

ACU EASTERN GAZETTE



Volume 60 No. 3



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2020 OFFICIALS OF ACU EASTERN

President:

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Tel: 01473 658768 e-mail: apenny@nwsltd.f9.co.uk



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(R.G) Jack Hearn 25, Quinton Road, Needham Market, Suffolk, IP6 8BP

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ACU Eastern Competitions Committee

(The President, Chairman, Vice Chairmen, Secretary &

Treasurer are ex-officio members)

Chairman: P. Armes

10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL

Tel: 01603 487061

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Alex Wright

Sub Committee Chairmen

Motocross – Charlie Ralph Enduro – Jack Hearn

Trials - Paul Nash & Chris Cook Grass Track - Alan Foskew

ACU Eastern Gazette

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ACU Eastern Web Site

www.easternacu.org

Results, Events Calendar, News, and more

I've edited a good number of issues of the gazette over the years, and have done my best to recognise the passing of so many people who have put a lot into motorcycle sport within our centre, but this issue is probably the hardest one I have had to do. This

Foreword Phil Armes



time the obituary is for a lady who I have witnessed first hand, put in over 50 years to every discipline of our sport from grass roots Trials through to Grand Prix Road Racing - my mum. Like so many others she gave her time willingly, whether it was taking an urn around to observers at Trials to

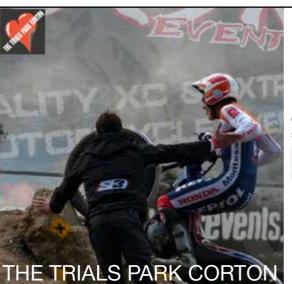
provide them with a hot drink, or handling the paperwork for a Grand Prix motocross at Lyng – so I hope you'll forgive me if I wax lyrical about her achievements in the obituary published in this issue of the gazette.

However, life does go on and it was a real pleasure to attend the Centre awards evening on February 8th and see so many competitors of all ages receive their silverware in recognition of their successes during the 2019 season; congratulations to one and all. I even came home with a trophy myself – THANK YOU to those who nominated and voted for me to receive this award.

Most of us spend our time concentrating on one or two disciplines of motorcycle sport, and it is rare that we get to witness different forms of motorsport at one venue on the same weekend; so the upcoming Dirt Track Show at the Adrian Flux Arena looks like being a terrific opportunity to do just that. Details of which are in this issue, but maybe this is an opportunity for taking the family out together and enjoying a day out without the pressure of either competing or being part of the organising team.

For those of you who are Grass Track officials and require your licence to be renewed there will be a Regional Clerk of the Course & Stewards seminar at Gt Blakenham Parish Rooms on Saturday 21st March commencing at 9.30am. If you would like to book a place please contact the Centre Secretary Lyn Ralph - lynralph@outlook.com

Fortunately one issue that doesn't rear its head too often within motorcycle sport is that of drug taking. But the ACU do, nevertheless, take it very seriously and they have notified all clubs that random testing will continue at events throughout the country during 2020. More information of which is in this gazette, but should you require any assistance or support with drug testing then the staff at ACU head office in Rugby will be able to provide the answers.



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Sign On: 9.00am Start: 10.30am National Grid Reference: TQ 561995 Permit No. ACU 58935

OFFICIALS:-

Eastern Centre Steward: tbc Club Steward(s): S Smith P Owen

Clerk of the Course: P Nash (Licence 39376)

Child Protection P.o.C.: P Nash

Secretary of the Meeting: Mrs J Nash, 33 Cherry Orchard, Southminster, Essex CM0 7HE

Tel: 07947 215648 (day) 01621 773131 (eve) email: nap148@aol.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN , these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo and sidecar machines.

Start / Finish: Poles Wood, Kelvedon Hatch, Essex CM14 5TL

Course: Wood & Sand Pit. Routes: Yellow; Red/Blue; White; Beginners
Classes: Expert; Inter; Novice; Sidecar; Beginners; Youth A to E Awards: None

Entries: Entry for this event is via the ACU online entry system - Go To https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; find the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 adult solo, £20.00 sidecar, £13.00 youth. Include one 9x4 SAE. Cheques to be made payable to Southend & DMCC Ltd

Entries Open: 4th March 2020 Entries Close: At Start

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



ACU EASTERN	- TRIALS OFFICIAL ENTRY FORM
Event:	Organisers:
Venue:	Date of Event:
Permit No: ACU	Course Lic/Cert No. (where Applicable)
This event is held under the National Sporting Code of Instructions issued for the meeting. The ACU National	the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final al Sporting Code and Standing Regulations are published annually in the ACU Handbook.
Supplementary Regulations as have or may be issued for It I declare that I am physically and mentally fit to take part in entering and its inherent risks and agree to accept the sam I confirm that I am not currently suspended from ACU perm I accept that insurance arranged on my behalf by the organ that this form may be used in litigation as evidence that any I consent to details of any injuries I may suffer at this event I consent to the collection and retention of my personal info I confirm that the machine(s) as described below which I sh on the machines for which I have entered. I confirm that if any part of the event takes place on a public equivalent legislation, and that they will comply with the reg I accept responsibility for any items borrowed from the Orga transponders, accessories). I understand that I am liable for items borrowed may affect my entry into subsequent events	understand the National Sporting Code of the ACU, the ACU Standing Regulations, such ne event, and agree to be bound by them: the event and agree to be bound by them: the event and I am competent to do so. I confirm that I understand the nature and type of event I ame notwithstanding that such risks may involve negligence on the part of the organisers or officials. Itted competition or on the ACU Stop List as a result of incurring a Concussion injury. Siers of events that I may enter specifically excludes liability between the participants. I understand serious injury will be principally the result of my voluntary decision to engage in a high risk activity. being passed between all medical services and the Clerk of the Course. The activity and the ACU. The ACU. The participants are understand to the Course of the ACU. The course of the service of th
I/we enclose the entry fee of: £	Don't forget to put Entry Fee here
disabled or suffering some other serious injury and I ack circuit owner, the promoter, the organising club, the ven serious injury I may suffer, the dominant cause of any se I have read the above and acknowledge that my part	rstand that by taking part in this event I am exposed to a risk of death, becoming permanently nowledge that even in the event that negligence on the part of the ACU, any event organiser, any se owner, or any individual carrying out duties on their behalf were to be a contributory cause of any prious injury will always be my voluntary decision to take part in a high risk activity. Icipation in motorsport is entirely at my own risk. I agree that I am required to register on the taking part in any Practice Session/Race, Trials or Enduro. Don't forget to sign
	Please tick box if you are 18 years of age and over
If applicable: Passenger's signature:	Please tick box if you are 18 years of age and over
	TION OF PARENT, PERSON WITH PARENTAL RESPONSIBILITY:
named participant, hereinafter referred to as 'my child', I declare as follows: - I have read and understood the "A ent in motorsport which include the risk of death or perr would make it unsafe for him/her to participate either as had the opportunity to read and understand the Nationa tions subsequently issued and this Entry Form and that	the parent/person with parental responsibility of the above accept that my child may participate in the aforementioned meeting. kcknowledgement of the risks of motorsport' which appears above. I appreciate the dangers inhernaent disablement. The child does not suffer from any physical, medical or mental disability which a Competitor or for Practice. I accept that it is my responsibility to ensure that the child and I have I Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instruche/she will comply with them. I accept that photographs or video films may be taken of my child gations. Photographs may also be taken for promotional purposes and may appear on the ACU
Extract from NSC Article 7.14: A parent or legal guard responsibility with that competitor.	lian of a rider or passenger participating in a competition requiring consent is deemed to bear mutual
Rider's Surname:	First Name: D.O.B
Address:	
	Postcode:
Phone No.:	Email:
ACU Licence No:	Club: (The ACU affiliated club to which you belong)
Passenger's Surname:	First Name:
Address:	Phone:
ACU Licence No:	Club: (The ACU affiliated club to which you belong)
Class Entered (Tick required) Expert Expert B Inter Youth A Youth B Youth	
Sponsor/Machine Make:	Engine Size (cc)
Indicate your preferred route: Yellow	50/50 Red/Blue 50/50 White Beginners







Ipswich MCC Sunday March 22nd 2020

Open Permit TRIAL Bures Pit, Essex CO8 5DL

Dave Bickers Trophy Trial

Sign On: 9.30am Start: 10 30am National Grid Reference: TL895341 Permit No. ACU 58936

OFFICIALS:-

Eastern Centre Steward: C Smith tbcClub Steward(s): G Timms

Clerk of the Course: D Cordle (Licence 5689)

Child Protection P.o.C.: D Cordle

Secretary of the Meeting: P Cordle, 4 Bullen Close, Bramford, Ipswich, Suffolk IP8 4JE

Tel: 01473 462274 email: the.cordles@talktalk.net

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Bures Pit, Earls Colne Rd, Bures, Essex CO8 5DL

Course: 3/4 laps of up to 12 sections. Routes: Yellow 50/50: Red/Blue: White

Classes: All solo classes. Youth A & B Awards: None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £16.00 for Adults and £13.00 for Youth, Late Entries + £4.00, Include one 9x4 SAE. Cheques/POs to be made payable to Ipswich MCC

Entries Open: 4th March 2020 Entries Close: 20th March 2020

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

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Recollection Section

Sidge Kenny

I recently heard that the Ford Motor Company had vacated and sold their administrative headquarters at Warley near Brentwood. It immediately brought my thoughts back to the old days – and probably I am going back to the 1970's or early 80's – when the Ilford Amateur MCC last ran trials in Warley woods. My recall goes back to a time when the trial would have included road work, certainly in earlier years, and I remember Warley as providing a large group of sections, which when

wet, afforded precious little grip and cost me many marks! In the 1970's, the short-lived Essex Enduro Club also ran enduro meetings there – which indicates there was a significant area of land to use there. Fords had already come to Warley during the latter days of the woods being available to us and I can recall seeing their impressively large building close by. Whether they acquired the woods also, I do not know but I understand the land will now be developed for housing.

The sad fact is that these venues, for whatever reason, are lost to the sport. However, it is by no means a recent trend. In a Centre which covers three counties from the Thames to the Wash, the erosion of usable sites has been going on for fifty years or more. As might be expected, it is Essex which has suffered most and as a regular competitor for sixty years, I can vouch for the truth of this by the "Colchester effect" - which coming from Clacton, was simply the question: were we to turn left (south) or right (north) in our van or pick-up, on a Sunday morning, to get to that week's event. In the last twenty years, it has almost been exclusively a turn to the North. The venues now available to us in Essex, are down to a mere handful. It is noteworthy that Kelvedon Hatch (Poles Wood) is still going strong, thanks to the Southend club and currently both Braintree and Chelmsford continue to run meetings – even with the loss of Broomfield pits. Halstead has hosted scramble/moto-cross events at Wakes Colne since before the war and Castle run our only trial nowadays with road work – the "Phil King". Long may these clubs continue to organise and prosper - despite the adversities.

Allied to the loss of land to run the various disciplines, is the decline in Clubs themselves. Again, most of the attrition is to the South of the Centre - in Essex - where, if I dug in to the archives I would most likely come up with thirty or more clubs, now unhappily extinct. Indeed, it is ironic to report that "Ford Sports" themselves - formed by the workers at Dagenham - ran trials and scrambles in the 1950's but oddly enough, not at Warley. As it was, Ilford, for many years, boasted two very active clubs, the Ilford Motorcycle and Light Car Club and the Ilford Amateur Motorcycle Club and both extended back to before the Second World War. One still survives according to the current handbook: the Ilford MC &LCC - but the Secretary now resides in Woodbridge. It must be a long haul to go down to Essex for club nights!

- But it's nice to see it still listed...





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ACU EASTERN - EI	NDURO OFFICIAL ENTRY FORM
Event:	Organisers:
Venue:	Date of Event:
Permit No: ACU	Course Lic/Cert No. (where Applicable)
Instructions issued for the meeting. The ACU National Spo Entry declaration: I/we the undersigned apply to enter the event descri	uto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final rting Code and Standing Regulations are published annually in the ACU Handbook. bed above and in consideration thereof:
Regulations as have or may be issued for the event, and agree to be I declare that I am physically and mentally fit to take part in the event and its inherent risks and agree to accept the same notwithstanding the I confirm that I am not currently suspended from ACU permitted comp I accept that insurance arranged on my behalf by the organisers of event form may be used in litigation as evidence that any serious injury will I consent to details of any injuries I may suffer at this event being pass I consent to the collection and retention of my personal information by I confirm that the machine(s) as described below which I shall particip machines for which I have entered.	and I am competent to do so. I confirm that I understand the nature and type of event I am entering that such risks may involve negligence on the part of the organisers or officials. etition or on the ACU Stop List as a result of incurring a Concussion injury. ents that I may enter specifically excludes liability between the participants. I understand that this perincipally the result of my voluntary decision to engage in a high risk activity. sed between all medical services and the Clerk of the Course. the ACU. ate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent.
 I accept responsibility for any items borrowed from the Organiser duritransponders, accessories). I understand that I am liable for the cost oborrowed may affect my entry into subsequent events. I confirm that I have not been refused an ACU Licence, nor had an AC 	ng the course of the event. These items include but are not restricted to (safety clothing, or replacement of any items lost or not returned and non-payment or non-replacement of items : Uticence suspended, nor have I been excluded from any ACU competition. Late the insurance cover for this event is "Basic" there is no Personal Accident cover and
I/we enclose the entry fee of: £	
disabled or suffering some other serious injury and I acknowledge circuit owner, the promoter, the organising club, the venue owner, serious injury I may suffer, the dominant cause of any serious inju	It by taking part in this event I am exposed to a risk of death, becoming permanently that even in the event that negligence on the part of the ACU, any event organiser, any or any individual carrying out duties on their behalf were to be a contributory cause of any ry will always be my voluntary decision to take part in a high risk activity. In motorsport is entirely at my own risk. I agree that I am required to register on part in any Practice Session/Race, Trials or Enduro. Don't forget to sign
	Please tick box if you are 18 years of age and over
FOR PARTICIPANTS UNDER AGE OF 18, <u>DECLARATION OF</u>	PARENT, PERSON WITH PARENTAL RESPONSIBILITY:
named participant, hereinafter referred to as 'my child', accept the I declare as follows: -I have read and understood the "Acknowlet ent in motorsport which include the risk of death or permanent dis would make it unsafe for him/her to participate either as a Compe had the opportunity to read and understand the National Sporting tions subsequently issued and this Entry Form and that he/she w	
Extract from NSC Article 7.14: A parent or legal guardian of a responsibility with that competitor.	der or passenger participating in a competition requiring consent is deemed to bear mutual
Rider's Surname: Fi	rst Name:
Address:	
	Postcode:
Phone Numbers	
	Mobile:
	0.1
Tick Class Entered	Club:(The ACU affiliated club to which you belong)
Championship Expert Expert Vets	Clubman Clubman Veteran Clubman Supervet (+50)
Machine:	
Make:	Capacity (cc)
Sponsor (if applicable)	
If TWO MAN: Partner's Name	SEPARATE ENTRY FORM REQUIRED
PLEASE INDICATE WHO WILL BE RIDING	G FIRST

Dave Barkshire Motorcycles 2 Man Championship Rd 1

Sign On: 8.00 amStart: 10.00amNational Grid Reference: TL 803318Permit No. ACU 58937

OFFICIALS:

Eastern Centre Steward: tbc Club Steward(s): R Chaplin

Clerk of the Course: R Roper (Licence 70315)

Child Protection P.o.C.: Mrs S Mays

Secretary of the Meeting: G Mays, 55 Alan Way, Colchester, CO3 4LB

Tel: 07906 092513 email: grahammays787@gmail.com

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Halstead Hills, Sible Hedingham, Essex CO9 1UH

Course: Open Fields & Woodland.

Classes: Championship, Expert, Clubman Awards: At end of Championship

Entries: Entry for this event is via the ACU online entry system - Go To https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; fiind the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £49.00. Include one 9x4 SAE. Cheques to be made payable to Sudbury & DMCC Ltd

Entries Open: 4th March 2020 Entries Close: 27th March 2020

No entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride



Motocross Memories Part 4 - Charlie Ralph

The early 1970's saw me spectating almost every Sunday at lots of circuits in the Eastern Centre. I became acquainted with people who were running the meetings, such as Dennis Slaughter of the Norwich Vikings, who, along

with Halstead's Albert Carter, no nonsense Fred Thompson of the Diss club, and "bowler" John Read of the Woodbridge club, were well respected by riders and fans alike. Cadders Hill at Lyng seemed much steeper in 1971, where Norman Messenger won the main final, chased by youngster, Richard "Tubby" Hughes. At Wattisfield a year earlier, I had my first glimpse of the great looking Tom Kirby Mettisse on which Brian Atkinson rode to victory ahead of Jim Aim. John Pease was staying loyal to the Greeves, and won the 250cc final.

At West Stow Heath, the Eastern Centre team won the Inter Centre award for the second time in 1970. The team members were John Banks, Jim Aim, Freddy Mayes and Adrian Yallop, with team manager Albert Carter. The South Eastern Centre, led by Vic Eastwood and kiwi Ivan Miller were runners up. The Eastern Centre actually won the Intercentre title three more times in the 1970,s. Adrian Yallop, now riding the 410cc Twostroke AJS was probably the most underestimated rider at the time.

He was never very good at making the start, but had an uncanny knack of effortlessly battling through the pack and had many victories during that period. I recall a great ride from Adrian at Blaxhall in 1971, where he overtook all of the leading riders at the time, to snatch victory from John Pease to win the allcomers final.

Wymondham & DMCC Sunday 29th March 2020 Open Permit TRIAL Blackborough End, Norfolk PE32 1NG

Roger Sivyer Trial inc Class B Championship

Sign On: 9.30am Start: 10.30am
National Grid Reference: TF 682159 Permit No. ACU 58938

OFFICIALS:-

Eastern Centre Steward: J Newstead Club Steward(s): R Ayres

Clerk of the Course: C Dopson (Licence 10873)

Child Protection P.o.C.: P Yarham

Secretary of the Meeting: P Yarham, 44 Sandy Lane, Fakenham, Norfolk NR21 9EZ
Tel: 01328 862413 email: yarham44@hotmail.com

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN , these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Middleton Aggregates, Blackborough End, King's Lynn Norfolk PE32 1NG

Course: Sand & Stone Pit. Routes: Red/Blue 50/50; White

Classes: Expert; Expert B.; Intermediate; Intermediate B; Novice,; Pre-70; Twinshock A, B & C; Youth A,B,C

Awards: None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00 for Adults and £15.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Wymondham & DMCC Ltd

Entries Open: 5th March 2020 Entries Close: 25th March 2020

No entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

Late Entries Only Accepted if Observer Provided

My first visit to the Little Wratting circuit was in 1970 where Freddie Mayes, now on CZ machinery, took the win from Atkinson and Hughes. For a time, Richard Hughes from Maldon was expected to be the next Eastern star name, and was certainly very quick, especially when riding the Spanish Montessa, but was also prone to crashing, and by the mid 1970's, he had one crash too many, and was forced to retire from the sport.

The Lowestoft club had a great venue on Lord Somerleyton's land at Herringfleet Hills, and my first visit was in 1970, where Freddie Mayes won the St. Nicolas Grand National from Stuart Nunn and Hughes.

from Stuart Nunn and Hughes.

In 1972. I made my first visit to



Stebbing where the Dunmow club were the hosts. Braintree's John Pease was almost unbeatable at Stebbing, and duly won the main final. He was the favourite to win the 250cc race also, but Adrian Yallop had other idea's, and got the better of Pease on the final lap to take the win. In the same year, the Newmarket club held a one off meeting on Lord Rothchilds estate at Rushbrook Park, near Bury St. Edmunds, and newly married Trevor Harvey won the experts race, cheered on by his ever present good lady, Rachel. Marriage must have suited Trevor, as he also finished second to John Pease in the allcomers final.

There were several other guys who were making expert grade at around that time, including Geoff Mayes, Mike Lanham, Bob Harvey, Kevin Plummer and Dennis Slaughter's shop manager, Ray Parker, along with the Bavin Yamaha's of Paul Aldridge and Peter Bavin,but by the mid to late 70's, several of the Eastern favourites such as Peter Smith, Messenger, Tim Robinson, Pease, and others were calling it a day. The once proud British motorcycle industry was coming to an end, and the Japanese manufacturers, led by Suzuki, were taking over, and even the trusty CZ had met its match. Reaching the twilight of his great career, Dave Bickers armed himself and his great friend Chris Ginn with 370cc Suzuki's for one final fling, and although Chris had chalked up many victories earlier in his career, continued to clock up wins for a time.

I must mention Geoff Mayes in my notes. He started out on CZ'S, and competed with elder brother Freddie and Stuart Nunn, but it soon became obvious that Geoff was a bit special. He was such a neat rider, and later became a role model to the emerging youth talent, who would eventually become the new generation of top riders in the Centre. The main opposition to the Japanese bikes, apart from Husqvarna, was now the German built Maico. West Country's Badger Goss was the importer for Maico's, and persuaded Dennis Slaughter to cover the Eastern region. Dennis signed up Geoff Mayes as well as Ray Parker, and Geoff became one of the top riders in the UK, his crowning glory was winning the British title in 1980. Myself and two

ACU EASTERN -	TRIALS OFFICIAL ENTRY FORM
Event:	Organisers:
Venue:	Date of Event:
Permit No: ACU	Course Lic/Cert No. (where Applicable)
	Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final porting Code and Standing Regulations are published annually in the ACU Handbook.
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	Please tick box if you are 18 years of age and over
If applicable: Passenger's signature:	Please tick box if you are 18 years of age and over
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Rider's Surname:	First Name:
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Phone No.:	Email:
ACU Licence No:	Club: (The ACU affiliated club to which you belong)
Passenger's Surname:	First Name:
Address:	Phone:
ACU Licence No:	Club: (The ACU affiliated club to which you belong)
Class Entered (Tick required) Expert Expert B Inter [Youth A Youth B Youth C	Inter B Novice Pre 70 Twinshock Youth D Youth E Sidecar
Sponsor/Machine Make:	Engine Size (cc)
Indicate your preferred route: Yellow	50/50 Red/Blue 50/50 White Beginners

car loads of my mates shouted ourselves hoarse as we willed Geoff to victory over the tough little Welshman, Andy Roberton, in the final round at the Fox and Hounds circuit at Newbury, to take the title. Dennis had the biggest smile I had ever seen!

Other riders were establishing themselves on the Eastern circuits in the mid 70's, Notably the slightly built Jonathan Wright, who came quickly through the ranks to become another top National rider. First of all on Team Green's Kawasaki, then on the Beamish Suzuki team. Many people forget that the Suffolk lad won the British 125 and 250 titles. Another Suffolk lad was also making a name for himself locally.

A protege of Adrian Yallop, Laurie Bird was such a smooth, neat rider, firstly on AJS bikes, and then on the Bultaco, Laurie soon became one of the top riders in the centre. He was also a really good trials rider, and during the Winter months, I used to marvel at watching him and the late Eddie Cordle, along with the legendary Doug Theobald,

Before the emergence of the young 1980's stars, I must mention another young rider who had many victories during the late 1970's, the son of the 1950's favourite, Ron Argent. Ronnie junior rode for the Halstead club, and soon became a leading centre star. Later on, he rode at National events, but in my opinion, retired too early to concentrate on the family farm near Haverhill.

So, the end of another great era of motocross, and although the 1960's and 1970's were considered as the best times for watching the sport, the 1980's would almost equal those heady years with a new group of former youth riders.



ACU EASTERN -	TRIALS OFFICIA	AL ENTRY FORM	l	
Event:	Organisers:			
Venue:	Date of Event:			
Permit No: ACU	Course Lic/Cert No. (wh	nere Applicable)		
This event is held under the National Sporting Code of th Instructions issued for the meeting. The ACU National	Sporting Code and Standing Re	gulations are published annually		
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I/we enclose the entry fee of: £	Don't for	get to put Entry Fee	here	Conf no. i eme
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ACU Licence No:				
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Sponsor/Machine Make:		Engin	ne Size (cc)	

Red/Blue

50/50

White

Beginners

Indicate your preferred route: Yellow 50/50

The ACU have issued a reminder that they will continue to carry out random drug testing around the country during this year. Should any club wish to obtain Saliva Drug test packs they can be

ACU Drugs Testing

ordered from ACU House. These are sold at cost price (£12.00) plus postage and packaging. Below is an extract from the ACU Handbook with reference to the testing for recreational drugs.

National Sporting Code

9.09 Medical Examination/Testing

- 1. At any time during an event the Race Director/Clerk of the Course or the Chief Medical Officer may request a Medical Examination or an Approved Swab Test to be carried out on any competitor or Official to test for the use of recreational drugs. Should a test prove positive, the competitor/Official will be disqualified/suspended from any form of competition/their respective activities for the remainder of that event. Any competitor or Official who refuses to participate in a medical examination/approved Swab Test will be disqualified/suspended from any form of competition/their respective activities for the remainder of that event. Details of any medical examination/testing/non-compliance to examination/testing will be reported to ACU Headquarters. On receipt of such a report, ACU Headquarters may decide to:
- Request the individual to undergo further tests, the costs associated with any test to be borne by the competitor/Official.
- Suspend the competitor/Official from further ACU competition/ACU activity for a period of time not exceeding those penalties outlined in NSC 9.07.
- Convene a Sport Committee Hearing/Court of Enquiry in accordance with NSC Chapter 10.



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ACU EASTERN -	TRIALS OFFICIAL ENTRY FORM	П
Event:	Organisers:	
Venue:	Date of Event:	
Permit No: ACU	Course Lic/Cert No. (where Applicable)	
	e Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Sporting Code and Standing Regulations are published annually in the ACU Handbook.	
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ACU Licence No:	Club: (The ACU affiliated club to which you belong)	
Class Entered (Tick required) Expert		
Sponsor/Machine Make:	Engine Size (cc)	
Indicate your preferred route: Yellow	50/50 Red/Blue 50/50 White Beginners	



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ACU EASTERN	- TRIAL	S OFFICIAL ENTRY FORM	
Event:	Organise	rs:	
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ACU Licence No:	. Club:	(The ACU affiliated club to which you belong,)
Class Entered (Tick required) Expert Expert B Inter Youth A Youth B Youth C	_	ter B Novice Pre 70 Twinshock Youth D Youth E Sidecar	
Sponsor/Machine Make:		Engine Size (cc)	
Indicate your preferred route: Yellow	50/50	Red/Blue 50/50 White Beginners	s 🔲

Eastern Four Stroke Association Sunday 5th April 2020

Open Permit TRIAL Gt Bromley, Essex CO7 7TY

Roger Birch Memorial Trial inc Class C Championship

Sign On: 8.30am Start: 10.30am National Grid Reference: TM 083262 Permit No. ACU 58939

OFFICIALS:-

Eastern Centre Steward: E Hood Club Steward(s): tbc

Clerk of the Course: C Mace (Licence 38767)

Child Protection P.o.C.: K Plummer

Secretary of the Meeting: K Plummer, Bradgate House, Crown Lane, Ixworth, Bury St Edmunds

Suffolk IP3 12EH Tel: 07774 277144 email:

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult members of the ACU riding solo machines.

Start / Finish: Hall Farm, Hall Rd, Gt Bromley, Essex CO7 7TP

Course: 4 laps of 10 sections. Routes: Red/Blue 50/50; White

Classes: Pre-70; Pre-unit; Unit; Two Stroke; Twinshock, Awards: None

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £15.00. Include one 9x4 SAE. Cheques/POs to be made payable to Eastern Fourstroke Association

Entries Open: 4th March 2020 Entries Close: 29th March 2020

Entries Accepted on the day (non champ class only). All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

N&SJMCC Open Permit TRIAL Sunday 5th April 2020 Santon Downham, Norfolk IP27 0TX

Open Trial

Sign On: 9.00am Start: 10.30am National Grid Reference: TL837870 Permit No. ACU 58940

OFFICIALS:-

Eastern Centre Steward: tbc Club Steward(s): tbc

Clerk of the Course: J Newstead (Licence 21726)

Child Protection P.o.C.: P Kibble

Secretary of the Meeting: P Kibble, Redwoods, Manor Rd, Garboldisham, Norfolk IP22 2SG

Tel: 01953 681074 email: patrick.kibble@barric.co.uk

JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult & Youth members of the ACU riding solo machines.

Start / Finish: Little Lodge Farm, Santon Downham, Norfolk IP27 0TX

Course: Banks and Ditches 4 laps of 10 sections. Routes: Yellow; Red/Blue, 50/50; White; Beginners

Classes: All Adult & Youth solo classes Awards: 1st to 3rd Youth Classes

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £17.00 for Adults and £10.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to N&SJMCC

Entries Open: 4th March 2020 Entries Close: At Start

Entries Accepted on the Day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

When Marie Bell married Colin Armes in September 1958 the thought of being involved in motorcycle sport over the next sixty years was probably the last thing on her

Marie Armes19th Sept 1931 – 15th Feb 2020

mind. But a honeymoon on the Isle of Man at the Manx Grand Prix, when her new husband promptly signed on as a marshall, and then subsequently arranged for her to sign on as first aid, as she was a nurse by profession, should have given her a rather large clue!

She left school in 1946 and began working at the local hospital before heading off to the University College Hospital in London to train as a nurse. The big city was a far cry from the rural ideal of Beccles but it not only gave Marie a sound profession it also meant she experienced many different cultures and people of varying nationalities which would stand her in good stead when she later moved into the world of organising major International motorcycle events.

Marie was at Colin's side as he competed in a variety of competitive motorcycle events and it wasn't long before she was 'roped in' to helping out with the organisational side of the sport. Whether it was observing at Trials, or latterly, carrying out admin duties for the 'Scrambles' at Lyng in the morning, before moving across the track to lapscore the races in the afternoon. During the late sixties the couple took on the mantle of organising all the big road race events at Snetterton in Norfolk, including the Race of Aces and Transatlantic Trophy Races which were the flagship meetings of their time.

This subsequently led to taking up senior positions at the Isle of Man TT Races, and the British Grand Prix at Silverstone. Marie not only proved to be a very able lieutenant to Colin, but rose to be a senior official in her own right, and stepped into the breech to save the ACU's blushes to carry out all the administration and preparation for the TT and Grand Prix when the road race secretary resigned at short notice – commuting to London on a weekly basis.

Her nursing background once more came to the fore when she became the welfare officer at the TT races, providing support to families and pit crews when their rider had been involved in a serious accident: and on other occasions she travelled abroad to escort injured British riders back to the UK. However, she was never one to make a fuss about this aspect of her activities, including the fact that she was acknowledged as the person whose prompt action saved the life of Barry Sheene when he had his major accident at Silverstone in 1982. At no time, either then or since, did she admit to playing such a major part in helping Barry, and it was only in 2007 that her actions were fully recognised in the book 'Barry' written by Nick Harris and Steve Parrish.

Despite working at the very top of motorcycle organisation in the UK, and beyond, Marie never lost touch with the grass roots of the sport. She was



Marie with Barry Sheene, subsequent to his recovery from the Silverstone crash.

a Vice President and Honorary Life Member of the Eastern Centre of the ACU and continued to carry out a number of administration activities; whether it was processing permit applications for local events, taking an active part in the running of the Centre, or helping with the 'signing on' of riders at motocross meetings. Nothing was too trivial, and if something needed doing, then she would do it – there is no doubt that she will be missed by many, and leaves an awfully big pair of footprints to follow in.

	NDURO OFFICIAL ENTRY FORM
Event:	Organisers:
Venue:	Date of Event:
Permit No: ACU	Course Lic/Cert No. (where Applicable)
Instructions issued for the meeting. The ACU National Spo.	uto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final rting Code and Standing Regulations are published annually in the ACU Handbook.
Entry declaration: I/we the undersigned apply to enter the event descrit I declare that I have had the opportunity to read, and that I understand Regulations as have or may be issued for the event, and agree to be I declare that I am physically and mentally fit to take part in the event a and its inherent risks and agree to accept the same notwithstanding th I confirm that I am not currently suspended from ACU permitted comp I accept that insurance arranged on my behalf by the organisers of event many be used in litigation as evidence that any serious injuny it I consent to details of any injuries I may suffer at this event being pass I consent to the collection and retention of my personal information by Confirm that the machine(s) as described below which I shall particip; machines for which I have entered. I confirm that if any part of the event takes place on a public highway, legislation, and that they will comply with the regulations in respect the I accept responsibility for any items borrowed from the Organiser durir transponders, accessories). I understand that I am liable for the cost o borrowed may affect my entry into subsequent events. Confirm that I have not been refused an ACU Licence, nor had an AC	ped above and in consideration thereof: Ithe National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary bound by them. and I am competent to do so. I confirm that I understand the nature and type of event I am entering at such risks may involve negligence on the part of the organisers or officials. eitition or on the ACU Stop List as a result of incurring a Concussion injury. einits that I may enter specifically excludes liability between the participants. I understand that this be principally the result of my voluntary decision to engage in a high risk activity. ed between all medical services and the Clerk of the Course. the ACU. ate on shall be suitable and proper for the purpose. I confirm that I am eligible to compete on the the machine(s) described below shall be insured as required by the Road Traffic Acts, or equivalent reof. In the ACU is the expectation of the course of the event. These items include but are not restricted to (safety clothing, replacement of any items lost or not returned and non-payment or non-replacement of items U Licence suspended, nor have I been excluded from any ACU competition.
I/we enclose the entry fee of: £	Don't forget to put Entry Fee here
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Rider's signature:	Please tick box if you are 18 years of age and over
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If TWO MAN: Partner's Name	SEPARATE ENTRY FORM REQUIRED
PLEASE INDICATE WHO WILL BE RIDING	FIRST

Woodbridge & DMCC Friday 10th April 2020

Open Permit TRIAL Westleton, Suffolk IP17 3AZ

Good Friday Trial inc Class C Championship

Sign On: 9.00am Start: 10.00am National Grid Reference: TM445685 Permit No. ACU 58941

OFFICIALS:

Eastern Centre Steward: A Foskew Club Steward(s): W Harvey & P Levermore

Clerk of the Course: | | Barfield (Licence 123652)

Secretary of the Meeting: T Andrews, 7 Metfield Rd, Fressingfield, Eye, Suffolk IP21 5QF

& Child Protection P.o.C Tel: 07803 270853 (day) 01379 586016 (eve) email: tjandrews12@sky.com JURISDICTION:

Held under the NSC and the Standing Trials Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult and Youth members of the ACU riding solo machines.

Start / Finish: Bakers Lane Pit, Westleton, Suffolk IP17 3AZ

Course: Woodland & Gravel sections. Routes: Yellow; Red/Blue; White

Classes: Pre-70, Pre-unit, Unit, Two Stroke, Twinshock

Awards: Margaret & Kenny Shield to best Woodbridge Club member

Entries: Must be on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £17.00 for Adults and £15.00 for Youth. Include one 9x4 SAE. Cheques/POs to be made payable to Woodbridge & DMCC.

Entries Open: 10th March 2020 Entries Close: 6th April 2020

No Entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

Bury St Edmunds & DMCC Sunday 19th April 2020

Open Permit ENDURO Hawkedon, CO10 8LU

Dave Barkshire Motorcycles 2 Man Championship

Sign On: 08.30am Start: 10.00am National Grid Reference: TL 788534 Permit No. ACU 58707

OFFICIALS:-

Eastern Centre Steward: tbc Club Steward(s): B Bowers

Clerk of the Course & Child Protection P.o.C: N Sargent (Licence 6004)

Secretary of the Meeting: L Taylor, c/o Rhencullen, The Street, Wyverstone, Stowmarket, Suffolk IP14 4SJ

Tel: 07980 939162 email:

JURISDICTION:

Held under the NSC and the Standing Enduro Regulations of the ACU and ACU EASTERN, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to Adult members of the ACU with an appropriate licence riding solo machines.

Start / Finish: Windolphs Farm, Hawkedon, Suffolk CO10 8LU Course: Fields, Woods & Ditches.

Classes: Championship, Expert, Clubman, Sportsman Awards: At end of Championship

Entries: Entry for this event is via the ACU online entry system - Go To https://members.acu.org.uk LOGIN or REGISTER then go to 'Search for an Event'; fiind the event and follow process to enter. As an option, entries may be made on the OFFICIAL ENTRY FORM and sent to the Secretary of the Meeting with a fee of £55.00. Include one 9x4 SAE. Cheques to be made payable to Bury St Edmunds & DMCC Ltd

Entries Open: 16th March 2020 Entries Close: 15th April 2020

No entries on the day. All Entrants, Riders or Passengers must be prepared to produce their current Licence/ Trials Registration when signing on, N.S.C.7.11

ENVIRONMENTAL MATS - USE THEM or you may lose your ride

The insurance cover for this event will be BASIC (limit of liability £10M) and Medical Malpractice insurance (limit of liability £5m) is included. There is NO Personal Accident Insurance for Competitors. Competitors are therefore strongly recommended to purchase such Cover - which is available through the Locktons website (www.locktonmotorsport.com) or the ACU website (www.acu.org.uk)



Charlie's Chat Charlie Ralph

The annual Eastern ACU awards evening at Needham Market on the 8th of February saw an excellent turnout of most of the award winners for the various offroad disciplines present.

Unfortunately, some of the 2019 enduro winners were absent, due to several of them heading to Hampshire for the first round of the British Championships.

Around twenty awards went to the trials section, kindly presented by the Centre president, Alan Penny. Diss club's Richard Snowden picked up three

trophies for his efforts in 2019, and it was good to see former British Championship contender, Jack Sheppard, collecting the Eastern experts Derry Preston Cobb trophy. Brandon Youngman received a big cheer when he was handed the Halstead Challenge Trophy, as was youngsters, Fraser Arden and Jacob Lowen. Rita Lea deservedly won the Sheppard Douglas observers award.

Alan Foskew kindly handed out the grass track awards which saw young Archie Rolph winning the Dusty Miller trophy for the best youth rider.

The Eastern Centre chairman, Jack Hearn, was on hand to give out the enduro awards, and with the 2019 Eastern enduro champion, Luke Parker, racing at Hawkstone Park, his dad, Ray, kindly accepted the trophy on his behalf, before making an overnight dash to the Shropshire circuit.

The motocross winners were well represented, and Paul Bickers kindly handed out the awards. All of the five youth winners attended, and rising star Will Farrow probably has won his final youth trophy as he moves onto the adult scene this year. Max Bickers was on hand to collect both the Eastern junior and MX2 junior trophies, and Matt French won the over 40's cup for the second year.

The Woodbridge trophy for the expert MX2 champion was won by Calum Mitchell, who had given his apologies earlier, as he was competing at Hawkstone.

It was also good to see Lewis Tombs deservingly taking home the Eastern experts trophy, which has the names of all the Eastern champions going back to 1956.

The Bill Spurrell award for outstanding services to the Centre went to Phil Armes, and The Dick Williams Trophy for lifetime achievement was presented to Alan Penny.

Special thanks go to Tammy Hubbard and her team for the excellent food, to Southside Motocross, GH Motorcycles and Jim Aim for donating the raffle prizes, and to all of those who also donated prizes.

Thanks to Paul Sewter for taking the pics, to Alex Wright and Alan Foskew for their invaluable help, and to Vera and Jack Hearn, despite Vera only just recovering from a knee operation. Also to Andrew Hay for sorting out the engraving of around sixty trophies and replicas. Finally, none of this would have taken place without Lyn Ralph, who had worked tirelessly for a couple of months to make this happen.

Apparently the Phil King National trial was successful again, despite storm Ciara doing its best with strong winds and heavy showers, so well done to the Castle Colchester club for getting the job done.

The Hawkstone International motocross also went ahead despite atrocious conditions, and the two Norfolk riders, Luke Parker and Calum Mitchell, both had decent results. Several Eastern region riders competed in the British Championship enduro round in Hampshire, and I noted that Daniel Willis, Tom Sargent and Joe Phillips all finished in the top ten in the clubmans class. Apparently young Jacob Roper was going well earlier on, but had his share of problems during the day.



The Norfolk and Suffolk Junior Club reluctantly cancelled their first meeting of the year at Hockham on February 23rd, due to the forecast of high winds. After consulting with the Forestry Commission, and the fact that youngsters would be competing, the club had to make the decision during the previous week. Obviously, if they had cancelled later, it would have incurred quite a cost to the club for first aid etc.

At the time of writing, the GH sponsored enduro at Thetford forest was still going ahead with a big entry of riders. The Diss club had been very busy setting up the course with limited time, as they were not allowed to go into the forest until the final week, due to the strong winds.

Hopefully the weather will start to get better for the month of March, as several events are planned. On the 7th, the Woodbridge club are hosting a motocross practise day at Blaxhall, followed by a Sudbury club enduro meeting at Foxborough on the 8th. Halstead are planning a practise day at Wakes Colne on the 14th, and the Norfolk and Suffolk club will be trying again at Hockham on the 15th.

On the 22nd of March, the Littleport club are holding their first ever motocross meeting at Chatteris, and are looking for more entries, and the busy Sudbury team are running a two man enduro at Halstead Hills on the 29th. Finally, on April 5th, the Halstead club will be hosting round one of the Eastern Motocross Championships at Wakes Colne.

Ending on a sad note, the Eastern Centre has recently lost yet another stalwart with the passing of Marie Armes. For many years, Marie and her late husband Colin worked tirelessly for our Centre, filling many roles. Our thoughts go to Phil and Helen at this very sad time.



Chartered Accountants & Business Advisers for the Eastern Centre

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Awards Evening

7th-8th MARCH - KING'S LYNN STADIUM, PE34 3AG





























What's on



1st	Norwich Viking	Trial	Open	East Wretham	
7th	Woodbridge	Practice	Open	Blaxhall	
8th	Braintree	Trial	Open	Gosfield	ACU Eastern 'B' Class Trials Championship
8th	Sudbury	Enduro	Open	Foxborough	Endurothon
15th	NSJMCC	Motocross	Open	tbc	
15th	Southend	Trial	Open	Poles Wood	ACU Eastern 'D' Class Trials Championship
15th	EFA	Trial	Restricted	Chattisham	
22nd	lpswich	Trial	Open	Bures Pit	
22nd	Littleport	Motocross	Open	Chatteris	NGR
29th	Wymondham	Trial	Open	Middleton	ACU Eastern 'B' Class Trials Championship
29th	Sudbury	Enduro	Open	Halstead Hills	Dave Barkshire 2 Man Enduro
April					
5th	EFA	Trial	Open	Gt Bromley	ACU Eastern 'C' Class Trials Championship
5th 5th	EFA NSJMCC	Trial Trial	Open Open	Gt Bromley Santon Dow	
1			•	Santon Dow	
5th	NSJMCC	Trial	Open	Santon Dow	nham
5th 5th	NSJMCC Halstead	Trial Motocross	Open Open	Santon Dow Wakes Colne	nham Bickers Lifting Solo MX Champs
5th 5th 10th	NSJMCC Halstead Woodbridge	Trial Motocross Trial	Open Open Open	Santon Dow Wakes Colne Westleton	nham Bickers Lifting Solo MX Champs C Class
5th 5th 10th 11th	NSJMCC Halstead Woodbridge NSJMCC	Trial Motocross Trial Motocross	Open Open Open Open	Santon Dow Wakes Colne Westleton Gt Hockham	nham Bickers Lifting Solo MX Champs C Class ACU Eastern Youth MX Champs
5th 5th 10th 11th 12th	NSJMCC Halstead Woodbridge NSJMCC NSJMCC	Trial Motocross Trial Motocross Motocross Motocross	Open Open Open Open Open	Santon Dow Wakes Colne Westleton Gt Hockham Gt Hockham	nham Bickers Lifting Solo MX Champs C Class ACU Eastern Youth MX Champs ACU Eastern Youth MX Champs
5th 5th 10th 11th 12th 12th	NSJMCC Halstead Woodbridge NSJMCC NSJMCC Norwich Viking	Trial Motocross Trial Motocross Motocross Motocross	Open Open Open Open Open Open Internat'l	Santon Dow Wakes Colne Westleton Gt Hockham Gt Hockham Lyng	nham Bickers Lifting Solo MX Champs C Class ACU Eastern Youth MX Champs ACU Eastern Youth MX Champs MXGB British Champs
5th 5th 10th 11th 12th 12th 19th	NSJMCC Halstead Woodbridge NSJMCC NSJMCC Norwich Viking Bury St Edmunds	Trial Motocross Trial Motocross Motocross Motocross Enduro	Open Open Open Open Open Open Open Open	Santon Dow Wakes Colne Westleton Gt Hockham Gt Hockham Lyng Hawkedon	nham Bickers Lifting Solo MX Champs C Class ACU Eastern Youth MX Champs ACU Eastern Youth MX Champs MXGB British Champs Dave Barkshire 2 Man Enduro

Event in bold denotes regs in this issue Full events calendar available on www.easternacu.org

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