

2021
July



ACU EASTERN GAZETTE



Volume 61
No. 6



Two shots from the GH Mcs ACU Eastern Enduro R3 at Little Hadham. Helper, Ryan McDonnell gets down and dirty while John Hilton looks like he has just ridden out of the dealer's showroom. Photos by Paula Day.

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22 nd August	Diss MCC	Enduro	Covid-19 Restricted	Wattisfield Hall	14,15,16

www.easternacu.org

2021 OFFICIALS OF ACU EASTERN



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ACU Eastern Competitions Committee

(The President, Chairman, Vice Chairmen, Secretary & Treasurer are ex-officio members)

Chairman: P. Armes

10 Tremaine Close, Hellesdon, Norwich, Norfolk, NR6 5EL
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Other Elected Members:- Charlie Ralph, Alex Wright, Chris Cook, Martin Beadle

Sport Committee Chairmen

Motocross – Charlie Ralph *Enduro* – Jack Hearn
Trials – Paul Nash *Grass Track* – Alan Foskew

ACU Eastern Gazette

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ACU Eastern Web Site

www.easternacu.org

Results, Events Calendar, News, and more



Other than the Trials discipline, who have always done things 'their way' with regard to entries on the day, registration cards instead of licences and so on, it is interesting to see that most of the

clubs who are back up and running events, have embraced the old ways of doing things, with the availability of new technology. By that I mean the online entry system is being used almost universally and entry opening and closing dates are being closely adhered to; and I do understand that many of the last minute entry shenanigans have been to do with getting in as much finance as possible, the new 'old ways' have given back a sense of control to the organisers which has been hard to get hold of in recent years. Long may it continue, and hopefully we can refine things even more to make the whole process even easier for both competitor and organiser.

It has been so encouraging to see lots of bums on bikes over the past month or two, and judging by the way the calendar is now stable and full there is lots to look forward to. Centre championship motocross has been highly competitive, as have the EVO's and NGR's; the Enduro championship at Hadham was it's usual busy affair, and the track racing guys have also had a busy month, so it's all looking fairly positive – just remember we are still under some Covid related restrictions and it would be a shame to set ourselves back now when we are so close to getting back to a restriction free environment.

On the Enduro front I have, just as we were going to print, been made aware that the Braintree Club are entering a team in the ISDE in Italy in August. They have been allocated a place as a last minute replacement for a club that has had to withdraw so Mark Hughes and Deb Harvey have put together a team and will be heading off to Lombardy-Piedmont - I wish them all a successful event, (and expect a full report with pictures for the October issue of the gazette!!)

I don't want to get all political, it's just not me, but what a farce the current situation is with regard to the number of spectators allowed to attend events. I enjoy most sports, and have a particular passion for two which seem to have been given completely different sets of standards to work to. Football fans have, and are to be allowed to attend in total up to 60,000 for the semi finals and final of the Euros at Wembley – a confined stadium with a capacity of 80,000; British (and World) Superbike events at Oulton Park (& Donington Park) are restricted to 4,000 and Knockhill in Scotland 1,000 - outdoor sites that cover up to 200 acres. It makes no sense whatsoever.

But it isn't it good to see the British Superbikes back up and running, especially with MotoGP now going into their five week summer break. The line-up for the domestic series this season looks as competitive as ever, and I expect we will see a number of new riders come to the fore.

Foreword

Phil Armes



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SUDBURY MCC LTD

Dave Barkshire Motorcycles Chappel 2 Man Enduro 25th July 2021

ACU PERMIT NO: 61115

To be held on July 25th 2021 at Oaklands Farm Oak Road Chappel Essex CO6 2EJ

Grid Reference:- TL886274. Signposted from A1124, Colchester to Halstead Road. Start Time:- 10.00

OFFICIALS: Clerk of the course:- Mr G Hockey Scrutineer:- J Hart Club Steward:- Mr R Chaplin

Secretary of the Meeting:- Mr G Mays, 55 Alan Way, Colchester, Essex . CO3 4LB

JURISDICTION- This is an open permit event held under the NSC & SER's of the ACU.

EVENT- Solo Enduro for adults riding as a two man team. Junior one hour Hare and Hounds to start after the adult event. Each rider must ride for a minimum of 30 minutes and have their time card marked before handing over to their team mate. Each team will consist of 2 people. Transponders will be required for each rider.

CLASSES: - Championship, Expert, Clubman.

COURSE- Natural terrain covering open fields, ditches and woodland. Lap length approx. 3 miles

MACHINES- Restricted to solo Enduro/ Motocross bikes. Competition plates with colours specific to the class front and both sides. Any tyres may be used..

NOISE- Must not exceed 94 db. The clerk of the course may exclude any machine he considers to be excessively noisy. A noise test may be carried out.

ENTRIES- To be made via the ACU online entry system.

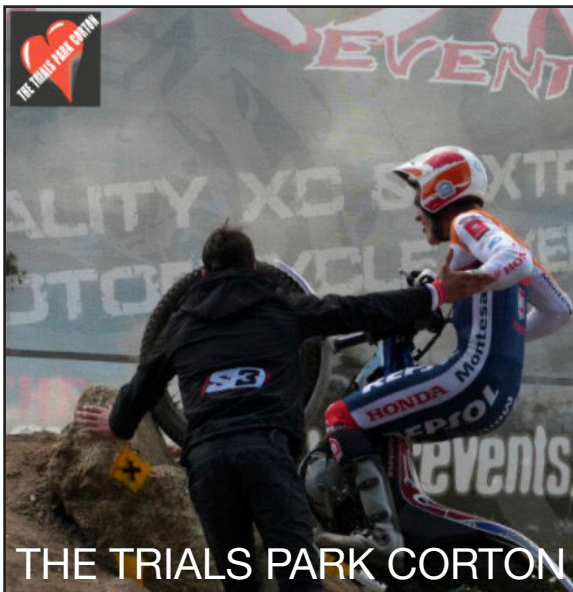
Entry will be limited to 120 riders. Entry fees will only be cancelled in accordance with SER 4. Entries close July 20th or when full.

STARTING METHOD-Start will be with a dead engine, from a fixed start line by group.

HELMETS- Helmets must bear the A.C.U Gold or silver stamp of approval, be in good condition and worn throughout the event.

EXCLUSIONS- As per standing Enduro Regs with the addition of the following- disregarding instructions from a Marshal, either verbal or signalled, Course-Cutting Smoking in the Pit/Refuelling area - Ineffective exhaust/silencer system-Outside assistance.

ALL MACHINES TO REMAIN IN THE PIT/REFUELLING AREA WHEN NOT COMPETING.
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DISS MCC LTD Wattisfield Trial Incorporating Round 2 ACUE C Class (Pre70) Championship

Wattisfield Hall

31 July 2021
Permit No: ACU 61172

Start 4:00pm

Diss MCC Ltd will organise an open permit Trial event for solo machines to be held under the ACU Trials Standing Regulations and the National Sporting Code of the ACU, these following Supplementary Regulations and any Final Instructions which may be issued. The event starts at : Wattisfield Hall, IP22 1NX The event is a Round of the 2021 ACUE C Class Championship.

OFFICIALS

Clerk of the CourseRichard Snowden
Licence Number 133909

Secretary of the Meeting Andrea Snowden
Lark House, High Green, Great Moulton, Norwich
NR15 2HU

Need help - eMail: help@dissmcc.co.uk
(preferred) or 01379 674429 evenings

Club Steward Andy Waters

Eligibility

Adult and Youth A-D solo - All riders must hold a current ACU trials registration and be aged 6 years or over.

Insurance

The event will be covered by the ACU's premier insurance.

Entries

All entries must be via the ACU online entry system. The entry fee is **£17.50**.

No entries on the day and no postal entries.

Entry limit 60 – priority will be given to C class championship riders, then twinshock, then modern machines in the event of over-subscription.

Opening date: 5th July 2021. **Closing date:** 28th July 2021. **Maximum no. of entries:** 60

Location: Wattisfield Hall, Chapel Lane, Wattisfield, Suffolk. IP22 1NX. National Grid Reference TM 008738

Event: 10 sections - banks and ditches around the MX track.

Routes: Red/blue, with easier white deviations and orange (beginners route).

Results:

Will be published on ACUE website.

Routes:

Red/blue C Class "A", 50/50 Class B and White C Class "C". Other riders to nominate required route.

Signing On:

In accordance with ACU COVID19 trials risk assessment. There will not be a physical signing on process. Competitors will register their arrival with the secretary of the meeting at the signed location.

COVID – 19 SPECIAL ARRANGEMENTS

(As per latest ACU COVID 19 Risk Assessment – subject to change which will be included in any final instructions)

- Competitor plus one support person per vehicle, unless from the same household or Bubble.
- All Observers and Officials to sign Track and Trace Forms
- Approved Covid restricted distance between parked vehicles.
- ACU On-line entries only. No cash. No entries on the day.
- Maximum 60 competitors.
- No signing on. Attendance noted by Secretary of the Meeting when entering the venue.
- No catering will be provided.
- Toilets will not be provided.
- Social distancing minimum 2 metres must be observed at all times.
- Observers will choose a vantage point minimum 2 metres from section.
- Observers are encouraged to wear face covering.
- Observers must not be approached under any circumstances.
- Riders responsible for replacing dislodged markers. Observers are advised not to enter section or touch section markers.
- Riders must observe minimum 2 metre social distancing at all times.
- No more than 3 riders to walk a section at any one time.
- If you have symptoms of COVID 19, or have been in contact with anybody who has in the last 10 days, **please do not enter or attend this event.**
- Clerk of the Course will strictly impose these requirements. Non compliance will result in being asked to leave the event.



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Recollection Section

Sidge Kenny

In historical terms, motorcycle sport developed almost alongside the early machines themselves. The mere proposition of plonking an internal combustion engine onto a modified bicycle was an exciting prospect and attractive to young and adventurous people. The sporting potential was seen right away and divided broadly into two factions: racing and trials. Subdivided disciplines developed as time went by, such as scrambling – later motocross - and even later, enduro. The majority of competitors in all sports were - and still are – amateur.

One offshoot of motorcycle racing arrived nearly three decades later and soon went its own way – speedway. Its origins were laid on the dusty circuit of Australia and essentially displayed short distance racing on loose surfaced, or “dirt” tracks, using a sliding, “broadsideing” technique to ride around the bends. The layout therefore was artificial and with good organisation, produced a thrilling spectacle and as it does today, attracted crowds of spectators. Astute people who could see a revenue in such a dynamic sport, soon got involved and speedway went “professional.” Tracks were built all over the country and by the mid -1930’s, football style Leagues were established to provide inter- club fixtures.

The interesting fact for our Centre (Region) over the early introduction of speedway into this country, arises from the generally accepted fact that the first speedway meeting was held at High Beech, near Waltham Abbey, Essex, in February, 1928. This initial meeting was granted an ACU Permit and organised jointly by the Ilford and Colchester (not Castle) motor clubs. It was said to have attracted thirty thousand spectators! - accordingly, it is easy to understand why promoters very quickly saw the money earning potential of the sport. Our own territory of Essex, Suffolk, and Norfolk, have at various times hosted at least fifteen speedway circuits and associated teams. Arguably, chief amongst them in terms of their long lasting history at top level, must be the Ipswich “Witches” - though at the time of writing, they are going through a depressing period of poor results through rider injuries. Incidentally, the team’s joint promoter is Chris Louis, whose Dad, John, was a former World (Pairs) Champion and in his early days, a top level scrambles (motocross) performer.

Just before and after the second World War, speedway was almost as popular as football with its high degree of public attendance and a canny government then held its hand out with an imposition of an “entertainment” tax! This was set at such a high rate that the loss of funds saw the closure of many tracks and teams and whilst it is difficult to say that it was solely responsible for speedway’s decline, the truth is that the sport slowly lost its eminence. Yet never beaten completely; the teams and riders are still followed in great enthusiasm by their fans and modern speedway – as in many other sports - nowadays has a world wide following.

The “essence” of speedway – if you don’t count the methanol fuel and sweet-smelling Castrol “R” - is the broadsideing on the bends. Approaching at well over 60 mph a loose surfaced turn on a powerful machine with no brakes, whilst in close company with three other riders, is not for the faint-hearted. Leg out - a flick over with a crack of throttle gets the rear wheel spinning and hanging out, like a loose door swinging in the wind. And around they go! When it is done right, it is truly poetry in motion.

NORWICH VIKING MCC LIMITED

**SUPPLEMENTARY REGULATIONS FOR ROUND 5
INSTANDA/STEBBINGS CAR SUPERSTORE 2021 ACU EASTERN MOTOCROSS CHAMPIONSHIPS
SUNDAY 1st AUGUST 2021**

Permit number : ACU 61056**TCC: 21/014****1 ANNOUNCEMENT:**

The Norwich Viking Motor Cycle Club Limited will organise Round 5 of the Instanda/Stebbing's Car Superstore 2021 ACU Eastern Motocross Championship on: Sunday 1st August 2021 at Caddes Hill, Lyng, Norfolk, which will be open to adult members of the ACU with an appropriate licence riding solo machines (Expert & Junior).

2 INSURANCE

The insurance cover for this event is "BASIC" (limit of liability £10M) and Medical Malpractice insurance (limit of liability £5M) is included. There is NO Personal Accident Insurance for Competitors.

Competitors are strongly recommended to purchase their own personal accident cover.

3 ENTRY SECRETARY FOR THE MEETING

Mrs Valerie Hay, 27 Tizzick Close, Norwich, Norfolk NR5 9HB.
01603 734700 andrew.hay10@btinternet.com

4 COURSE

The course is situated at Caddes Hill, Lyng, Norfolk, **NR9 5QZ**. - Grid Ref: **TG 068175**
Caddes Hill, Lyng is approximately 4 miles off the A47 Norwich/Kings Lynn road (East Dereham By-Pass). Alternative access is approximately 1 mile off the A1067 Norwich / Fakenham Road at Gt.Witchingham. Directional signs will indicate both available routes.

5 JURISDICTION

The meeting will be held under an Open Permit the National Sporting Code and Standing Motocross Regulations of the ACU and 2021 Eastern Centre Motocross Championship Conditions, these Supplementary Regulations and any final Instructions Issued or Official Announcements made.

6 OFFICIALS

Secretary of the Meeting

Valerie Hay
27 Tizzick Close, Norwich NR5 9HB
Tel: 01603 734700

Clerk of the Course

Andrew Hay

Licence no. 22472

Assistant Clerks of the Course

Geoff Brace

Licence no. 55539

Paul Grantham

Licence no. 9938

Safety Officer

Val Hay

Licence no. 180736

Chief Technical Officer

Harold Nickerson

Licence no. 183179

Chief Timekeeper

Paul Sewter

ACU Steward

T.B.A.

Licence no.

Starter

Mervyn Raby

7 CLASSES

Expert Class, Non Expert Class (**Maximum200**) See full details 2021 ACU Eastern Motocross Championship Conditions

8 ENTRIES & PASSES

Entries for this event will only be available via the ACU on-line entry system at <https://members.acu.org.uk>

The Club reserves the right to refuse any entry without giving a reason. **The entry fee is £50.00.**

Each rider will be entitled to a vehicle pass that will admit the rider and one other person free of charge.

Any other persons accompanying the rider or passenger must pay the appropriate admission charge.

Entries open on Monday 5th July 2021 @ 7:00pm. Entries Close when full or Monday 26th July @ 5:00pm (6 days prior to the event) whichever is the sooner.

9 NON-PARTICIPATION IN AN EVENT

Riders who do not inform the organisers by 12:00 noon on the Thursday prior to the event of their inability to attend will not be considered for a refund of their entry fee. However, a £5 administration fee will be applied to riders who withdraw from the event prior to the above ruling.

10 TECHNICAL CONTROL & SIGNING ON

Competitors are required to produce their machines, helmet and body armour to Technical Control which will be available from 07:30 am on Sunday. No competitor will be permitted to practice or race unless the Technical Official has passed their machine, helmet and seen their body armour as per ACU guidelines. All riders must wear chest & back protection. Please ensure you have the correct colour plates and clearly legible numbers on your bike

11 TRANSPONDERS

Transponders will be used at this event. All machines must have a MYLAPS / AMB Motocross Transponder. A limited number are available for hire from the Timing Team at **£10 payable on the day PLUS a refundable deposit of £20**. Once these have been reserved it is the riders responsibility to source elsewhere a transponder or buy their own. To book a transponder please text Andrew Hay 07766 904655 or email timing@easternacu.org

12 PRACTICE / QUALIFICATION Start 09:30

Four Junior Groups and One Expert group will receive 5 minutes free practice followed immediately by 10 minutes timed qualification. Junior practice/qualification will consist of a maximum of 45 riders per group. The number of Junior riders will be split equally from the entry. Each rider must take part in timed qualification and go out in the pre-determined group as printed in the programme.

13 RACES

As per the 2021 ACU Eastern Motocross Championship Conditions

14 PROGRAMME

As per the 2021 ACU Eastern Motocross Championship Conditions

15 METHOD OF START

Metal Grids on Concrete Pad - Drop Down Gate.

16 FINISH

Riders must complete at least 50% of the distance of the winner and pass the chequered flag to be classified as a finisher.

17 FUEL

All fuel used during an event must comply with 2021 ACU Fuel Regulations

18 PADDOCK

The circuit opens on Saturday afternoon at 3:00 pm and closes at 8:00 pm. On Sunday morning it will open at 07:00 am.

19 PRIZE MONEY

Minimum prize money of £825 as per 2021 ACU Eastern Motocross Championship conditions. Prize money will be paid by the Secretary of the Meeting 30 minutes after the completion of the last race.

20 ENVIRONMENTAL CONDITIONS:

Competitors must comply with the ACU Environmental Code.

Environmental mats MUST be used at all points where machines are serviced.

21 TEAR OFFS

The use of "Tears Offs" is **NOT** permitted at this event.

The riding of any motorcycles, pit bikes, mini bikes or electric bikes in the paddock is not allowed.

Dogs must be kept on a lead AT ALL TIMES everywhere on site.

This event will be run under any Government restrictions that may apply at the time.

We look forward to seeing you at the venue and have a great day's racing.

WOODBRIIDGE & DMCC LTD

GH MOTORCYCLES HUSQUARNA BUTLEY ENDURO
ROUND OF EASTERN CHAMPIONSHIP

With kind permission of the land owners

Sunday 15th August

Start 9.30 am

ACU Permit : ACU 60956

Butley – IP12 3PZ - TM 368511

Officials

Centre Steward : TBA

Clerk of the Course : Ian Barfield (123652)

Club Stewards: Wilf Harvey & John Read

Results : Richard Snowden

Entries Secretary : Deb Harvey (email woodbridge46@hotmail.co.uk)

ANNOUNCEMENT: The Woodbridge & DMCC Ltd will organise the above event under an ACU Special COVID 19 Event Permit. The event is held under the ACU National Sporting Code, these Supplementary Regulations and any further instructions that may be issued

Insurance :

The insurance cover for this event will be BASIC (limit of liability £10 Million) and Medical Malpractice Insurance (limit of liability £5 Million) is included. There is NO Personal Accident Insurance for Competitors. Competitors are therefore strongly recommended to purchase such Cover.

Status of event: Open

Fitness to be at the event - Riders must not enter or attend the event, nor must any other person with Covid-19 symptoms. If you start to show symptoms at the event, you must not report to medical staff or the first aid centre. Go home, self-isolate and call 111 if your conditions deteriorate.

Social distancing: Applies at the event in terms of parking, scrutineering and sign on, pit area, start line, toilets and catering. When you have finished your race, go straight back to your vehicle in the pits.

Venue: Will be arrowed off the off B1084 Woodbridge to Orford Road

Eligibility: Open to adult riders holding an Enduro Licence issued by the ACU. One event licences will be available at £15 if the rider does not hold a valid competition licence, and must be a member of an ACU affiliated club.

Entries and cash - As handling of documentation must be minimised, all entries must be on-line. No entries or payment will be taken on the day.

Entry fee £ 50

Entry refunds less 10% administration fee in the event of event cancellation.

Course: Full details of the course will be announced with the final instructions. It is expected that the lap length will be approximately 8 miles of farm tracks and woodland, with all refuelling at the start/finish area. There will be one special test, expected to be ridden on the 1st, 2nd and 3rd laps.

All classes time allowances will be available prior to the start
Please put timecard on front mudguard

Classes: 1. Championship 2. Expert 3. Expert Veteran (ver 40) 4. Clubman 5. Clubman veteran (over 40) 5. Clubman super Vet (over 50) 6. Sportsman . Awards presented at the end of the year.

Technical Control/Sign On: 7.30am -9am Competitors must personally present their machine and helmet for scrutineering with race number on their machine. The rider will be instructed to demonstrate that brakes, throttle and footrests etc. are all working. Technical Officials will visually inspect the rider's helmet for signs of damage and the presence of a gold stamp without handling the item. No competitor will be permitted to practice or race unless the Technical Official has passed their machine and helmet, as per the ACU guidelines
Signing will be done by the secretary of the meeting, via a visual checking of the licence, no wet signature

Noise: A noise test may be taken at Machine Examination and Random tests may take place during the event as per ESR 10. Failure to pass or take a noise test will result in disqualification

Tyres: Any permitted

Lights : Must be fitted

Security : Competitors must be aware that the security of their machine and other property, remains their responsibility at all times.

Special Notes :

1. Remember Blue Tape rule - walking pace only
2. Machines must have proper numbers on the correct colour backgrounds per class of entry - see the ACU handbook.
3. Only Competitors are allowed to ride or be on the course. Action will be taken against unauthorised persons found riding or driving on any part of the course.
4. Ensure that you do not block the free run of competitors into and through the refuelling points, checks and special test areas.
5. No smoking is allowed in the parc ferme or the start area
6. No pets or children under 12 in parc ferme
7. No tear offs allowed
8. Helmets with only ACU Silver Sticker and Double Gold ring approved, and must have label with E11 or E05 inside helmet.
9. Please take your litter home with you

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DISS MCC LTD
Supplementary Regulations – Two Man Enduro
Dave Barkshire Two Man Championship

Wattisfield Hall

22nd August 2021
Permit No: ACU 61012

Start 10:00am

Jurisdiction

Held under the National Sporting Code of the ACU, the current Standing Enduro and Hare and Hounds Regulations of the ACU and ACU Eastern Centre Regulations for Two Man Enduros and any final instructions which may be issued. The event is a Round of the 2021 Dave Barkshire Two Man Championship.

OFFICIALS

Clerk of the Course.....Andy Waters	Secretary of the Meeting Bev Chapman
Licence Number 95651	2 Riverside Cottages, Wortham Ling, Diss.
	IP22 1SU
Assistant C of C Ady Taylor 38168	Need help - eMail: help@dissmcc.co.uk
	(preferred) or 07789 325416 evenings
Club StewardJon Stratford	Results Secretary Richard Snowden

ELIGIBILITY

Adult solo - All riders must hold a current ACU or SACU licence, and be aged 16 years or over.

START / FINISH: Wattisfield Hall, Chapel Lane, Wattisfield, Suffolk. IP22 1NX. National Grid Reference TM 008738

Event Course: Part of the MX track and surrounding fields.

Insurance

The event will be covered by the ACU's Basic insurance.

Classes: Championship, Expert and Clubman – team of two riders - MX bikes permitted

ENTRIES

All entries must be via the ACU online entry system. The entry fee is **£53.00**. No entries on the day. In the event of cancellation, refunds will be made less £10.00 administration fee.

PLEASE NOTE – Entries will NOT be accepted until BOTH riders have entered.

Opening date: 9th July 2021. **Closing date:** 13th August 2021. **Maximum no. of entries:** 128

Machines: As per Hare and Hounds Regs. Lights do not have to be fitted.

Covid 19 controls: As defined in the final instructions.

TYRES: Enduro or MX are permitted.

Awards As per championship conditions.

SIGNING ON AND MACHINE EXAMINATION

Sunday 22nd August 2021 from 08.00 am. Machines must be presented to the machine examiner for examination at least 60 minutes before the start time.

Supplementary Regulations – Additional Covid-19 Instructions Diss MCC Wattisfield Enduro 22nd August 2021

Subject to change in the final instructions depending on Government and ACU Restrictions

All riders, please ensure you read and fully comply with these additional instructions. The ACU National Sporting Code will be applied to any rider or support crew not complying.

- 1) **Your responsibility** - Please social distance at all times in parking, sign on, scrutineering, pits, picking up transponder, waiting in holding area for the start line etc. Work on the principle of 2 metres. Riders also wear a face mask where social distancing is difficult such as queuing at the catering van and scrutineering and sign on.
- 2) **Entries and cash** - As handling of documentation and cash must be minimised, all entries and one day licences must be on-line.
- 3) **Fitness to be at the event** - Riders must not enter or attend the event, nor must any other person with Covid-19 symptoms. If you start to show symptoms at the event, you must not report to First Aid staff or the first aid centre. Go home, self-isolate and call 111 if your conditions deteriorate.
- 4) **Travel and support crews** – Riders are restricted to one mechanic. Riders' / mechanics can travel in the same vehicle if they are from the same household or support bubble.
- 5) **Overnight camping**: Overnight camping not permitted.
- 6) **Pit entrance gate**: You may be required to undergo a temperature check. Please wear a face mask when undergoing the temperature check and advising the gate entrance marshal your rider number.
- 7) **Parking** – Please park sensibly in the paddock maintaining at least 2 metres between vehicles.
- 8) **Scrutineering** – The rider must personally present their machine for scrutineering with their race numbers on the machine. The rider will be instructed to demonstrate that brakes, throttle and footrests etc. are all working. Technical Officials will visually inspect the rider's helmet for signs of damage and the presence of a gold stamp without handling the item.
- 9) **Signing on** - They will be no physical signing on. Your attendance will be marked off by the secretary of the meeting as you pass through scrutineering. You will be identified by the race numbers on your bike and you must be in possession of your ACU licence for verification.
- 10) **Start area and start line** - Come to the start line just before your due start time! Wait in line and maintain the required 2 metre social distancing from the rider beside you and the riders in front of you.
- 11) **Changeover of riders** – If timecards are permitted, please ensure that they are fixed to machine such as the elastic to front handlebars. Your teammate must not leave the rider changeover area to commence their session until your machine is fully within the changeover area. Any laps started after your session end time will not be counted.
- 12) **Additional penalty** - In addition to any penalties which will be determined in the final instructions, if you attempt to leave the rider changeover area before your teammate enters the changeover area you will be penalised a ¼ lap for every minute. The area will be monitored to ensure rider compliance.

13) First Aid and injuries:

- a) Do not report to First Aid staff if you have, or start to display, any signs or symptoms that look to be Covid-19 related i.e. high temperature, persistent cough or loss of taste or smell. Immediately go home, self-isolate and dial 111 should your condition deteriorate.
- b) Please do not go to First Aid for minor cuts and bruises.
- c) Please bring your own first aid kit to deal with minor cuts and injuries.

14) Timing and results

- a) The timing hut officials will not deal with any queries during the event. The secretary of the meeting is the principal point of contact.
- b) Results will be displayed using Diss MCC Facebook and Diss MCC Web site

15) Toilets and personal hygiene:

- a) Please bring your own hand sanitiser to the event.
- b) The club will be providing extra toilet facilities and someone to clean the toilets.

16) Catering: - Catering facilities - maintain social distancing.

17) Litter: Please take all of your own litter home. It is important for club officials not to touch litter.

18) Social distancing: Applies at the event in terms of parking, scrutineering and sign on, pit area, start line, toilets and catering.

Many thanks for your anticipated cooperation - **Diss MCC**



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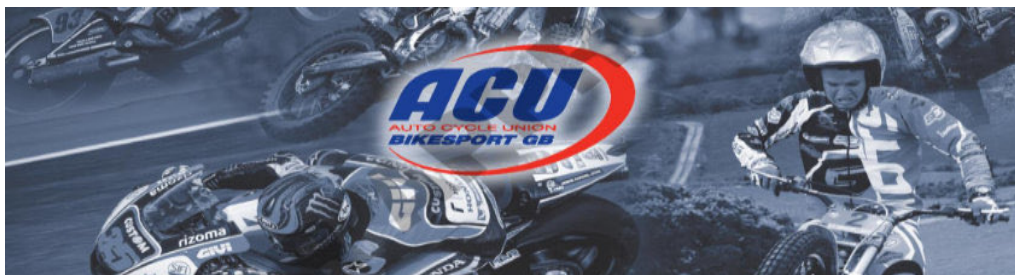
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Covid 19: The End of Restrictions Is Near....

Date of Issue: 29th June 2021

The Secretary of State for Health and Social Care gave a speech on Monday 28th June in the House of Commons on the vaccination programme and confirmed that Monday 19th July remains the date for ending restrictions in England as we move to step 4 of the roadmap.

Sajid Javid said that phenomenal progress is being made with the vaccination programme and as such vaccinations are now open to every adult in the country: 84% of adults have got a jab and 61% of adults have had 2 doses. The vaccination programme remains a significant mitigation factor in each of the ACU sport discipline risk assessments.

This narrowing of the race between the virus and the vaccine led to the governments difficult decision to pause step 4 of the roadmap until 19 July. The government took that decision on 14th June at which point over 4.3 million over 40s had had a first dose but not a second. That's now down to 3.2 million people over 40. The UK Governments aim is that around two-thirds of all adults in the country will have had both doses by 19 July.

So, in terms of ACU motorcycle sport, the current situation remains as is, that is to say, the risk assessments issued before 17th May remain in place until 19th July and spectator levels remain as per current Gov.UK existing rules until 19th July or until we are told otherwise.

Roy Humphrey, ACU Chairman commented, "The end of restrictions is indeed around the corner. It has been a really difficult year for everyone, not only in terms of motorcycle sport but in our everyday lives. We have all been affected in one way or another. Covid-19 has been a game changer. I just want to thank all Organisers, Officials and competitors for being patient, following the guidance issued by Gov.UK and also adhering to and using the risk assessments issued by ACU

Head Office. Yes, it has been a very difficult year, but once we were able to start in whatever guise that was, we did so in accordance with the restrictions that were in place which showed us all as being professional and we all acted responsibly

in a manner befitting a governing body and its affiliated Promoters and Clubs. What has been pleasing over the last year or so is how we have all come together to work through this unprecedented period. For that I thank you and on behalf of the ACU Board of Directors, each of our Sport Committees and all the staff at ACU Head Office, I wish everyone a very successful remainder of the season".

An announcement from the Welsh First Minister regarding the lifting of restrictions in Wales is expected soon. The Isle of Man and the Channel Islands need to continue to follow the guidance issued by their own administrations.



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ACU Eastern Enduro Championship R3

Paula Day

What felt like the hottest day of the year welcomed the first of Sudbury MCC events open to spectators, and riders didn't disappoint as a gorgeous day was had by all in the multi lap penalty determined event.

The 121 competitors tackled the 5 mile track through woodland and farmland from 10am till mid-afternoon with ever decreasing time to complete the lap and a timed special test on laps 2 & 3. All laps included the infamous Bog with back markers holding up some of the leaders as the lines got more rutted and congested. Championship & Expert Riders completed 9 laps and Clubman class 7 laps as the day grew hotter and the dust more apparent over the beautiful rolling Hertfordshire countryside.

This 3rd round kept the solo riders in the top 6 from the previous rounds on their toes and with 4 of the 5 rounds to count towards the championship, today's win strengthened the Lead for Luke Parker in Championship Class, Paul Belton in Clubman Vets and John Hilton in Clubman Super Vets.

The Expert Class championship is divided by just a few points with Joe Phillips winning on points after a win at Blaxhall the previous week beating this event's winner Jake Roper currently in second place.

Paul Spurgen leads the Expert Vets after his second place and there is a tie for second place with Phil Roper and Darren Nicolaou neither who tackled the Home Farm track.

With all eyes on the next round on the 15th August it looks to be an exciting finish for the Championship title with two remaining rounds to go.

Photos:

#116 Graham Mays

#6 Luke Parker



Championship

- 1st Luke Parker
- 2nd Ben Clark
- 3rd Will Hughes
- 4th Jason Morland
- 5th Ben Coles
- 6th Myles Saunders

Expert

- 1st Jake Roper
- 2nd Tom Sargent
- 3rd Rob Blackman
- 4th Joe Phillips
- 5th Jack Austin
- 6th Adam Durkin

Clubman

- 1st Joe Henthorn
- 2nd Mitchell Beagrie
- 3rd Michael Wilson
- 4th Luke Womack
- 5th Oliver Brinkley
- 6th Scott Chaplin

Expert Vet

- 1st Stephen Revett
- 2nd Paul Spurgeon
- 3rd Paul Owen

Clubman Vet

- 1st Jason Naruszewicz
- 2nd Jason Green
- 3rd Paul Belton
- 4th Raymond Otaka
- 5th Jason Carsbolt
- 6th Mark Waller

Sportsman Vet

- 1st John Hilton
- 2nd Graham Mays
- 3rd Robert Swann
- 4th Andrew Arden
- 5th Richard Squirrel
- 6th Dean Curry

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Photos:

#31 Stephen Revett

#22 Jake Roper

#33 Joe Henthorn

continued overleaf



ACU Eastern Enduro Championship R3

Photos: #109 Jason Naruszewicz #82 Mitchell Beagrie



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