are not restricted to (safety clothing, transponders, accessories). I understand that I am liable for the cost or replacement of any items lost or not returned and non-payment or non-replacement of items borrowed may affect my entry into subsequent events.
- I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

• I/we enclose the entry fee of: £.....

Don't forget to put Entry Fee here

Acknowledgement of the risks of motorsport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.
I have read the above and acknowledge that my participation in motorsport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro.

Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

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Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual responsibility with that competitor.

Rider's Surname: **First Name:** D.O.B.

Address:

..... **Postcode:**

Phone No.: **Email:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Passenger's Surname: **First Name:**

Address: **Phone:**

ACU Licence No: **Club:** (The ACU affiliated club to which you belong)

Class Entered (Tick required)

Expert ☐ Expert B ☐ Inter ☐ Inter B ☐ Novice ☐ Pre 70 ☐ Twinshock ☐

Youth A ☐ Youth B ☐ Youth C ☐ Youth D ☐ Youth E ☐ Sidecar ☐

Sponsor/Machine Make: **Engine Size (cc)**

Indicate your preferred route: Yellow ☐ 50/50 ☐ Red/Blue ☐ 50/50 ☐ White ☐ Beginners ☐

Contact and phone no. in the event of an emergency:

GW Racing
Saturday 6th April 2019

Open Permit GRASS TRACK
Gosbeck, Suffolk IP6 9SH

Spring Grass Track

Sign On: 9.00am

Practice: 12.00pm

Start: 1.30pm

National Grid Reference: TM 153558

Permit No. ACU 55625

OFFICIALS:-

Eastern Centre Steward: A Driver

Club Steward(s): tbc

Clerk of the Course: S Tyrrell

Asst C of C; A Foskew (Licence 188051)

Child Protection P.O.C.: G Wilby

Secretary of the Meeting: G Wilby, 51 Barton Road, Woodbridge, IP12 1JH

Tel: 07432 090114 email: bcgwilby@googlemail.com

JURISDICTION:

Held under the NSC and the Standing Track Racing Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult and Youth members of the ACU riding solo and sidecar machines.

Start / Finish: Manor Farm, Gosbeck, Ipswich Suffolk IP6 9SH **Course:** Approx 500m.

Classes: Adult solos: GT-140, 250cc, 350cc, 500cc, Uprights, Sidecar; 1000cc R/H.

Youth; Auto Cadets, Cadets, Junior, Inters

Awards: Youth - Trophies Adults - Prize Money

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £35.00 for Adult solos, £40.00 sidecars, and £26.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to GW Racing

Entries Open: 4th March 2019

Entries Close: 1st April 2019

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

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ACU EASTERN - GRASSTRACK OFFICIAL ENTRY FORM

Event: Organisers:
Venue: Date of Event:
Permit No: **ACU** Course Lic/Cert No. (*where Applicable*)

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

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 - I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.
 - I understand and accept that if the Supplementary Regulations state the insurance cover for this event is "Basic" there is no Personal Accident cover and Liability cover in respect of any claim made by third parties is limited to £10 million and £5 million for Medical Mal-practice.
- Premium Insurance will be assumed unless otherwise stated.

Don't forget to put Entry Fee here

- I/we enclose the entry fee of: £.....

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Don't forget to sign

Rider's signature: Please tick box if you are 18 years of age and over ☐

If applicable:

Passenger's signature: Please tick box if you are 18 years of age and over ☐

FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:

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Rider's Surname: **First Name:** **D.O.B**

Address:

..... **Postcode:**

Landline (inc. area code): **Mobile:**

Email address:

ACU Licence No: **Club:**
(*The ACU affiliated club to which you belong*)

Passenger Details (if applicable)

Surname: **First Name:** **D.O.B**

CLASS ENTERED - Delete as applicable

Solo 250cc / 350cc / 500cc / Upright or Quad **Engine make**

Sidcar 500cc / 1000cc Left hand / 1000cc Right hand **Engine make**

Youth State Class **Engine cc** **Engine make**

Preferred Riding No.

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What's on



March

3rd	Norwich Viking	Trial	Open	East Wretham
3rd	Woodbridge	Enduro	Open	Iken
10th	Braintree	Trial	Open	Spanseys Wood
16th	Woodbridge	Motocross	Practice	Blaxhall
17th	Sudbury	Enduro	Open	Foxborough
17th	Ipswich	Trial	Open	Bramford
17th	EFA	Trial	Restricted	Chattisham
24th	NSJMCC	Motocross	Open	Gt Hockham
24th	Wymondham	Trial	Open	Middleton
31st	Halstead	Motocross	NGR	Wakes Colne

Dave Barkshire MCs ACU Eastern Two Man Rd 1
ACU Eastern Trials B Class Rd 1

ACU Eastern Trials A Class Rd 2

ACU Eastern Trials B Class Rd 2

Full events calendar available on
www.easternacu.org

April

6th	GW Racing	Grass Track	Open	Gosbeck
7th	EFA	Trial	Open	Great Bromley
7th	Southend	Trial	Open	Poles Wood
7th	Woodbridge	Motocross	Open	Blaxhall
14th	Norwich Viking	Motocross	International	Lyng
14th	Sudbury	Enduro	Open	Foxborough
14th	NSJMCC	Trial	Open	Westleton
19th	Woodbridge & DMCC	Trial	Open	Blaxhall
21st	Castle Colchester	Trial	Open	Alphamstone
28th	Essex & Suffolk Border	Trial	Open	Raydon Pit
28th	Bury St Edmunds	Enduro	Open	Hawkedon

ACU Eastern Trials C Class Rd 1

ACU Eastern Trials D Class Rd 2

Bickers Lifting/Stebbing's ACUE MX Champs Rd 1

Maxxis British

Dave Barkshire MCs ACU Eastern Two Man Rd 2

Norfolk & Suffolk Group Champs Rd 3

ACU Eastern Trials C Class Rd 2

ACU Eastern Trials A Class Rd 3

ACU Eastern Trials B Class Rd 3

GH MCs ACU Eastern Enduro Champs Rd 2

Events in bold denote regs in this issue

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